

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP
VIRTUAL MEETING RECAP FOR NOVEMBER 5, 2025

There were 28 members at this virtual meeting, and we welcomed one new member.

Special Guest: Dr. Petar Hinic, board certified oral and maxillofacial surgeon offering a wide range of oral surgery services to his patients in Summit, NJ. Dr. Hinic spoke to the group about ONJ, Osteonecrosis of the jaw. "Osteonecrosis of the jaw (ONJ) is an uncommon condition, the cause is not entirely known. It involves the loss or breakdown of a small segment of the jawbone. It can be a serious condition, causing pain that is difficult to treat. Bisphosphonates are used to treat bone disease in myeloma and other cancers and studies suggest that treatment with bisphosphonates increases the risk of ONJ occurring." This is a common concern of many MM patients taking bisphosphonates, especially if they are experiencing jaw/tooth pain.

- ONJ is now called MRONJ – Medication-Related Osteonecrosis of the Jaw
- Attached is the “Position Paper” that Dr. Hinic based his slide presentation upon.
- Should you have any dental concerns that cannot be addressed by your dentist, especially if you are currently on or have been on Bisphosphonates for bone strengthening, please feel free to contact Dr. Hinic

- Address: 155 Summit Ave, Summit, NJ 07901
- Phone: (908) 273-5451

News:

- FDA Approves Labeling Changes that Include a Boxed Warning for Immune Effector Cell-associated Enterocolitis Following Treatment with Ciltacabtagene Autoleucel (CARVYKTI, Janssen Biotech, Inc.)
 - <https://www.fda.gov/safety/medical-product-safety-information/fda-approves-labeling-changes-include-boxed-warning-immune-effector-cell-associated-enterocolitis>
- FDA Approves Blenrep Plus Velcade/Dexamethasone For R/R Multiple Myeloma
- FDA Fast Tracks HDP-101 For Multiple Myeloma
- Arlo-Cel Delivers High, Durable Responses With Manageable Safety in R/R Myeloma
 - Targets the GPRC5d protein on MM cells
- FDA Approves 2 Biosimilars for Osteoporosis and Cancer-Related Bone Disease
 - Enoby and Xtrenbo are FDA-approved denosumab biosimilars for all indications of Prolia and Xgeva, respectively.
- The 67th ASH Annual Meeting and Exposition will take place December 6-9, 2025, in Orlando, Florida, and online
- World Trade Center Dust Tied to Genetic Mutations Behind Blood Cancers

- <https://www.bloodcancerstoday.com/post/world-trade-center-dust-tied-to-genetic-mutations-behind-blood-cancers>

Upcoming Events:

International Myeloma Foundation

<https://www.myeloma.org/>

- Apply as a Cyclist for the 2026 Iceland Cycling Expedition
- **Register for the IMF Virtual Myeloma Community Workshop (MCW): “What’s the ‘Right’ Answer? – Controversies in Myeloma”**
 - **Monday, November 17 @ 6:00 pm ET**
- **Supplemental Myeloma Support Groups**
 - **Multiple Myeloma Care Partner Support Group (virtual)**
 - **November 13 @ 7:00 pm ET**
 - **Las Voces de Mieloma**
 - **November 18 @ 1:00 pm ET**
 - **Living Solo and Strong with Myeloma**
 - **December 2 @ 6:00 pm ET**
 - **Living Well with High Risk Multiple Myeloma**
 - **Meets 3rd Thursday of each month, alternating daytime/evening hours. Odd months, 12:00 pm ET, even months 7:00 pm ET. Next meeting November 20 @ 12:00 pm ET**
 - **MGUS 4 US**
 - **Please email Emily Gordon at erg2172@cumc.columbia.edu if you have questions or for meeting information**

