

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

VIRTUAL MEETING RECAP FOR APRIL 8, 2026

THERE WERE 31 MEMBERS AT THIS VIRTUAL MEETING

In person support group meeting April 15 @ 5:30 pm at Steeplechase Cancer Center (separate email sent)

GUEST SPEAKER: Matt Mundy LMSW, Oncology Social Worker, NY Presbyterian/Weill Cornell Medical Center

An informative discussion. Matt was unable to share his Power Point presentation at the meeting due to technical difficulties, but it is attached to this recap.

UPCOMING EVENTS:

International Myeloma Foundation

<https://www.myeloma.org/>

- IMF Virtual Myeloma Community Workshop
 - I have WHAT? Starting the Myeloma Journey
 - April 20 @ 6:00pm EDT
- Find a Support Group
 - **Multiple Myeloma Care Partner Support Group (virtual)**
 - **April 9 @ 7:00 pm EDT**

- **Las Voces de Mieloma**
 - **April 21 @ 1:00 pm EDT**
- **Living Solo and Strong with Myeloma**
 - **April 7 @ 6:00 pm EDT**
- **Living Well with High Risk Multiple Myeloma**
 - **Meets 3rd Thursday of each month, alternating daytime/evening hours. Odd months, 12:00 pm ET, even months 7:00 pm EDT. Next meeting April 16 @ 7:00 pm EDT**
- **MGUS 4 US**
 - **Please email Emily Gordon at erg2172@cumc.columbia.edu if you have questions or for meeting information**
- **Smolder Bolder**
 - **May 11 @ 7:30-9:30 pm EDT**
- **Strength Through Inspiration: A Virtual Support Group for Multiple Myeloma Patients & Caregivers who have Young Children (every other month)**
 - **April 14 @ 8:00-9:00 pm EDT**
- **The Veterans with Myeloma Special Interest Group (Virtual)**
 - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails visit veterans@IMFsupport.org or visit veterans.support.myeloma.org.**
 - **April 22 @ 5:00 pm EDT**
- **Myeloma in the Middle**
 - **April 21 @ 7:30 pm EDT**

Multiple Myeloma Research Foundation

<https://themmrf.org/>

Understanding High Risk MM

April 29 @ 12:30 pm EDT

MYELOMA NEWS:

*The Myeloma Community Just Proposed the Definition of a Cure.

“Last week, the International Myeloma Society (IMS) convened a historic meeting to answer a question our community has asked for decades: What does “cure” mean in multiple myeloma?

Based on this meeting, the new proposed definition of a cure for multiple myeloma is: Patients who are MRD-negative (meaning there are no myeloma cells detected among 1,000,000 plasma cells) and have been off all anti-myeloma therapy for five years may be considered cured.” (MMRF)

*Is a Functional Cure Possible in Multiple Myeloma Therapy?
(CancerNetworkk)

* With New Treatment Strategies, a Cure for Multiple Myeloma Is Now Possible – Dr. Jagannath

- <https://reports.mountsinai.org/article/tisch2026-01-car-t-and-bispecific-antibodies>

* Defining cure in multiple myeloma and the significance of the CARTITUDE-1 study – Dr. Jagannath again!

<https://www.vjhemonc.com/video/swr9mcs24wg-defining-cure-in-multiple-myeloma-and-the-significance-of-the-cartitude-1-study/>

*MMRF Launches Exciting New Program to Answer Critical Questions About Immune Therapies for Myeloma. “The Multiple Myeloma Research Foundation® (MMRF®) has just launched its agile, next-generation Translational Research Umbrella (TRU) program to answer some of the most pressing questions facing multiple myeloma patients now. Its first substudy will focus on important unknowns about two of myeloma’s most innovative immune therapies: CAR T-cell therapy and bispecific antibody treatments (bispecifics)”

* FDA Approves Tecvayli Combo for Relapsed or Refractory Myeloma

* FDA Accepts Application for Iberdomide in Multiple Myeloma Treatment

* FDA Grants RMAT Designation to Allogeneic CAR T for R/R Multiple Myeloma

Support Group News:

- In person support group meeting April 15, 5:30-7:15 pm EDT

- We have been awarded 30 free tickets and a box seating area for the Somerset Patriots Ballgame again this year!!!
 - Date: July 29 @ 12:05pm
 - This is obviously a day game. In the event of inclement weather (or too hot) the box area is large and air conditioned. Mark your calendars and let's have a great turn out!
- Miracles for Myeloma 5K Run/Walk

PATH TO \$1,000,000!

