

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP
VIRTUAL MEETING RECAP FOR MAY 6, 2026

The Central New Jersey Multiple Myeloma Support Group met virtually on May 6, 2026 and there were 34 members in attendance.

Guest Speaker: Brittany Hartmann RN-BSN, ONN-CG, Patient Navigator with the Multiple Myeloma Research Foundation

Topic: Multiple Myeloma 101- Lab Values

The slides from this presentation are attached.

Support Group News:

- 14th Annual Miracles for Myeloma 5k Run/Walk Hybrid Edition
 - The Miracles for Myeloma 5K Run/Walk Hybrid Edition web page is now available!! The “Path to \$1,000,000”, a realistic goal total of \$1,000,000 raised over 14 years for myeloma research.
 - <https://fundraise.myeloma.org/event/2026-miracles-for-myeloma-virtual-in-person-5k-run-walk-clark-nj/e772793>

- I am captain of the Central New Jersey Support Group Team, if you wish to join me. You could also create your own team, join someone else's team, participate on your own, and/or donate to the Race. There is the Remembrance Path where you can purchase a placard that will be displayed on Race Day, in the "Remembrance Path" section of the race, and that will also be available for viewing online on the Race webpage. These placards allow you to remember someone or honor someone with Myeloma.
- Race Day...September 19, 2026 at Oak Ridge Park, Clark NJ.
- Somerset Patriots Ballgame
 - Once again, the support group has been awarded 30 seats and a box for a Somerset Patriots ballgame!
 - **July 29, 2026 @ 12:05 pm EDT**
 - Mark your calendars! Soon we will be reaching out to see who is interested in attending and how many tickets you would like. As in the past, we will start with 2 tickets per person, to give everyone in the group a chance to attend. Any leftover tickets will then be distributed. What a great day!!

Upcoming Events:

International Myeloma Foundation

<https://www.myeloma.org/>

Supplemental Support Groups

- **Multiple Myeloma Care Partner Support Group (virtual)**
 - **May 14 @ 7:00 pm EDT**
- **Las Voces de Mieloma**
 - **May 19 @ 1:00 pm EDT**
- **Living Solo and Strong with Myeloma**
 - **June 2 @ 6:00 pm EDT**
- **Living Well with High Risk Multiple Myeloma**
 - **Meets 3rd Thursday of each month, alternating daytime/evening hours. Odd months, 12:00 pm ET, even months 7:00 pm EDT. Next meeting May 21 @ 12:00 pm EDT**
- **MGUS 4 US**
 - **Please email Emily Gordon at erg2172@cumc.columbia.edu if you have questions or for meeting information**
- **Smolder Bolder**
 - **May 11 @ 7:30-9:30 pm EDT**
- **Strength Through Inspiration: A Virtual Support Group for Multiple Myeloma Patients & Caregivers who have Young Children (every other month)**
 - **May 12 @ 8:00-9:00 pm EDT**
- **The Veterans with Myeloma Special Interest Group (Virtual)**
 - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails visit**
 - <https://www.myeloma.org/support-group/veterans-myeloma-special-interest-group>

- **May 27 @ 5:00 pm EDT**
- **Myeloma in the Middle**
- **May 19 @ 7:30 pm EDT**

The Multiple Myeloma Research Foundation

<https://themmrf.org/>

- **MMRF Patient Summit in Partnership with UChicago**
 - **Saturday, May 16 @ 10:00 am EDT**
 - https://mmrf.webcasts.com/starthere.jsp?ei=1757849&t_p_key=5a3bf7971c
 - **Great Agenda!!**

Triage Cancer

<https://trriagecancer.org/>

Webinar

- **Coping with Stress**
- **May 27 @ 1:00pm EDT**

Conference (2 day)

- **May 15 @ 1:00-6:00 pm EDT**

MYELOMA NEWS:

- **Phase 3 MagnetisMM-5 Trial Results: Elrexfio (elranatamab) Significantly and Clinically Improves**

Progression-Free Survival in RRMM Patients Who Received at Least One Prior Line of Treatment

