

## SUPPORT GROUP MONTHLY NEWSLETTER | Connecting CoMMunities!

### IMF Blogs

- April 30: March and April 2026: What's New in Myeloma? [Read here](#)
- April 23: AI Is Already Shaping Healthcare, But How Are People Actually Using It? [Read here](#)
- April 9: Key Takeaways from the Facebook Live Q&A: Drs. Joseph Mikhael & Melissa Alsina Answer Myeloma Questions [Read here](#)
- April 7: Four Cancer Journeys—and One Long Wait: A Patient's Perspective [Read here](#)
- April 2: Barriers to Care: Why the IMF Advocacy Team Works Hard to Ensure Equitable Access for Myeloma Patients [Read here](#)

### Myeloma News and Updates

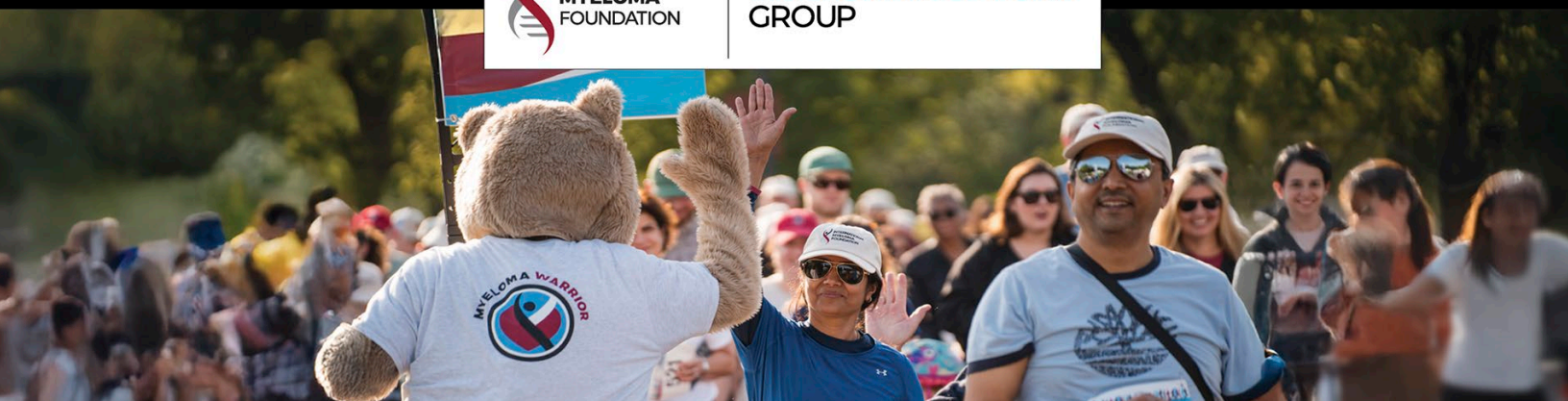
- The DVRd Regimen [Read here](#)
- Phase 3 MagnetisMM-5 Trial Results: Elrexfio Significantly and Clinically Improves Progression-Free Survival in RRMM Patients Who Received at Least One Prior Line of Treatment [Read here](#)
- Blood Cancer Patients & Their Supporters Cycle Across Iceland to Raise Funds & Awareness for Multiple Myeloma & the IMF's Research [Read here](#)
- Over 60 Million Showed They Are #MoreThanMyeloma During 2026 Myeloma Action Month [Read here](#)
- Dr. Joseph Mikhael Steps into New Role as Medical Advisor for the IMF [Read here](#)
- Myeloma News from the Journals: April [Read here](#)

### Seminars, Webinars, Workshops and Events

- May 1-2: In-Person Patient & Family Seminar 2026 — Cleveland, OH [Register Now](#)
- May 2-7: BMTInfoNet-Virtual Symposium Celebrating a Second Chance at Life [Learn More](#)
- June 27: In-Person Myeloma Community Workshop 2026 — Detroit, MI [Register Now](#)
- August 1: In-Person Myeloma Community Workshop 2026 — Salt Lake City, UT [Register Now](#)
- August 14-15: In-Person Patient & Family Seminar 2026 — Los Angeles, CA [Register Now](#)
- August 24: Virtual MCW: What's Next? – Managing Myeloma at Relapse [Register Now](#)
- September 19: In-Person Myeloma Community Workshop 2026 — Portland, OR [Register Now](#)
- October 2-3: In-Person Patient & Family Seminar 2026 — Short Hills, NJ [Register Now](#)
- October 24: In-Person Myeloma Community Workshop 2026 — San Diego, CA [Register Now](#)
- November 14: In-Person Myeloma Community Workshop 2026 — Phoenix, AZ [Register Now](#)

### How are you using AI in your Healthcare?

From searching symptoms online to using health apps or chat tools, AI is becoming part of how people understand and manage their health. We want to understand how you are using AI in your healthcare. Your answers will help us improve how patients and care partners get information, support, and guidance. **To take the survey:** [Click Here](#)



### IMF Videos, Podcasts, Modules & Replays

- CRS Explained: What Myeloma Patients Need to Know (CAR-T Side Effects in 60 Seconds) [Watch Here](#)
- Virtual MCW: I have WHAT? Starting the Myeloma Journey | Replay [Watch Here](#)
- Can CAR-T Replace Stem Cell Transplant? Myeloma Questions on Cure, GLP-1s & Risk Answered [Watch Here](#)
- Can You Get CAR T If You Live Alone? This & Other Myeloma Treatment Questions Answered | Replay [Watch Here](#)
- Can Multiple Myeloma Be Cured? CAR T, Remission & Patient Questions Answered | Replay [Watch Here](#)
- Just Diagnosed With Multiple Myeloma? Ask Your Doctor These 3 Questions (In 60 seconds) [Watch Here](#)

### IMF Resources & New/Updated Publications

- Understanding ABECMA® April 2026 Edition [Read here](#)
- Tip Cards: Quadruplet Regimens for NDMM – April 2026 [Read here](#), CAR T-Cell Therapy – April 2026 [Read here](#), Building Your Support Network – April 2026 [Read here](#)
- Patient Handbook for Multiple Myeloma – Updated April 2026 [Read here](#)
- Myeloma Today: Spring 2026 [Read here](#)
- IMF Resource Library [Learn more](#) | Myeloma Terms and Definitions [Read here](#) | Tip Cards [Read here](#)
- Multiple Myeloma Medications [Read here](#) | Guide to Myeloma Drug Names [Read here](#)
- Clinical Trial Fact Sheets [Read here](#) | ABBV-383 [Read here](#) | K36 [Read here](#)
- Other Resources & Assistance for Caregiving in Myeloma [Read here](#)
- Online Resources [Read here](#)

**Support Group Meeting Topics & Virtual Speaker Availability** Inquire: [sgteam@myeloma.org](mailto:sgteam@myeloma.org)



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