September 19th @ Oak Ridge Park, Clark NJ

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INFORMATIONAL MYELOMA LINKS

International Myeloma Foundation

<https://www.myeloma.org/>

- **Myeloma Action Month**
 - “This March you demonstrated how individuals in the myeloma community are #MoreThanMyeloma. Your stories reached more than 60 million people on social media in 96 countries. Globally, we saw 252 landmarks light up red across 17 countries and 108 cities.”
 - **IMF Virtual Myeloma Community Workshop**
 - **I have WHAT? Starting the Myeloma Journey**

- April 20 @ 6:00pm EDT
 - Your Health After Autologous Transplant
 - <https://podcasts.apple.com/us/podcast/your-health-after-autologous-transplant-your-own-stem/id1846951555?i=1000754501125>
 - Podcast
- Resources and Support
 - Find a Support Group
 - **Multiple Myeloma Care Partner Support Group (virtual)**
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 - **April 14 @ 8:00-9:00 pm EDT**

- **The Veterans with Myeloma Special Interest Group (Virtual)**
 - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails visit**
 - <https://www.myeloma.org/support-group/veterans-myeloma-special-interest-group>
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Care Partner Resources

Find a Clinical Trial

Myeloma Knowledge Platform

Weekly Newsletter

Mind, Body, Wellness

Diversity, Equity, and Inclusion

External Resources

Drug Reimbursement and Co-Pay Assistance Resources

Financial Resources

Government Resources

Counseling and Support Resources

Housing and Travel Resources

International Support

Legal Resources

Pain Management Resources

Transplant Resources

Other Cancer Resources

News

- Dr. Joseph Mikhael Steps into New Role as Medical Advisor for the International Myeloma Foundation
- CHMP-EMA Recommends Approval of Sarclisa (Isatuximab) as Subcutaneous Formulation Administered via On-Body Injector for Multiple Myeloma
 - "...recommending the approval of Sarclisa (isatuximab) subcutaneous (SC) in combination with approved standard-of-care regimens for the treatment of patients with multiple myeloma (MM) across all currently approved indications for Sarclisa intravenous (IV) formulation in the EU."
- CHMP-EMA Approves Darzalex (Daratumumab) as First Self-administered Oncology Injectable for Patients or Caregivers
 - "The label update enables patients living with multiple myeloma or their caregivers to administer daratumumab from the fifth dose, if determined to be appropriate by their healthcare professional and following proper training. This landmark decision makes daratumumab the first oncology injectable approved for self-administration in Europe," Johnson & Johnson further stated.
- From OncoDaily: "Life Is More Than Myeloma"
 - Featuring Heather Cooper Ortner, President/CEO IMF (Video)
- Myeloma News from the Journals

Events

- IMF Virtual Myeloma Community Workshop (MCW): I have WHAT? Starting the Myeloma Journey
- April 20 @ 6:00pm EDT

Blogs

- February and March 2026: What's New in Myeloma?
- Barriers to Care: Why the IMF Advocacy Team Works Hard to Ensure Equitable Access for Myeloma Patients

Videos

About the IMF

ASCO/EHA

ASH

Ask Dr. Durie

Black Swan Research Initiative

Community Conversations

Community Workshops

Emerging Therapies

Facebook Live

Health Equity

IMF History

IMWG

Inspirational

Living Well With Myeloma

M-Power

Myeloma in a Minute

- Just Diagnosed With Multiple Myeloma? Ask Your Doctor These 3 Questions (In 60 Seconds)

Myeloma Made Simple

Myeloma University

NLB Webcasts

Patient and Family Webinars

Q&A

- MGUS, High-Risk Myeloma, Relapse & Dexamethasone Side Effects | Your Questions Answered

Recent News and Developments

Treatments

Trending Searches in Myeloma

What is Multiple Myeloma

- Newly Diagnosed
- Tests and Staging
- Treatment

Publications and Broadcasts

- IMF Publications
- IMF Broadcasts
- Healthcare Professional Resource

Resources and Support

- IMF Support Network
- Diversity, Equity, Inclusion
- **External Resources**
 - **Drug Reimbursement Information and Assistance**
 - **Financial Assistance**
 - **Government Assistance**
 - **Guidance and Support**
 - **Housing and Travel Assistance**
 - **International Support**
 - **Legal Assistance**
 - **Pain Management**
 - **Transplant Resources**
 - **Other Cancer Resources**
- Veterans Against Myeloma