- From CoMMpass to Patient Care: How MMRF Data Helped Advance a Breakthrough Myeloma Test
- FDA Grants Fast Track Designation to OPN-6602 for Multiple Myeloma
- FDA Extends Review of Subcutaneous Isatuximab for Multiple Myeloma
- “This is what the myeloma community as a whole (Pharma, Patients, Investigators, NIH, FDA, and Foundations) have collectively accomplished”
 - Great graph!!
 - <https://x.com/vincentrk/status/2052161601805918487?s=58&t=7w0ni0WXD12zMKqXp8TQjQ>
- Achieving a “Functional Cure” With Multiple Myeloma Therapy
 - <https://www.cancernetwork.com/view/achieving-a-functional-cure-with-multiple-myeloma-therapy>

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

VIRTUAL MEETING RECAP FOR MAY 6, 2026

INFORMATIONAL MYELOMA LINKS

International Myeloma Foundation

<https://www.myeloma.org/>

- March and April 2026: What's New in Myeloma?
- Watch the replay and download the slides myeloma webinar, “I Have WHAT? Starting the Myeloma Journey.”
- Resources and Support
 - Find a Support Group
 - **Multiple Myeloma Care Partner Support Group (virtual)**
 - **May 14 @ 7:00 pm EDT**
 - **Las Voces de Mieloma**
 - **May 19 @ 1:00 pm EDT**
 - **Living Solo and Strong with Myeloma**
 - **June 2 @ 6:00 pm EDT**
 - **Living Well with High Risk Multiple Myeloma**
 - **Meets 3rd Thursday of each month, alternating daytime/evening hours. Odd months, 12:00 pm ET, even months 7:00 pm EDT. Next meeting May 21 @ 12:00 pm EDT**
 - **MGUS 4 US**
 - **Please email Emily Gordon at erg2172@cumc.columbia.edu if you have questions or for meeting information**
 - **Smolder Bolder**
 - **May 11 @ 7:30-9:30 pm EDT**
 - **Strength Through Inspiration: A Virtual Support Group for Multiple Myeloma Patients & Caregivers who have Young Children (every other month)**
 - **May 12 @ 8:00-9:00 pm EDT**

- **The Veterans with Myeloma Special Interest Group (Virtual)**
 - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails visit**
 - <https://www.myeloma.org/support-group/veterans-myeloma-special-interest-group>
 - **May 27 @ 5:00 pm EDT**
- **Myeloma in the Middle**
 - **May 19 @ 7:30 pm EDT**

Contact the Info Line

<https://www.myeloma.org/infoline>

Care Partner Resources

Find a Clinical Trial

Myeloma Knowledge Platform

Patient /Family Seminars

Community Workshops

Weekly Newsletter

Mind, Body, Wellness

Patient Perspective at ASH

Diversity, Equity, and Inclusion

External Resources

Drug Reimbursement and Co-Pay Assistance Resources

Financial Resources

Government Resources

Counseling and Support Resources

Housing and Travel Resources

International Support

Legal Resources

Pain Management Resources

Transplant Resources

Other Cancer Resources

News

- Blood Cancer Patients and Their Supporters Cycle Across Iceland to Raise Funds and Awareness for Multiple Myeloma and the International Myeloma Foundation's Research – 2026
- Living with Blood Cancer, Riding for a Cure: The Cyclists Taking on Iceland – 2026
- April 2026 – Myeloma News from the Journals
- **Phase 3 MagnetisMM-5 Trial Results: Elrexfio (elranatamab) Significantly and Clinically Improves Progression-Free Survival in RRMM Patients Who Received at Least One Prior Line of Treatment**
- The DVRd Regimen
- 2026 MAM Global Campaign Demonstrates the Spirit of #MoreThanMyeloma

Events

Blogs

- Four Cancer Journeys—and One Long Wait: A Patient’s Perspective
- Key Takeaways from the Facebook Live Q&A: Drs. Joseph Mikhael and Melissa Alsina Answer Myeloma Questions This Myeloma Action Month
- AI Is Already Shaping Healthcare, But How Are People Actually Using It?
- March and April 2026: What's New in Myeloma?
- Key Takeaways from the Facebook Live Q&A: Dr. Sagar Lonial Answers Your Myeloma Questions