- **Smolder Bolder**
 - **November 10 @ 7:30-9:30 pm ET**
- **Strength Through Inspiration: A Virtual Support Group for Multiple Myeloma Patients & Caregivers who have Young Children (every other month)**
 - **November 11 @ 8:00-9:00 pm ET**
- **The Veterans with Myeloma Special Interest Group (Virtual)**
 - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails please reach out to veterans@IMFsupport.org or visit our webpage at veterans.support.myeloma.org.**
 - **November 26 @ 5:00 pm EDT**
- **IMF Virtual Myeloma Community Workshop (MCW): “What’s the ‘Right’ Answer? – Controversies in Myeloma”**
 - **Monday, November 17 @ 6:00 pm ET**
 - **Facebook Live**
 - **Join Us LIVE from the 2025 American Society of Hematology (ASH) Meeting**
 - **December 8 @ 8:00 pm ET**

The Multiple Myeloma Research Foundation

<https://themmrf.org/>

- **Navigating Clinical Trials**
 - **Nov 19 @ 5:00 pm ET**
 - **Dr. Joshua Richter, Mt. Sinai and Dr. Noa Biran Hackensack Medical Center**

Support Group News:

- In-person support group meeting Wednesday, November 12
5:30-7:15 pm ET at Steeplechase Cancer Center, Somerville
 - Separate email with additional information sent 11/4/25
- Holiday donations
 - A great alternative for holiday gifts to family and friends is a donation to great myeloma causes
 - Miracles for Myeloma
 - Donations accepted until December 28th
 - <https://fundraise.myeloma.org/event/miracles-for-myeloma-virtual-in-person-5k-run-walk-clark-nj/e640168>
 - Central NJ MM Support Group
 - Make your check payable to the IMF, International Myeloma Foundation, put “Central NJ MM Support Group” in the memo, and mail to the IMF
 - Please let us know if you have sent in a donation for the group, so that we can thank you and monitor that it is appropriately earmarked for the group. The monies in the support group budget, which is held by the International Myeloma Foundation, has allowed us to fund the refreshments at the Somerset Patriots Ballgame, and in the past funded our support group get-together.
 - International Myeloma Foundation
 - Mail in a check or hit the “donate” button

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP
VIRTUAL MEETING RECAP FOR NOVEMBER 5, 2025
INFORMATIONAL MYELOMA LINKS

FDA

- **FDA Approves Labeling Changes that Include a Boxed Warning for Immune Effector Cell-associated Enterocolitis Following Treatment with Ciltacabtagene Autoleucel (CARVYKTI, Janssen Biotech, Inc.)**
 - <https://www.fda.gov/safety/medical-product-safety-information/fda-approves-labeling-changes-include-boxed-warning-immune-effector-cell-associated-enterocolitis>

International Myeloma Foundation

<https://www.myeloma.org/>

- The International Myeloma Foundation Mourns the Loss of Founder, Dr. Brian G.M. Durie
 - Honoring the Legacy of Brian G.M. Durie, MD
- U.S. FDA Approves Blenrep for the Treatment of Relapsed/Refractory Multiple Myeloma
- The 2025 IMF Iceland Cycling Expedition Journal: A Challenging but Inspiring Journey Toward a Cure
- **Apply as a Cyclist for the 2026 Iceland Cycling Expedition**

- **Register for the IMF Virtual Myeloma Community Workshop (MCW): “What’s the ‘Right’ Answer? – Controversies in Myeloma”**
 - **Monday, November 17 @ 6:00 pm ET**
- The International Myeloma Foundation Welcomes Heather Cooper Ortner as New President & CEO
- November is National Caregivers Month; whether a spouse, partner, child, parent, or friend, the work they do is very important. The IMF wants care partners to know that we are here for you
 - Myeloma Care Partner Support and Resources
 - <https://www.myeloma.org/caregivers-or-care-partners-myeloma-patients>
- **Supplemental Myeloma Support Groups**
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 - **November 26 @ 5:00 pm EDT**