- <https://www.myeloma.org/veterans-against-myeloma>
- M-Power
- **IMF's Infoline**
 - <https://www.myeloma.org/infoline>

800-452 CURE (2873)

- **Email: infoline@myeloma.org**
- IMF Medical Research
 - Black Swan Research Initiative
 - International Myeloma Working Group
 - Asian Myeloma Network
 - Road to the Cure
- Nurse Leadership Board
 - Nurse Leadership Board Members
 - Nurse Leadership Board Publications
 - Nursing Resources

Multiple Myeloma Research Foundation

<https://themmrf.org/>

- Blogs
 - Tec-Dara Approved: Expanding Access to Innovative Treatment for Myeloma Patients
 - **MMRF Launches Exciting New Program to Answer Critical Questions About Immune Therapies for Myeloma**
 - “The Multiple Myeloma Research Foundation® (MMRF®) has just launched its agile, next-generation Translational Research Umbrella (TRU) program to answer some of the most pressing questions facing multiple myeloma patients now. Its first substudy

will focus on important unknowns about two of myeloma's most innovative immune therapies: CAR T-cell therapy and bispecific antibody treatments (bispecifics)”

- **The Myeloma Community Just Proposed the Definition of a Cure.**

- **Last week, the International Myeloma Society (IMS) convened a historic meeting to answer a question our community has asked for decades: What does “cure” mean in multiple myeloma?**
- **Based on this meeting, the new proposed definition of a cure for multiple myeloma is: Patients who are MRD-negative (meaning there are no myeloma cells detected among 1,000,000 plasma cells) and have been off all anti-myeloma therapy for five years may be considered cured.**

- Press Release
- Understanding Multiple Myeloma
- Navigating Diagnosis & Treatment
 - Clinical Studies and Emerging Therapies
- Finding Support
 - Patient Navigation Center
 - Myeloma Mentors
 - Education Resource Hub
 - Videos
 - Navigating First-Line Treatment Options

- New Myeloma Downloadable Fast Fact Cards
 - MMRF Patient Wellness Guide - Treating Myeloma in Older Adults
 - MMRF Patient Wellness Guide - Sexual Health & Wellness
 - MMRF Patient Toolkit
 - Events
 - **Understanding High Risk MM**
 - **April 29 @ 12:30 pm EDT**
- Resources on Demand
- Videos
- Finding a Cure
- Patient Navigation Center
 - **Monday–Friday, 9 AM–7 PM ET 1-888-841-MMRF (6673)**
 - Information and Resources
 - Perspective on Treatments
 - Support
 - Get on the Right Path for You
 - Right Team
 - Right Tests
 - Right Treatment
 - Meet the Patient Navigators
 - Connect with a Myeloma Mentor

Myeloma Matters – MMRF Podcast

<https://www.youtube.com/playlist?list=PL6YqSpftWXYZht7lBSsLFkyvKsWAZSGq4>

- Great Topics!

HeathTree Foundation for Multiple Myeloma

<https://healthtree.org/>

- What are CELMoDs for Multiple Myeloma? : Mezigdomide and Iberdomide Explained
 - https://healthtree.org/myeloma/community/articles/26-mezigdomide-celmods-for-myeloma?utm_source=&utm_medium=meta&utm_campaign=mmam2026&utm_content=general

- Education
 - News Articles
 - Conference Updates
- Educational Resources
 - University
 - Patient Guides
 - Expert Webinars
 - Many upcoming interesting webinars
 - Learn from Specialists
 - Find a Specialist
 - Podcasts
 - HealthTree Roundtables
 - Additional Resources
 - Myeloma 101
 - Newly Diagnosed Guide
 - Financial Resources
 - Medications
 - Understanding Labs

- Community

- Join the Conversation
 - Connect
 - Join a social platform specifically for Multiple Myeloma
- Patient-to-Patient Connections
 - Coach
 - Find a personal coach to help navigate your Myeloma
 - Moves
 - Tackle challenges and crush your fitness goals together
- Community Events
 - All Events
 - Join Educational Groups
 - Attend Topic Based Events to Further Your Cancer Education
 - Community Support Groups
- Black and Hispanic Support
 - Black Myeloma Health
 - Resources in Spanish
- Cure Hub
 - Join Cure Hub
 - Track Your Disease
 - Connect Medical Records
 - See Tracked Labs
 - Record Side Effects
 - Find the Best Treatments
 - Treatment Options
 - Clinical Trial Finder
 - Twin Machine