Videos

About the IMF

ASCO/EHA

ASH

Ask Dr. Durie

Black Swan Research Initiative

Community Conversations

Community Workshops

Emerging Therapies

Facebook Live

- [Can Multiple Myeloma Be Cured? CAR T, Remission & Patient Questions Answered | REPLAY](#)
- [Can You Get CAR T If You Live Alone? This and Other Myeloma Treatment Questions Answered | REPLAY](#)

Health Equity

IMF History

IMWG

Inspirational

Living Well With Myeloma

M-Power

Myeloma in a Minute

- [CRS Explained: What Myeloma Patients Need to Know \(CAR-T Side Effects in 60 Seconds\)](#)

Myeloma Made Simple

Myeloma University

- [Myeloma University | Transitions of Care](#)
- [Myeloma University | Managing CRS, Neurotoxicity, and Infection](#)
- [Myeloma University | Managing BCMA Bispecifics in the Community](#)

NLB Webcasts

Patient and Family Webinars

Q&A

- [Can CAR-T Replace Stem Cell Transplant? Myeloma Questions on Cure, GLP-1s & Risk Answered](#)

Recent News and Developments

Treatments

- [What “Cure” Really Means in Multiple Myeloma | MRD & Long-Term Remission Explained \(Video\)](#)

Trending Searches in Myeloma

What is Multiple Myeloma

- [Newly Diagnosed](#)
- [Tests and Staging](#)
- [Treatment](#)

Publications and Broadcasts

- [IMF Publications](#)
- [IMF Broadcasts](#)
- [Healthcare Professional Resource](#)

Resources and Support

- IMF Support Network
- Diversity, Equity, Inclusion
- **External Resources**
 - **Drug Reimbursement Information and Assistance**
 - **Financial Assistance**
 - **Government Assistance**
 - **Guidance and Support**
 - **Housing and Travel Assistance**
 - **International Support**
 - **Legal Assistance**
 - **Pain Management**
 - **Transplant Resources**
 - **Other Cancer Resources**
- Veterans Against Myeloma
 - <https://www.myeloma.org/veterans-against-myeloma>
- M-Power
- **IMF's Infoline**
 - <https://www.myeloma.org/infoline>

800-452 CURE (2873)

- **Email: infoline@myeloma.org**
- IMF Medical Research
 - Black Swan Research Initiative
 - International Myeloma Working Group
 - Asian Myeloma Network
 - Road to the Cure
- Nurse Leadership Board
 - Nurse Leadership Board Members
 - Nurse Leadership Board Publications

- Nursing Resources

Multiple Myeloma Research Foundation

<https://themmrf.org/>

- Blogs
 - **From CoMMpass to Patient Care: How MMRF Data Helped Advance a Breakthrough Myeloma Test**
 - Reflections from the Myeloma MRD 2026 Meeting: What It Means for Patients Now
- Press Release
- Understanding Multiple Myeloma
- Navigating Diagnosis & Treatment
 - Clinical Studies and Emerging Therapies
- Finding Support
 - Patient Navigation Center
 - Myeloma Mentors
 - Education Resource Hub
 - Videos
 - Navigating First-Line Treatment Options
 - New Myeloma Downloadable Fast Fact Cards
 - MMRF Patient Wellness Guide - Treating Myeloma in Older Adults

- MMRF Patient Wellness Guide - Sexual Health & Wellness
 - MMRF Patient Toolkit
 - Events
 - **MMRF Patient Summit in Partnership with UChicago**
 - **Saturday, May 16 @ 10:00 am EDT**
 - https://mmrf.webcasts.com/starthere.jsp?ei=1757849&tp_key=5a3bf7971c
 - **Great Agenda!!**
- Resources on Demand
 - In Print
 - Treating Myeloma in Older Adults
 - Dietary Supplements and Myeloma: What You Need to Know
 - Coping with Multiple Myeloma: Managing Stress & Anxiety
 - Staying Physically Active with Multiple Myeloma