News

- The Global Myeloma Community Mourns the Passing of IMF Co-Founder Dr. Brian G.M. Durie
- Dr. James Chim to Receive Asian Myeloma Network Distinguished Service Award at the 9th AMN Summit in Nagoya
- Compared to Standard of Care: Phase 3 MajesTEC-3 study reveals TECVAYLI® plus DARZALEX FASPRO® combination significantly improves PFS and overall survival
- October 2025 – Myeloma News from the Journals
- U.S. FDA Approves Blenrep for the Treatment of Relapsed/Refractory Multiple Myeloma

Events

- **IMF Virtual Myeloma Community Workshop (MCW): “What’s the ‘Right’ Answer? – Controversies in Myeloma”**
 - **Monday, November 17 @ 6:00 pm ET**

Blogs

- 2025 Patient and Family Seminar - LA: Top Takeaways on U.S. Policy Updates and IMF Advocacy Priorities
- In Memoriam: Dr. Brian G.M. Durie's Words of Wisdom
- 2025 IMF Iceland Cycling Expedition Snapshots: A Challenging But Inspiring Journey Toward a Cure
- September and October 2025: What's New in Myeloma?

IMF Videos

- ASCO/EHA
- ASH
- Ask Dr. Durie
- Black Swan Research Initiative
- **Community Workshops**
 - **IMF Virtual Myeloma Community Workshop (MCW): “What’s the ‘Right’ Answer? – Controversies in Myeloma”**
 - **Monday, November 17 @ 6:00 pm ET**
- Emerging Therapies
 - IMS Highlights: Frontline Wins, High-Risk Insights, and What’s Next in Myeloma | Part 1 of 2
 - High-Risk Smoldering Myeloma & New Frontline Treatments: What Patients Need to Know | IMS Part 2 of 2
- **Facebook Live**
 - **Join Us LIVE from the 2025 American Society of Hematology (ASH) Meeting**
 - **December 8 @ 8:00 pm ET**
- Health Equity
- IMF History
- IMWG
- Inspirational

- Joan's Myeloma Journey | Clinical Trials, Family Support, and Living with Myeloma
 - 25 Years With Multiple Myeloma: Michael & Robin Tuohy's Journey of Hope and Resilience
- Living Well With Myeloma
- Myeloma Made Simple
- Myeloma University
- NLB Webcasts
- Patient and Family Webinars
- Regional Community Workshops
- Treatments
- Emerging Therapies
- What is Multiple Myeloma
 - Newly Diagnosed
 - Tests and Staging
 - Treatment
- Publications and Broadcasts
 - IMF Publications
 - IMF Broadcasts
 - Healthcare Professional Resource
- Resources and Support
 - IMF Support Network
 - Diversity, Equity, Inclusion
 - **External Resources**
 - **Drug Reimbursement Information and Assistance**
 - **Financial Assistance**
 - **Government Assistance**
 - **Guidance and Support**
 - **Housing and Travel Assistance**
 - **International Support**

- **Legal Assistance**
 - **Pain Management**
 - **Transplant Resources**
 - **Other Cancer Resources**
- Veterans Against Myeloma
 - <https://www.myeloma.org/veterans-against-myeloma>
- M-Power
- **IMF's Infoline**
 - <https://www.myeloma.org/infoline>
- 800-452 CURE (2873)**
 - **Email: infoline@myeloma.org**
- IMF Medical Research
 - Black Swan Research Initiative
 - International Myeloma Working Group
 - Asian Myeloma Network
 - Road to the Cure
- Nurse Leadership Board
 - Nurse Leadership Board Members
 - Nurse Leadership Board Publications
 - Nursing Resources

Multiple Myeloma Research Foundation

<https://themmrf.org/>

- Blogs
 - Why the Myeloma Investment Fund Is More Important Than Ever
 - **Blenrep Approved: What This Means for the Myeloma Community**