- Find Support
 - Find Side Effect Solutions
 - My Journal
 - Journal Your Multiple Myeloma Story
 - Register for Cure Tour

HealthTree University – YouTube

<https://www.youtube.com/c/HealthTreeUniversity>

SparkCures

<https://sparkcures.com/>

- Myeloma Support...Personalized.
- “Whether it's clinical trials, treatments or finding a myeloma specialist, we help you understand your myeloma options”
- 888-828-2206
- Now featuring trial options for MDS (Myelodysplastic Syndromes) and NTRK Gene Fusion Cancers

Myeloma Central

<https://www.myelomacentral.com/>

- [Standing in the Gaap](#)
 - Resources for African Americans
- Multiple Myeloma Resources for Nurses

Cure

<https://www.curetoday.com/tumor/myeloma>

- Latest News
 - FDA Approves Tecvayli Combo for Relapsed or Refractory Myeloma
- Video Series
- Latest Videos
 - Why MRD Negativity is the Modern Goal in Myeloma Treatment
- Shorts
- Podcasts
- More News
 - FDA Accepts Application for Iberdomide in Multiple Myeloma Treatment

Cure – Cancer Horizons

<https://www.curetoday.com/cancer-horizons/myeloma>

- Choose “Myeloma”
 - Understanding the Use of Bispecific Antibodies in Multiple Myeloma
 - Communication is Key When Transitioning Multiple Myeloma Care
 - What Is CAR-T Cell Therapy, and What Can Patients With Cancer Expect?

OncLive/OncLive Videos

<https://www.onclive.com/clinical/multiple-myeloma>

- Latest News

- AI Tools Could Drive Improved Risk Stratification, Treatment Decision-Making in Multiple Myeloma
- Video Series
- Latest Videos
 - Dr Callander on the Management of CAR T-Cell Therapy–Associated Complications in Myeloma
 - <https://www.onclive.com/view/dr-callander-on-the-management-of-car-t-cell-therapy-associated-complications-in-myeloma>
- Shorts
- Podcasts
 - FDA Approval Insights: SC Daratumumab Plus VRd Provides Additional Treatment Avenue in Transplant-Ineligible, Newly Diagnosed Myeloma
- More News
 - Many great articles

Multiple Myeloma Hub

<https://multiplemyelomahub.com/>

- News
 - Targeting cereblon for the treatment of MM: Rationale and latest data
 - EMA CHMP approves SC daratumumab for self- or caregiver administration in MM
 - Real-world outcomes with DPd vs DKd in RRMM
 - MajesTEC-3: Teclistamab + daratumumab for RRMM
- Recent Content

- LINKER-MM1: Longer-term follow-up and subgroup analyses
- CARTITUDE-4 updated analysis: Cilta-cel for Len-refractory MM
- Australia's TGA grants CTA for first-in-human KMCAR T-cell therapy for kappa-restricted RRMM
- IMROZ post hoc analysis: MRD dynamics with Isa-VRd/Isa-Rd for TI-NDMM
- Most Read
 - EMA CHMP approves SC daratumumab for self- or caregiver administration in MM
- Multiple Myeloma Hub Symposia
- Steering Committee Meetings
- Drug Updates

Multiple Myeloma Hub Podcast

<https://podcasts.apple.com/tz/podcast/multiple-myeloma-hub/id1513939744>

Patient Power

<https://www.patientpower.info/multiple-myeloma>

American Society of Hematology (ASH)

<https://www.hematology.org/>

The ASCO Post

<https://ascopost.com/search-results/?q=myeloma>

- **FDA Approves Teclistamab and Daratumumab For Relapsed or Refractory Multiple Myeloma**
- BCMA CAR T-Cell Therapy in Newly Diagnosed Multiple Myeloma
- Dynamic, Accessible Risk Stratification Tool Created for Smoldering Multiple Myeloma

ASCO Daily News

- Earlier Use of Bispecific Antibodies in Multiple Myeloma:
 - <https://dailynews.ascopubs.org/doi/earlier-use-bispecific-antibodies-multiple-myeloma-current-data-and-remaining-questions?cid=DM27933&bid=598821108>

