Frank’s meeting update, Nov 4 2026…

Last night we had the pleasure of welcoming author and fellow myeloma patient Jim Gano to our virtual support group. Jim shared his story with a wonderful mix of inspiration and humor, reminding us that even in the early years after diagnosis there is strength to be found and purpose to be claimed. His willingness to speak openly and “pay it forward” is a powerful example of what so many of us try to do through our support group, raising awareness, offering hope, and walking alongside others on this journey.

We were thrilled to have 35 people join us. That kind of turnout shows how valuable these gatherings are. Support groups remain an essential part of the myeloma community, creating space for connection, shared experience, and mutual encouragement. Thank you, Jim, for giving so generously of your time and spirit. And thank you to everyone who showed up, your presence makes these meetings meaningful.