- How “Horizon Two” Will Break New Ground in High-Risk Myeloma: A Q&A with Sham Mailankody, MD
- Press Release
 - Multiple Myeloma Research Foundation® (MMRF) Announces New Data from Flagship Research Initiatives at the 22nd International Myeloma Society Annual Meeting
- Navigating Diagnosis & Treatment
- Understanding Multiple Myeloma
- Navigating Diagnosis & Treatment
- Finding Support
- Patient Navigation Center
- Myeloma Mentors
- Education Resource Hub
 - Videos
 - **Events**
 - **Navigating Clinical Trials**
 - **Nov 19 @ 5:00 pm ET**
 - **Dr. Joshua Richter, Mt. Sinai and Dr. Noa Biran Hackensack Medical Center**
 - New Myeloma Downloadable Fast Fact Cards
 - MMRF Patient Toolkit
- Resources on Demand
- Videos

- Patient Summit at UT Southwestern Simmons Cancer Center
- Highlights From the 2025 International Myeloma Society Annual Meeting
- Finding a Cure
- Patient Navigation Center
 - **Monday–Friday, 9 AM–7 PM ET 1-888-841-MMRF (6673)**
 - Information and Resources
 - Perspective on Treatments
 - Support
 - Get on the Right Path for You
 - Right Team
 - Right Tests
 - Right Treatment
 - Meet the Patient Navigators
 - Connect with a Myeloma Mentor

Myeloma Matters – MMRF Podcast

<https://www.youtube.com/playlist?list=PL6YqSpftWXYZht7lBSsLFkyvKsWAZSGq4>

- Great Topics!

HeathTree Foundation for Multiple Myeloma

<https://healthtree.org/>

- Education
 - News Articles
 - Conference Updates
- Educational Resources

- University
- Patient Guides
- Expert Webinars
 - Many upcoming interesting webinars
- Learn from Specialists
 - Find a Specialist
 - Podcasts
 - HealthTree Roundtables
- Additional Resources
 - Myeloma 101
 - Newly Diagnosed Guide
 - Financial Resources
 - Medications
 - Understanding Labs
- Community
 - Join the Conversation
 - Connect
 - Join a social platform specifically for Multiple Myeloma
 - Patient-to-Patient Connections
 - Coach
 - Find a personal coach to help navigate your Myeloma
 - Moves
 - Tackle challenges and crush your fitness goals together
 - Community Events
 - All Events
 - Join Educational Groups

- Attend Topic Based Events to Further Your Cancer Education
 - Community Support Groups
 - Black and Hispanic Support
 - Black Myeloma Health
 - Resources in Spanish
 - Cure Hub
 - Join Cure Hub
 - Track Your Disease
 - Connect Medical Records
 - See Tracked Labs
 - Record Side Effects
 - Find the Best Treatments
 - Treatment Options
 - Clinical Trial Finder
 - Twin Machine
 - Find Support
 - Find Side Effect Solutions
 - My Journal
 - Journal Your Multiple Myeloma Story
 - Register for Cure Tour

HealthTree University – YouTube

<https://www.youtube.com/c/HealthTreeUniversity>

- Bispecific NK Cell Engagers for Myeloma | Katja Klausz, PhD and Dorothee Winterberg, PhD
 - <https://www.youtube.com/watch?v=5lnTpNOU8yQ>