Videos

- Understanding High-Risk Multiple Myeloma
- Finding a Cure
- Patient Navigation Center
 - **Monday–Friday, 9 AM–7 PM ET 1-888-841-MMRF (6673)**
 - Information and Resources
 - Perspective on Treatments
 - Support
 - Get on the Right Path for You
 - Right Team
 - Right Tests

- Right Treatment
- Meet the Patient Navigators
- Connect with a Myeloma Mentor

Myeloma Matters – MMRF Podcast

<https://www.youtube.com/playlist?list=PL6YqSpftWXYZht7lBSsLFkyvKsWAZSGq4>

- Great Topics!

HeathTree Foundation for Multiple Myeloma

<https://healthtree.org/>

- Education
 - News Articles
 - Conference Updates
- Educational Resources
 - University
 - Patient Guides
 - Expert Webinars
 - Many upcoming interesting webinars
 - Learn from Specialists
 - Find a Specialist
 - Podcasts
 - HealthTree Roundtables
 - Additional Resources
 - Myeloma 101

- Newly Diagnosed Guide
 - Financial Resources
 - Medications
 - Understanding Labs
- Community
 - Join the Conversation
 - Connect
 - Join a social platform specifically for Multiple Myeloma
 - Patient-to-Patient Connections
 - Coach
 - Find a personal coach to help navigate your Myeloma
 - Moves
 - Tackle challenges and crush your fitness goals together
 - Community Events
 - All Events
 - Join Educational Groups
 - Attend Topic Based Events to Further Your Cancer Education
 - Community Support Groups
 - Black and Hispanic Support
 - Black Myeloma Health
 - Resources in Spanish
- Cure Hub
 - Join Cure Hub
 - Track Your Disease
 - Connect Medical Records
 - See Tracked Labs

- Record Side Effects
- Find the Best Treatments
 - Treatment Options
 - Clinical Trial Finder
 - Twin Machine
- Find Support
 - Find Side Effect Solutions
 - My Journal
 - Journal Your Multiple Myeloma Story
 - Register for Cure Tour

HealthTree University – YouTube

<https://www.youtube.com/c/HealthTreeUniversity>

SparkCures

<https://sparkcures.com/>

- Myeloma Support...Personalized.
- “Whether it's clinical trials, treatments or finding a myeloma specialist, we help you understand your myeloma options”
- 888-828-2206
- Now featuring trial options for MDS (Myelodysplastic Syndromes) and NTRK Gene Fusion Cancers

Myeloma Central

<https://www.myelomacentral.com/>

- Standing in the Gaap
 - Resources for African Americans
- Multiple Myeloma Resources for Nurses

Cure

<https://www.curetoday.com/tumor/myeloma>

- Latest News
 - Multiple Myeloma, Why Me?
 - Elrexfio Improves Progression-Free Survival in Multiple Myeloma Phase 3 Trial
- Video Series
- Latest Videos
- Shorts
- Podcasts
- More News

Cure – Cancer Horizons

<https://www.curetoday.com/cancer-horizons>

- Choose “Myeloma”
 - Understanding the Use of Bispecific Antibodies in Multiple Myeloma
 - Communication is Key When Transitioning Multiple Myeloma Care

- What Is CAR-T Cell Therapy, and What Can Patients With Cancer Expect?