Journal of Clinical Oncology

- Phase II Study of BCMA Chimeric Antigen Receptor T-Cell Therapy in Patients With Newly Diagnosed Multiple Myeloma Ineligible for or Not Proceeding to Autologous Stem-Cell Transplantation (CAREMM-001)
 - https://ascopubs.org/doi/10.1200/JCO-25-01969?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%20%200pubmed

Blood

<https://ashpublications.org/blood/issue-covers>

- Targeting BCMA: a double-edged sword for infection risk
 - <https://ashpublications.org/blood/article/147/10/1010/566810/Targeting-BCMA-a-double-edged-sword-for-infection>
- **When CAR T cells become the disease**
 - <https://ashpublications.org/blood/article/147/11/1139/567013/When-CAR-T-cells-become-the-disease>
- Evolution of multiple myeloma from a genomic perspective
 - <https://ashpublications.org/blood/article-abstract/147/13/1423/557128/Evolution-of-multiple-myeloma-from-a-genomic?redirectedFrom=fulltext>
- Access to CAR T-cell therapy across diverse global markets
 - <https://ashpublications.org/blood/article/147/14/1509/567410/Access-to-CAR-T-cell-therapy-across-diverse-global>
- Breaking new ground with antibody-drug conjugates in myeloma
 - <https://ashpublications.org/blood/article/147/14/1510/567411/Breaking-new-ground-with-antibody-drug-conjugates>
- Venetoclax in myeloma: t(11;14) and what else?
 - <https://ashpublications.org/blood/article/147/14/1513/567409/Venetoclax-in-myeloma-t-11-14-and-what-else>

Blood Cancer Journal

- Efficacy of stem cell boost (SCB) for chimeric antigen receptor-T cell therapy (CAR-T)-related hematologic toxicity in patients with relapsed/refractory multiple myeloma...real

world experience from the US multiple myeloma
immunotherapy consortium

- <https://www.nature.com/articles/s41408-026-01469-z#citeas>

Blood Cancer Talks - Podcast

<https://podcasts.apple.com/us/podcast/blood-cancer-talks/id1633724992>

The Patient Story

<https://thepatientstory.com/patient-stories/multiple-myeloma/>

Targeted Oncology

<https://www.targetedonc.com/clinical/multiple-myeloma-rc>

- Latest News
 - Talquetamab in R/R Myeloma: Key Insights from the MonumenTAL-1 Trial
 - Approval of Teclistamab Opens Early Relapsed Myeloma to Bispecifics
 - Phase 1b Trial Initiated for Cemsidomide/Elranatamab in R/R Myeloma
 - Pivotal Trial Initiated for Inobrodib Combination in R/R Multiple Myeloma
 - **FDA Grants RMAT Designation to Allogeneic CAR T for R/R Multiple Myeloma**
- Video Series
- Latest Videos

- Distinguishing Strategic Roles of CELMoDs in Multiple Myeloma
- Shorts
- Podcasts
- More News
 - FDA Approves Teclistamab/Daratumumab Combo in R/R Multiple Myeloma
 - Early Intervention Enables Control of Selinexor AEs in Multiple Myeloma
 - SUCCESSOR-2 Study Shows PFS Benefit With Mezigdomide in Relapsed Myeloma
 - Insights on CELMoDs in Multiple Myeloma From the EXCALIBER-RRMM Trial
 - Role of Dual Maintenance Remains Uncertain in Multiple Myeloma
 - Introducing CELMoDs into the Multiple Myeloma Treatment Paradigm
 - Teclistamab Maintains Activity in Heavily Pretreated Real-World Myeloma
 - Comfort With Dose Reduction of Myeloma Bispecific Depends on Response
- CAR T Achieves 100% MRD Negativity in Newly Diagnosed Multiple Myeloma
 - <https://www.targetedonc.com/view/car-t-achieves-100-mrd-negativity-in-newly-diagnosed-multiple-myeloma>
- Approval of Teclistamab Opens Early Relapsed Myeloma to Bispecifics (read and listen to Dr. Luciano Costa)
 - <https://www.targetedonc.com/view/approval-of-teclistamab-opens-early-relapsed-myeloma-to-bispecifics>

