



SUPPORT GROUP MONTHLY NEWSLETTER | Connecting CoMMunities!

IMF Blogs

- February 26: January and February 2026: What's New in Myeloma? [Read here](#)
- February 19: From MGUS to Multiple Myeloma Remission [Read here](#)
- February 12: Dr. Joseph Mikhael's Top 10 Myeloma Abstracts from ASH 2025 [Read here](#)
- February 5: FAQ: The Updated ASCO Living Guideline for Multiple Myeloma [Read here](#)

Myeloma News and Updates

- The IMF Invites the Myeloma Community to Demonstrate the Spirit of #MoreThanMyeloma for 2026 Myeloma Action Month [Read here](#)
- FDA Accepts New Drug Application for Iberdomide as Treatment for RRMM [Read here](#)
- Myeloma News from the Journals: February [Read here](#)

IMF Seminars, Webinars, Workshops and Events

- March 10: Living Well Webinar: Movement for Myeloma Patients and Care Partners [Register Now](#)
- March 13: In-Person Patient and Family Seminar 2026 — Boca Raton, FL [Register Now](#)
- March 14: Facebook Live: Drs. Mikhael & Alsina Answer Your Myeloma Questions [Join Here](#)
- March 20: Dr. Mikhael at Massey Cancer Center/VCU's "Facts & Faith Fridays" Webinar [Join Here](#)
- March 21: Miracles for Myeloma Virtual/In-Person 5k Run/Walk— Los Angeles, CA [Register Now](#)
- March 25: Facebook Live: Dr. Sagar Lonial Answers Your Myeloma Questions [Join Here](#)
- March 28: In-Person Myeloma Community Workshop 2026 — Kansas City, MO [Register Now](#)
- April 25: In-Person Myeloma Community Workshop 2026 — Minneapolis, MN [Register Now](#)
- May 1: In-Person Patient and Family Seminar 2026 — Cleveland, OH [Register Now](#)
- June 27: In-Person Myeloma Community Workshop 2026 — Detroit, MI [Register Now](#)
- August 1: In-Person Myeloma Community Workshop 2026 — Salt Lake City, UT [Register Now](#)
- September 19: In-Person Myeloma Community Workshop 2026 — Portland, OR [Register Now](#)
- October 24: In-Person Myeloma Community Workshop 2026 — San Diego, CA [Register Now](#)
- November 14: In-Person Myeloma Community Workshop 2026 — Phoenix, AZ [Register Now](#)

IMF Videos, Podcasts, Modules & Replays

- ASH 2025 Myeloma Update: Bispecific Antibodies & 3-Year Remission Data [Watch Here](#)
- Top 5 CAR T-cell Therapy Breakthroughs from ASH 2025 [Watch Here](#)
- What Is Multiple Myeloma? Explained Clearly for Those Who Are Newly Diagnosed [Watch Here](#)

IMF Resources & New/Updated Publications

- Understanding Series: Stem Cell Transplant in Myeloma updated March 2026 [Read here](#), Isa-VRd Regimen for Newly Diagnosed Myeloma updated February 2026 [Read here](#), Xpovio updated February 2026 [Read here](#), Tecvayli updated January 2026 [Read here](#)
- Patient Handbook for Multiple Myeloma – Updated November 2025 [Read here](#)



IMF Resources & New/Updated Publications Continued

- IMF Resource Library [Learn more](#) | Myeloma Terms and Definitions [Read here](#) | Tip Cards [Read here](#)
- Multiple Myeloma Medications [Read here](#) | Guide to Myeloma Drug Names [Read here](#)
- Clinical Trial Fact Sheets [Read here](#) | ABBV-383 [Read here](#) | K36 [Read here](#)
- Other Resources & Assistance for Caregiving in Myeloma [Read here](#)

Myeloma Action Month (MAM) 2026

Please continue to support our call to action to **Light the World Red** in support of myeloma awareness. Now is a great time to engage your support group members with this initiative. [Learn more](#)

Please see attached special edition Myeloma Action Month Newsletter

Support Group Meeting Topics & Virtual Speaker Availability Inquire: sgteam@myeloma.org

Johnson&Johnson



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