- 3-Year Bispecific Antibody Real World Experience Study | Jay Hydren, PhD, CSCS
 - <https://www.youtube.com/watch?v=SJFt1FHZO9s>
- Allogeneic CAR-T Therapy: Understanding This New Approach in Myeloma Immunotherapy
 - <https://www.youtube.com/watch?v=r380qk-WLjM>
- Durable Remission After Limited Bispecific Antibody Use in RRMM | Meera Mohan, MD
 - <https://www.youtube.com/watch?v=NmTxJjwovE0>
- Why Bispecific Antibodies Raise Infection Risk—and What Can Be Done About It
 - <https://www.youtube.com/watch?v=lvc1LGdGBZE>
- IMS (International Myeloma Society) 2025
 - <https://www.youtube.com/playlist?list=PLJlQreXXYN7KrbB3v-s-vHv4CQKMPf-yZ>
- Deletion 17p in Myeloma: Key Facts You Should Know - del (17p)
 - https://www.youtube.com/watch?v=3P_l7TIQKhA
- All About CARVYKTI (Ciltacabtagene Autoleucel), a Myeloma BCMA CAR T-Cell Therapy - Updated 2025
 - <https://www.youtube.com/watch?v=pikHmqW0JO8>
- Genetics- Chromosomal and Gene Abnormalities in Myeloma
 - <https://www.youtube.com/playlist?list=PLJlQreXXYN7L0pArMzGJe996he9Vs0MkO>
- What's Next After Revlimid? Treatment Options for First Relapse Myeloma
 - <https://www.youtube.com/watch?v=K4deLJ0R1Jc>
- Relapsed & Refractory Myeloma: When Is CAR-T Therapy the Right Choice?
 - <https://www.youtube.com/watch?v=2AVTnGa4jzk>

- Staying Safe After Auto Transplant: Your Guide to Home Life, Pets, and Everyday Activities
 - <https://www.youtube.com/watch?v=3x2zueOgHSQ>
- MGUS and Beyond - Unlocking the Mysteries of Progression | Adeel Khan, MD
 - <https://www.youtube.com/watch?v=Up8GPPqkYi4>
- IMS 2025 Highlight: Myeloma Treatment Is Changing Fast | Mohamad Mohty, MD, PhD
 - https://www.youtube.com/watch?v=cXMi0rmFbzI&list=P_LJlQreXXYN7KrbB3v-s-vHv4CQKMPf-yZ&index=14
- CAR T Therapy in Myeloma - Inside the Revolution | Krina Patel, MD
 - <https://www.youtube.com/watch?v=TG8f81cE-og>

SparkCures

<https://sparkcures.com/>

- Myeloma Support...Personalized.
- “Whether it's clinical trials, treatments or finding a myeloma specialist, we help you understand your myeloma options”
- 888-828-2206
- Now featuring trial options for MDS (Myelodysplastic Syndromes) and NTRK Gene Fusion Cancers

Myeloma Central

<https://www.myelomacentral.com/>

- Standing in the Gaap
 - Resources for African Americans
- Multiple Myeloma Resources for Nurses

Cure

<https://www.curetoday.com/tumor/myeloma>

- Latest News
 - FDA Approves Blenrep Plus Velcade/Dexamethasone For R/R Multiple Myeloma
 - FDA Fast Tracks HDP-101 For Multiple Myeloma
 - Stage 1 Multiple Myeloma Treatment Options and Side Effect Management
 - The Importance of Awareness and Self-Advocacy in Multiple Myeloma
- Video Series
- Video Interviews
- Podcasts
- More News
 - New Drug Combo Shows Deeper Responses in Multiple Myeloma
 - Tecvayli Plus Darzalex Shows Strong Results in Newly Diagnosed Myeloma
 - Beyond the Diagnosis: A Stage-by-Stage Guide to Multiple Myeloma Treatment

Cure – Cancer Horizons

<https://www.curetoday.com/cancer-horizons/myeloma>

- Choose “Myeloma”
 - Understanding the Use of Bispecific Antibodies in Multiple Myeloma

- Communication is Key When Transitioning Multiple Myeloma Care
- What Is CAR-T Cell Therapy, and What Can Patients With Cancer Expect?