Cancernetwork

<https://www.cancernetwork.com/>

- “Cancer Focus – choose myeloma”
- Latest News
 - What Does the Future Hold for Bispecific Antibodies in Multiple Myeloma?
 - BCMA-Directed Bispecific Antibodies Navigating a New Era in Relapsed/Refractory Multiple Myeloma (panel discussion led by Dr. Sundar Jagannath)
 - CAR-T Moves to the Front Line: Rethinking the Multiple Myeloma Sequence
 - Teclistamab Combo Approval Is "Excellent" for R/R Multiple Myeloma
 - Isatuximab Regimen Improves MRD Negativity in Transplant-Eligible NDMM
- Video Series
- Video Interviews
- Shorts
 - MRD is ‘Exceedingly Helpful’ in Assessing Multiple Myeloma Disease Course
 - **Is a Functional Cure Possible in Multiple Myeloma Therapy?**
 - **Teclistamab/Daratumumab: An Exciting Combination in R/R Multiple Myeloma**
- Podcasts
 - Unraveling the Potential of Iberdomide and CELMoDs in Multiple Myeloma

- Insights Across Hematologic Oncology at Columbia University
- More news
 - Phase 2 Trial Begins Dosing of Cemsidomide Combo in R/R Multiple Myeloma
 - DURGA-1 Trial Findings Show Encouraging Results With Novel Multiple Myeloma Agent
 - Will the FDA Approve Iberdomide in Relapsed/Refractory Multiple Myeloma?
 - FDA Grants Approval to Teclistamab Combo in RRMM
 - Mezigdomide Regimen Boosts PFS in Relapsed/Refractory Multiple Myeloma

Patient Empowerment Network

<https://powerfulpatients.org/help-by-cancer-diagnosis/multiple-myeloma/>

Smart Patients

<https://www.smartpatients.com/>

HemOnc Pulse (Podcast)

<https://www.bloodcancerstoday.com/page/the-hemonc-pulse>

- Cutting GVHD Risk: What's Changing in Allogeneic Transplants?
- Many other great podcasts on Myeloma

Blood & Marrow Transplant Information Network

<https://bmtinfonet.org/>

- “Blood & Marrow Transplant Information Network (BMT InfoNet) is not-for-profit 501 (c) 3 organization dedicated to providing transplant and CAR T-cell therapy recipients and their loved ones with emotional support and high quality, easy-to-understand information about bone marrow, peripheral blood stem cell and cord blood transplant, and CAR T-cell therapy.”

Blood Cancer United (formerly LLS)

<https://bloodcancerunited.org/>

- The Bloodline with Blood Cancer United Podcast
 - <https://thebloodline.org/episodes/>
 - Facing Multiple Myeloma: A Guide to Choices, Care, and Confidence
- Blood Cancer United Vodcasts
<https://bloodcancerunited.org/resources/educational-resources/video/bloodline-breakthroughs-innovations-inspiration>
- Blood Cancer United Video and Webcasts
 - <https://bloodcancerunited.org/resources/educational-resources/webcasts-videos>
 - Key Insights: Treating Blood Cancer Patients with CAR T-cell Therapy
 - <https://bloodcancerunited.org/resources/educational-resources/webcast/key-insights-treating-blood-cancer-patients-car-t-cell>

- **Dietary, Microbiome and Metabolism Evidence in Blood Cancers (Focus on Myeloma) Dr Urvi Shah**
 - <https://bloodcancerunited.org/resources/educational-resources/webcast/dietary-microbiome-and-metabolism-evidence-blood-cancers>
- **FDA Approves Combination Treatment for Multiple Myeloma**
 - https://bloodcancerunited.org/resources/newsroom/fda-approves-combination-treatment-multiple-myeloma?utm_source=x&utm_medium=organic_social&utm_campaign=03-30-2026-bcutd_mmfdapproval

Weekly Online Chat:

- **Veterans Living with Blood Cancer**
 - **Every Tuesday Evening @ 8:00-10:00pm EDT**
 - **Online Chat for Caregivers:**
- **Every Thursday Evening @ 8:00-10:00 pm EDT**
- **Online Chat Living with Myeloma:**
 - **Every Monday Evening @ 8:00-10:00 pm EDT**
- **Online Chat for Patients and Caregivers - Banding Together: Feeling Good Fridays**
 - **Every Friday @ 1:00-3:00 pm EDT**

Visit <https://bloodcancerunited.org/resources/patients/online-chats>

to register for the Chat you would like to attend***

- About Us
 - About Blood Cancer United

- Featured Programs
- Partners and Suppliers
- Stories and News
- Financial Assistance
 - Financial Support
 - Additional Financial Assistance
 - Claims
- Local Groups
 - Find your Region
- Blood Cancers
 - Types of Blood Cancer
- Navigating Your Care
 - Adults
 - Young Adults
 - Children and Teens
- Resources
 - Patient Resources
 - Caregiver Resources
 - Healthcare and Professional Resources
 - Educational Resources
 - Support Resources
 - Blood Cancer Information Specialist
 - 1-800-955-4572
 - Clinical Trial Nurse Navigators
 - Registered Dietitian
 - Newsroom