OncLive/OncLive Videos

<https://www.onclive.com/clinical/multiple-myeloma>

- Latest News
 - Elranatamab Meets PFS End Point in R/R Myeloma After 1 Line of Prior Therapy
 - Consensus Viewpoints Offer Guidance in Rapidly Evolving Multiple Myeloma Management
- Video Series
- Latest Videos

- Shorts

- Podcasts
- More News
 - Many great articles

Multiple Myeloma Hub

<https://multiplemyelomahub.com/>

- News
 - How to transition patients on BCMA-directed bispecific antibody therapy from academic to community care

- CELMoDs: Mechanism of action and immunomodulatory activity in MM
- Real-world outcomes with outpatient vs inpatient ciltacel administration in heavily pretreated RRMM
- CELMoDs for the treatment of relapsed/refractory MM
- Recent Content
 - Ramantamig: A novel BCMA×GPRC5D×CD3 trispecific antibody
 - Symposium series | Optimizing dosing of BCMA-directed therapies for improved quality of life in MM
 - Real-world outcomes with DVRd for NDMM
 - ATLAS phase III: KRd vs lenalidomide maintenance after auto-HSCT in NDMM
- Most Read
 - Targeting Cereblon for the treatment of MM: Rationale and latest data
- Multiple Myeloma Hub Symposia
- Steering Committee Meetings
- Drug Updates

Multiple Myeloma Hub Podcast

<https://podcasts.apple.com/us/podcast/multiple-myeloma-hub/id1513939744>

- Quality-of-life considerations with BCMA-directed therapies for MM
- Overview of BCMA-directed therapies for multiple myeloma
- Optimizing BCMA-directed therapies: Balancing efficacy, safety, and PROs

- The patient experience: Treatment with BCMA-directed therapies in relapsed MM

Patient Power

<https://www.patientpower.info/community/multiple-myeloma>

American Society of Hematology (ASH)

<https://www.hematology.org/>

The ASCO Post

<https://ascopost.com/search-results/?q=myeloma>

- High-Risk Smoldering Multiple Myeloma: BCMA-Directed CAR T-Cell Therapy Shows Activity
- Targeted Therapies Drive Long-Term Decline in Multiple Myeloma Mortality in the United States

ASCO Daily News

<https://dailynews.ascopubs.org/action/doSearch?AllField=myeloma>

- When Should Oncologists Treat Smoldering Multiple Myeloma?

ASCO Daily News Podcasts

<https://dailynews.ascopubs.org/podcasts>

- Podcast: Groundbreaking Results Shift Treatment Paradigm in High-Risk Smoldering Multiple Myeloma

Blood

<https://ashpublications.org/blood/issue-covers>

- Does minimal residual disease matter in t(11;14) myeloma?
 - <https://ashpublications.org/blood/article/147/16/1787/567615/Does-minimal-residual-disease-matter-in-t-11-14>
- Distinct trajectory of measurable residual disease in t(11;14) myeloma treated with quadruplet therapy
 - <https://ashpublications.org/blood/article-abstract/147/16/1857/566269/Distinct-trajectory-of-measurable-residual-disease?redirectedFrom=fulltext>
- Immune clues to infection risk in myeloma
 - <https://ashpublications.org/blood/article/147/18/2024/567894/Immune-clues-to-infection-risk-in-myeloma>
- Immune biomarkers of increased infection risk in multiple myeloma
 - <https://ashpublications.org/blood/article-abstract/147/18/2081/566336/Immune-biomarkers-of-increased-infection-risk-in?redirectedFrom=fulltext>

Blood Cancer Talks – Podcast

<https://podcasts.apple.com/us/podcast/blood-cancer-talks/id1633724992>

The Patient Story

<https://thepatientstory.com/patient-stories/multiple-myeloma/>

Targeted Oncology

<https://www.targetedonc.com/clinical/multiple-myeloma-rc>

Latest News

- Exploring a New Era of Treatment for Smoldering Myeloma
- Elranatamab Shows PFS Benefit in Relapsed/Refractory Multiple Myeloma
- Consistent Safety Data Support Teclistamab/Daratumumab in Myeloma
- Video Series
- Latest Videos
- Shorts
 - Can Myeloma Treatment be Done at Home
- Podcasts
- More News
 - Examining Real-World Approaches for GPRC5D Bispecific in Multiple Myeloma
 - Dual-Targeting CAR T Achieves sCR in 100% of Older Patients With NDMM
 - **FDA Grants Fast Track Designation to OPN-6602 for Multiple Myeloma**