Cure Talks

<https://www.curetalks.com/>

The Human Stories & Hidden Heroes Behind CAR-T Breakthrough

OncLive/OncLive Videos

<https://www.onclive.com/clinical/multiple-myeloma>

Choose “Myeloma”

- Latest News
 - FDA Approves Belantamab Mafodotin Plus Bortezomib and Dexamethasone for R/R Multiple Myeloma
 - Arlo-Cel Delivers High, Durable Responses With Manageable Safety in R/R Myeloma
 - Teclistamab Plus Daratumumab Boosts Survival in R/R Myeloma
- Video Series
- Latest Videos
- Shorts
- Podcasts
- More News
 - Teclistamab-Based Induction Regimens Deepen Responses in Newly Diagnosed Multiple Myeloma

- CELMoDs Could Augment T-Cell Redirection Therapies for Prolonged Remission in R/R Myeloma
- Removal of REMS Requirements Could Help Streamline CAR T-Cell Therapy Access in Hematologic Cancer Care
- Daratumumab/Lenalidomide With Limited Dexamethasone Displays Feasibility in Older/Frail Newly Diagnosed Myeloma
- Linvoseltamab Demonstrates Potential for Early Intervention in High-Risk Smoldering Multiple Myeloma
- FDA Approves 2 Biosimilars for Osteoporosis and Cancer-Related Bone Disease

Multiple Myeloma Hub

<https://multiplemyelomahub.com/>

- News
 - Outcomes with novel CELMoD agents for multiple myeloma
 - MagnetisMM-3: Impact of reduced elranatamab dosing frequency on PROs in RRMM
 - FDA approves belantamab mafodotin in combination with Vd for the treatment of RRMM
 - Infection risk in patients with smoldering MM
- Recent Content
 - Clinical experience with belantamab mafodotin: Management strategies for ocular toxicity
 - MIDAS: MRD-driven strategy after Isa-KRd induction in newly diagnosed ASCT-eligible MM
 - IMS-IMWG recommended Consensus Genomic Staging of high-risk MM

- BELLINI trial survival analysis: Venetoclax vs placebo in RRMM
- Most Read
 - How might the clinical development of CELMoDs impact the treatment paradigm for MM?
 - What combination regimens including BiTEs are being evaluated for the treatment of RRMM?
- Multiple Myeloma Hub Symposiums
- Steering Committee Meetings
- Drug Updates

Multiple Myeloma Hub Podcast

<https://podcasts.apple.com/tz/podcast/multiple-myeloma-hub/id1513939744>

- Clinical Experience With Belantamab Mafodotin: Management Strategies for Ocular Toxicities
- MIDAS: MRD-Driven Strategy After Isa/KRd Induction in ND ASCT-Eligible MM
- How Might the Clinical Development of CELMoDs Impact the Treatment Paradigm for MM

Patient Power

<https://www.patientpower.info/multiple-myeloma>

American Society of Hematology (ASH)

<https://www.hematology.org/>

- **The 67th ASH Annual Meeting and Exposition will take place December 6-9, 2025, in Orlando, Florida, and online**

ASH Clinicals News

- Quadruplet Induction Therapy for MM Achieves High Rate of MRD Negativity in MIDAS Trial
 - <https://ashpublications.org/ashclinicalnews/news/8738/Quadruplet-Induction-Therapy-for-MM-Achieves-High>

The ASCO Post

<https://ascopost.com/search-results/?q=myeloma>

- **FDA Approves Belantamab Mafodotin for Relapsed or Refractory Multiple Myeloma**
- **Lisaftoclax Regimens Effective in Plasma Cell Disorders**

Blood

<https://ashpublications.org/blood>

- **Mel200 or BuMel conditioning in myeloma: is there a winner?**
 - <https://ashpublications.org/blood/article/146/15/1741/547571/Mel200-or-BuMel-conditioning-in-myeloma-is-there-a>
- **Designing a strong bridge to CAR-T cells with bispecifics**
 - <https://ashpublications.org/blood/article/146/17/2012/547800/Designing-a-strong-bridge-to-CAR-T-cells-with>
- **Sequential targeting in multiple myeloma: talquetamab, a GPRC5D bispecific antibody, as a bridge to BCMA CAR-T therapy**

- <https://ashpublications.org/blood/article-abstract/146/17/2063/546455/Sequential-targeting-in-multiple-myeloma>