Oncology Nursing News

<https://www.oncnursingnews.com/clinical/multiple-myeloma>

- Latest News
- Video Series
- Video Interviews
- Podcasts
- More News

VJHemonc (Video Journal of Oncology)

<https://www.vjhemonc.com/subject/multiple-myeloma/>

- The Multiple Myeloma Channel (Great information)
 - Latest Videos
 - Myeloma Sessions
 - Conferences
 - Topics
 - Podcasts
 - Features
 - VJ today

Triage Cancer

<https://tragecancer.org/>

- Events
- Resources
- Materials
- Support

IMSound (International Myeloma Society Audio Short Series)

<https://www.myelomasociety.org/imsound/>

- “IMSound, the latest audio series from the International Myeloma Society! Each episode brings insights from top experts on crucial issues in the myeloma community”

Oncology Central

<https://www.oncology-central.com/?s=myeloma>

- Interesting Articles

Blood Cancers Today

<https://www.bloodcancerstoday.com/page/myeloma>

- Myeloma and the C-Word — Curable: The Consensus Is In
- Oscar Lahoud, MD, Expands Blood Cancer Care as Chief Medical Officer of NYU Langone Hospital–Brooklyn
- Survivorship After CAR T-Cell Therapy: New Long-Term Care Needs
- New Evidence Boosts Case for Mezigdomide Combinations in Advanced Myeloma
- **Get to Know...Joshua Richter, MD**
- American Cancer Society Report: Five-Year Cancer Survival Rate Climbs to 70%
- CRS Management in RRMM May Evolve With Dexamethasone as a Viable Alternative

- The Management Landscape for Relapse in Multiple Myeloma: Shaji K Kumar, MD, Gives an Overview
- Managing CRS in Myeloma: Steroids or IL-6 Blockade?

X

- Golden Era For Multiple Myeloma
 - <https://x.com/mamthab/status/2032998612217516265?s=58&t=7w0ni0WXD12zMKqXp8TQjQ>

The Fellow on Call Podcast

<https://www.thefellowoncall.com/>

- Myeloma Series – Parts 7-11

HemeTalks (Podcast)

- New Horizons in Smoldering Myeloma
 - <https://podcasts.apple.com/us/podcast/new-horizons-in-smoldering-multiple-myeloma/id1705947675?i=1000756162470>

Dr. Rafael Fonseca's Substack

- Should a patient with multiple myeloma experiencing a first relapse receive cilta-cel CAR-T or daratumumab plus teclistamab (as in MajesTEC-3)?
 - https://rafaelfonseca.substack.com/p/should-a-patient-with-multiple-myeloma?r=92kzs&utm_campaign=post&utm_medium=web&triedRedirect=true

Clinical Hematology International

- MajesTEC-3: Redefining what's possible in multiple myeloma
 - <https://chi.scholasticahq.com/article/158751-majestec-3-redefining-what-s-possible-in-multiple-myeloma>

Mt. Sinai

- **With New Treatment Strategies, a Cure for Multiple Myeloma Is Now Possible**
 - <https://reports.mountsinai.org/article/tisch2026-01-car-t-and-bispecific-antibodies>

Nature

- In vivo site-specific engineering to reprogram T cells
 - <https://www.nature.com/articles/s41586-026-10235-x>

Myeloma Risk

- <https://eatoure.github.io/#/>

- The one stop site to simply enter variables and calculate current risk stratification of myeloma

Weill Cornell Medicine Myeloma Center

- Chimeric antigen receptor (CAR) T-Cell Therapy
 - <https://www.myelomacenter.org/chimeric-antigen-receptor-car-t-cell-therapy>
 - CAR t-cell therapy in English and Spanish (video)

OncoDaily

<https://oncodaily.com/?s=myeloma>

- Life is More Than Myeloma: Beyond Survival to Quality of Life
 - An interview with Heather Cooper Ortner, CEO/President of the International Myeloma Foundation
 - <https://oncodaily.com/dialogues/475612-life-is-more-than-myeloma>
- Plus many more articles and videos