



# **XPOVIO<sup>®</sup>** **(selinexor) tablets**

Xpovio is a “nuclear export inhibitor,” the first medication in this drug class to treat myeloma. Nuclear export inhibitors prevent cancer cells from expelling “tumor suppressor proteins” that help protect the cell from cancer.

## **Who is a candidate for Xpovio?**

Xpovio has been approved by the US Food and Drug Administration (FDA) in combination with the steroid dexamethasone for the treatment of adult patients with relapsed or refractory myeloma who have received at least four prior therapies and whose disease is refractory to at least two proteasome inhibitors, at least two immunomodulatory drugs, and an anti-CD38 monoclonal antibody.

## **The dose and schedule of Xpovio**

- The recommended starting dose of Xpovio is 80 mg (four 20-mg tablets) taken orally on Days 1 and 3 of each week until disease progression or unacceptable toxicity. The recommended starting dose of dexamethasone is 20 mg taken orally with each dose of Xpovio on Days 1 and 3 of each week.
- Each Xpovio dosage should be taken at approximately the same time of day, and each tablet should be swallowed whole with water. Do not break, chew, crush, or divide the tablets.
- If you miss or delay a dose of Xpovio, take your next dosage at the next regularly scheduled time. If you vomit after taking your dosage of Xpovio, do not repeat the dosage. Take your next dosage on the next regularly scheduled day.

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- Your doctor will monitor your complete blood count (CBC), standard blood chemistry panel, and body weight before you start Xpovio and as needed during treatment, especially during the first two months you are taking Xpovio.
- You will receive treatment to prevent nausea and vomiting prior to and during treatment with Xpovio. Be sure to take your anti-nausea medication as a preventive prior to treatment with Xpovio, even if you're not experiencing nausea.
- It is very important to maintain good intake of food and fluids throughout your treatment with Xpovio.

## **Possible side effects of Xpovio**

Side effects of Xpovio can be managed well with dose reductions, dose interruptions, or other supportive care. Side effects that occurred in 20% or more of the 202 patients in the phase IIb STORM clinical trial are thrombocytopenia (a low level of platelets, which help blood to clot after an injury), fatigue, nausea, anemia (a low level of red blood cells), decreased appetite, diarrhea, vomiting, hyponatremia (a low level of sodium in the blood), neutropenia (a low level of white blood cells called neutrophils, which fight bacterial infections), leukopenia (a low level of white blood cells in general, which constitute the immune system), constipation, dyspnea (shortness of breath), and upper respiratory tract infection.

## **Support**

Please visit [Karyforward.com](http://Karyforward.com) or call 877-KARY4WD.

***As always, the IMF urges you to discuss all medical issues with your doctor, and to contact the IMF with your myeloma questions and concerns.***

## **International Myeloma Foundation**

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**Improving Lives Finding the Cure®**