Blood Cancer Talks - Podcast

<https://podcasts.apple.com/us/podcast/blood-cancer-talks/id1633724992>

- Episode 66. International Myeloma Society 2025 Annual Meeting Updates with Dr. Alfred Garfall: The Bispecific Bonanza

The Patient Story

<https://thepatientstory.com/patient-stories/multiple-myeloma/>

Targeted Oncology

<https://www.targetedonc.com/clinical/multiple-myeloma-rc>

- Latest News
 - Iberdomide Triplet Regimen Signals Deep Responses in Multiple Myeloma
 - **After Setbacks, FDA Approves Belantamab Mafodotin Combo in Myeloma**
 - **Novel ADC Pamlectabart Tismanitin Earns FDA Fast Track for Myeloma Treatment**
 - Teclistamab Combos Are Encouraging in Frontline Myeloma

- BCMA CAR T Access Disparities Persist Among Racial/Ethnic Minority Patients With Myeloma
- Video Series
- Latest Videos
- Shorts
- Podcasts
- More News
 - Cevostamab Delivers on Antitumor Activity in Multiple Myeloma
 - CAR T Deepens Myeloma Response Over Time, Could Overcome High Risk
 - Dara/Lenalidomide Boosts Sustained MRD-Negativity Post-Transplant in MM
 - Dara-Based Regimens Benefit Patients With NDMM Irrespective of Frailty
 - Iberdomide Holds Promise in Phase 3 R/R Myeloma Trial

Cancernetwork

<https://www.cancernetwork.com/>

- “Cancer Focus – choose myeloma”
- Latest News
 - FDA Approves Belantamab Mafodotin in R/R Multiple Myeloma
 - HDP-101 Receives FDA Fast Track Designation in Multiple Myeloma
 - Venetoclax Combo Achieves Mixed Results in Relapsed/Refractory Multiple Myeloma

- Bridging Radiotherapy Prior to CAR T May Be Safe in R/R Multiple Myeloma
- Video Series
- Video Interviews
- Shorts
- Podcasts
- More news
 - Advice for the Patient Starting Treatment With Talquetamab
 - Managing Taste Changes and Weight Loss During Talquetamab Treatment
 - Practical Tips for Managing Nail and Skin Changes While Receiving Talquetamab
 - Developing a System-Wide Protocol for Talquetamab Toxicity Management
 - Real-World Efficacy and Safety Protocols for Bispecific Antibodies
 - Sequencing Strategies and Patient Selection for Bispecific Antibodies in RRMM
 - Extending Talquetamab Education Beyond the Hospital
 - Antiemetic Regimen Limits Chemo-Induced Nausea/Vomiting in Multiple Myeloma
 - Many other great articles!!

Patient Empowerment Network

<https://powerfulpatients.org/help-by-cancer-diagnosis/multiple-myeloma/>

Managing Myeloma

<https://managingmyeloma.com/>

- Many great articles!

Smart Patients

<https://www.smartpatients.com/>

Blood Cancers Today

<https://www.bloodcancerstoday.com/page/myeloma>

- From Network to Impact: Advancing Outpatient CAR-T in Local Oncology Practices
 - <https://www.bloodcancerstoday.com/post/from-network-to-impact-advancing-outpatient-car-t-in-local-oncology-practices>
- Novel SWIFT-Seq Blood Test Transforms Multiple Myeloma Diagnosis and Prognosis
 - <https://www.bloodcancerstoday.com/post/novel-swift-seq-blood-test-transforms-multiple-myeloma-diagnosis-and-prognosis>
- Under the Hood: Exploring the Genomic Engines of Smoldering Myeloma
 - <https://www.bloodcancerstoday.com/podcast/under-the-hood-exploring-the-genomic-engines-of-smoldering-myeloma>
- Longer Survival With Better Quality of Life: CAR-T for Multiple Myeloma