- Applying MajesTEC-3 Findings to a Patient With Early Relapsed Myeloma
- Understanding Holding vs Bridging Therapy for CAR T in Multiple Myeloma
- FDA Extends Review of Subcutaneous Isatuximab for Multiple Myeloma

Cancernetwork

<https://www.cancernetwork.com/>

- “Cancer Focus – choose myeloma”
- Latest News
 - Cilta-Cel Produces Early Responses in Smoldering Multiple Myeloma
 - FDA Delays Decision on Subcutaneous Isatuximab in Multiple Myeloma
 - Discussing Proper Utilization of BCMA Bispecifics in Early Relapse Multiple Myeloma
 - Elranatamab Significantly Improves PFS in R/R Multiple Myeloma Trial
 - How Has SC Daratumumab Impacted Smoldering Multiple Myeloma Treatment?
- Video Series
- Video Interviews
- Shorts
 - How to Sequence CAR T-Cell Therapy, Bispecifics in Multiple Myeloma

- CELMoDs May Be “Uniquely Positioned” in Multiple Myeloma Treatment Paradigm
- Therapy is Only as Good as Its Access in Multiple Myeloma Care
- Finding a “Sweet Spot” for Fixed-Duration Multiple Myeloma Therapy
- Podcasts
 - Unraveling the Potential of Iberdomide and CELMoDs in Multiple Myeloma
 - Insights Across Hematologic Oncology at Columbia University
- More news
 - CAR-T Moves to the Front Line: Rethinking the Multiple Myeloma Sequence
 - Isatuximab Regimen Improves MRD Negativity in Transplant-Eligible NDMM
 - Belantamab Mafodotin Regimen Shows Activity in What ESO-T01 Tells Us About the Next Frontier in Multiple Myeloma Transplant-Ineligible NDMM\
 - Belantamab Mafodotin Combo for R/R Multiple Myeloma Earns Approval in China
 - Analyzing the Role of CELMoDs in the Relapsed/Refractory Myeloma Space

Patient Empowerment Network

<https://powerfulpatients.org/cancer-diagnosis/multiple-myeloma/>

Smart Patients

<https://www.smartpatients.com/site>

HemOnc Pulse (Podcast)

<https://www.bloodcancerstoday.com/category/hemonc-pulse>

- Great podcasts on Myeloma

Blood & Marrow Transplant Information Network

<https://bmtinfonet.org/>

- “Blood & Marrow Transplant Information Network (BMT InfoNet) is not-for-profit 501 (c) 3 organization dedicated to providing transplant and CAR T-cell therapy recipients and their loved ones with emotional support and high quality, easy-to-understand information about bone marrow, peripheral blood stem cell and cord blood transplant, and CAR T-cell therapy.”

Blood Cancer United (formerly LLS)

<https://bloodcancerunited.org/>

- The Bloodline with Blood Cancer United Podcast
<https://thebloodline.org/episodes/>

- Blood Cancer United Vodcasts
 - <https://bloodcancerunited.org/resources/educational-resources/video/bloodline-breakthroughs-innovations-inspiration>
- Blood Cancer United Video and Webcasts
 - <https://bloodcancerunited.org/resources/educational-resources/webcasts-videos>
 - Key Insights: Treating Blood Cancer Patients with CAR T-cell Therapy

Weekly Online Chat:

- **Veterans Living with Blood Cancer**
 - **Every Tuesday Evening @ 8:00-10:00pm EDT**
 - **Online Chat for Caregivers:**
- **Every Thursday Evening @ 8:00-10:00 pm EDT**
- **Online Chat Living with Myeloma:**
 - **Every Monday Evening @ 8:00-10:00 pm EDT**
- **Online Chat for Patients and Caregivers - Banding Together: Feeling Good Fridays**
 - **Every Friday @ 1:00-3:00 pm EDT**

Visit <https://bloodcancerunited.org/resources/patients/online-chats>

to register for the Chat you would like to attend***

- About Us
 - About Blood Cancer United
 - Featured Programs
 - Partners and Suppliers

- Stories and News
- Financial Assistance
 - Financial Support
 - Additional Financial Assistance
 - Claims
- Local Groups
 - Find your Region
- Blood Cancers
 - Types of Blood Cancer
- Navigating Your Care
 - Adults
 - Young Adults
 - Children and Teens
- Resources
 - Patient Resources
 - Caregiver Resources
 - Healthcare and Professional Resources
 - Educational Resources
 - Support Resources
 - Blood Cancer Information Specialist
 - 1-800-955-4572
 - Clinical Trial Nurse Navigators
 - Registered Dietitian
 - Newsroom

Oncology Nursing News

https://www.oncnursingnews.com/search?oncnurse_sanity_data%5Bquery%5D=myeloma

- Latest News
 - Elranatamab Improves Progression-Free Survival in Multiple Myeloma Phase 3 Trial
- Video Series
- Video Interviews
- Podcasts
- More News

VJHemonc (Video Journal of Oncology)

https://www.oncnursingnews.com/search?oncnurse_sanity_data%5Bquery%5D=myeloma

The Multiple Myeloma Channel (Great information)

- Latest Videos
 - Expanding our understanding of the role of the tumor microenvironment in multiple myeloma
 - Early use of immunotherapy in myeloma: TecDara, bispecific consolidation, and alpha emitter therapy
 - Immunotherapies in myeloma: novel bispecific data, off-the-shelf CAR-T, and trispecific approaches
 - T-cell engagers & CARs for myeloma: trispecifics, anito-cel updates, & long-term CARTITUDE-4 data
- The Myeloma Sessions
- Conferences
- Topics
- Speakers
- Podcasts

Triage Cancer

<https://tragecancer.org/>

- [Events](#)
 - **Webinar**
 - **Coping with Stress**
 - **May 27 @ 1:00pm EDT**
 - **Conference (2 day)**
 - **May 15 @ 1:00-6:00 pm EDT**
 - **May 16 @ 11:00 am-4:00 pm EDT**
- **Resources**
- **Materials**
- **Support**

IMSound (International Myeloma Society Audio Short Series)

<https://www.myelomasociety.org/imsound/>

- “IMSound, the latest audio series from the International Myeloma Society! Each episode brings insights from top experts on crucial issues in the myeloma community”

Oncology Central

<https://www.oncology-central.com/?s=myeloma>

- Interesting Articles

Blood Cancers Today

<https://www.bloodcancerstoday.com/>

- Real-World Approach to MRD Testing in Myeloma (Round Table Discussion)
- Data Builds for Carfilzomib, Lenalidomide, Dexamethasone Triplet Maintenance in Multiple Myeloma
- **Get to Know...Mansi Shah, MD**

X

- Choosing Wisely in First Relapse of Multiple Myeloma: Expert Insights on Treatment Selection
 - <https://www.clinical-lymphoma-myeloma-leukemia.com/article/S2152-2650%2826%2900073-X/fulltext>
- Infection Burden High With Myeloma T-Cell Therapies
 - <https://www.medscape.com/viewarticle/infection-burden-high-myeloma-t-cell-therapies-2026a1000b2x>
- What ESO-T01 Tells Us About the Next Frontier in Multiple Myeloma
 - <https://www.cancernetwork.com/view/what-eso-t01-tells-us-about-the-next-frontier-in-multiple-myeloma>
 - From Dr. Leyfman on this topic...

- <https://x.com/yleyfman/status/2044255404377391460?s=58&t=7w0ni0WXD12zMKqXp8TQjQ>
- Multiple myeloma cells adapt after immunotherapy, helping explain why many patients relapse
 - <https://medicalxpress.com/news/2026-04-multiple-myeloma-cells-immunotherapy-patients.html>
- **FDA Grants Fast Track Designation to OPN-6602 for Multiple Myeloma**
 - <https://www.targetedonc.com/view/fda-grants-fast-track-designation-to-opn-6602-for-multiple-myeloma>
- Study Identifies Why Multiple Myeloma May Return After Immunotherapy
 - <https://www.curetoday.com/view/study-identifies-why-multiple-myeloma-may-return-after-immunotherapy>
- Vestibular symptoms after talquetamab therapy in heavily pretreated multiple myeloma
 - <https://ashpublications.org/bloodadvances/article/10/8/2626/566638/Vestibular-symptoms-after-talquetamab-therapy-in>
- Letting academic medical centers make CAR-T drugs would save billions
 - <https://www.statnews.com/2019/11/20/car-t-drugs-academic-medical-centers-save-billions/>
- Ravi Vij & Dr. Hamza Hashmi, MD discusses on CAR-T vs Bispecifics in Early Relapse: Multiple Myeloma
 - <https://www.youtube.com/watch?v=ewgG17hAvog>
- MRD End Point Brings “Positive Change” to Multiple Myeloma Research

- <https://www.cancernetwork.com/view/mrd-end-point-brings-positive-change-to-multiple-myeloma-research>
- CAR-T Trial Raises Prospect of Preventing Myeloma in High-Risk Group
 - <https://www.medpagetoday.com/meetingcoverage/aacr/120886>
- A multi-center study of progression-risk and outcomes in solitary bone plasmacytoma with and without marrow involvement
 - <https://ashpublications.org/bloodadvances/article/doi/10.1182/bloodadvances.2025019136/567920/A-multi-center-study-of-progression-risk-and>
- Spine Disease in MM
 - In myeloma spine disease, radiotherapy treats biology, kyphoplasty treats biomechanics. Confusing the two is how we undertreat pain- or undertreat risk
 - Great slide
 - https://x.com/mehak_trehan/status/2047605762273546381?s=58&t=7w0ni0WXd12zMKqXp8TQjQ
- Cilta-Cel Yields 100% MRD Negativity in High-Risk Smoldering Myeloma
 - <https://www.targetedonc.com/view/cilta-cel-yields-100-mrd-negativity-in-high-risk-smoldering-myeloma>
- Multiple Myeloma Death Rates Decline as Targeted Therapies Transform Survival
 - <https://www.curetoday.com/view/multiple-myeloma-death-rates-decline-as-targeted-therapies-transform-survival>

- Bone Disease Myths! (good info and diagram)
 - <https://x.com/henrychihangfu1/status/2051642565267517696?s=58&t=7w0ni0WXD12zMKqXp8TQjQ>
- “This is what the myeloma community as a whole (Pharma, Patients, Investigators, NIH, FDA, and Foundations) have collectively accomplished”
 - Great graph!!
 - <https://x.com/vincentrk/status/2052161601805918487?s=58&t=7w0ni0WXD12zMKqXp8TQjQ>
- Achieving a “Functional Cure” With Multiple Myeloma Therapy
 - <https://www.cancernetwork.com/view/achieving-a-functional-cure-with-multiple-myeloma-therapy>
- New TGen clinical test for multiple myeloma consolidates multiple analyses and provides detailed information in 3 days
 - <https://www.eurekalert.org/news-releases/1127194>
- Expert Perspectives on the FDA Approval of Teclistamab-Daratumumab
 - <https://www.targetedonc.com/view/expert-perspectives-on-the-fda-approval-of-teclistamab-daratumumab>
- Advances for Patients With High-Risk Smoldering Multiple Myeloma
 - <https://www.hmpgloballearningnetwork.com/site/onc/videos/advances-patients-high-risk-smoldering-multiple-myeloma>

The Fellow on Call Podcast

<https://www.thefellowoncall.com/>

- Episode 152: Myeloma Capstone, Pt 1 - Smoldering Myeloma & Frontline Treatment in the Elderly
- Episode 153: Myeloma Capstone, Pt 2 - MRD-Guided Therapy, Maintenance, and Relapsed/Refractory Sequencing

Dr. Rafael Fonseca's Substack

<https://rafaelfonseca.substack.com/>

- Great articles and diagrams!

Myeloma Risk

<https://eatoure.github.io/#/>

- The one stop site to simply enter variables and calculate current risk stratification of myeloma

OncoDaily

<https://oncodaily.com/?s=myeloma>

- Many articles and videos