- <https://www.bloodcancerstoday.com/post/longer-survival-with-better-quality-of-life-car-t-for-multiple-myeloma>
- Nutritional Epidemiology in Blood Cancers: Science or Speculation?
 - <https://www.bloodcancerstoday.com/post/nutritional-epidemiology-in-blood-cancers-science-or-speculation>
- **World Trade Center Dust Tied to Genetic Mutations Behind Blood Cancers**
 - <https://www.bloodcancerstoday.com/post/world-trade-center-dust-tied-to-genetic-mutations-behind-blood-cancers>
- 5 Things to Revisit Amid the FDA Nod for Belantamab Mafodotin Plus BVd in RRMM
 - <https://www.bloodcancerstoday.com/post/belantamab-mafodotin-combination-gains-fda-nod-for-relapsed-or-refractory-multiple-myeloma>
- Frontline Multiple Myeloma Daratumumab Carries Elevated Safety Risk, Analysis Finds
 - <https://www.bloodcancerstoday.com/post/frontline-multiple-myeloma-daratumumab-carries-elevated-safety-risk-analysis-finds>
- Isatuximab-Based Regimens Show Clinical Benefit, Increased Adverse Events in Relapsed or Refractory Myeloma
 - <https://www.bloodcancerstoday.com/post/isatuximab-based-regimens-show-clinical-benefit-increased-adverse-events-in-relapsed-or-refractory-myeloma>

Many other great articles

HemOnc Pulse (Podcast)

<https://www.bloodcancerstoday.com/page/the-hemonc-pulse>

- Many great podcasts on Myeloma

Blood & Marrow Transplant Information Network

<https://bmtinfonet.org/>

- “Blood & Marrow Transplant Information Network (BMT InfoNet) is not-for-profit 501 (c) 3 organization dedicated to providing transplant and CAR T-cell therapy recipients and their loved ones with emotional support and high quality, easy-to-understand information about bone marrow, peripheral blood stem cell and cord blood transplant, and CAR T-cell therapy.”

Blood Cancer United (formerly LLS)

<https://bloodcancerunited.org/>

- The Bloodline with Blood Cancer United Podcast
<https://thebloodline.org/>
- Podcast
 - MRD Explained: What it Means for You and Your Care
- November is Caregiver Month
 - Resources for blood cancer caregivers
- **Weekly Online Chat:**
 - **Veterans Living with Blood Cancer**
 - **Every Tuesday Evening @ 8:00-10:00pm EDT**
 - **Online Chat for Caregivers:**

- **Every Thursday Evening @ 8:00-10:00 pm EDT**
- **Online Chat Living with Myeloma:**
 - **Every Monday Evening @ 8:00-10:00 pm EDT**
- **Online Chat for Patients and Caregivers - Banding Together: Feeling Good Fridays**
 - **Every Friday @ 1:00-3:00 pm EDT**

Visit <https://bloodcancerunited.org/resources/patients/online-chats>

to register for the Chat you would like to attend***

- **About Us**
 - About Blood Cancer United
 - Featured Programs
 - Partners and Suppliers
 - Stories and News
- **Financial Assistance**
 - Financial Support
 - Additional Financial Assistance
 - Claims
- **Local Groups**
 - Find your Region
- **Blood Cancers**
 - Types of Blood Cancer
- **Navigating Your Care**
 - Adults
 - Young Adults
 - Children and Teens
- **Resources**
 - Patient Resources
 - Caregiver Resources

- Healthcare and Professional Resources
- Educational Resources
- Support Resources
 - Blood Cancer Information Specialist
 - 1-800-955-4572
 - Clinical Trial Nurse Navigators
 - Registered Dietitian
- Newsroom

Oncology Nursing News

<https://www.oncnursingnews.com/clinical/multiple-myeloma>

- Latest News
 - GPRC5D CAR T Shows Safety, Efficacy in Pretreated R/R Multiple Myeloma
- Video Series
- Video Interviews
- Podcasts
- More News

Nature

<https://www.nature.com/search?q=myeloma&journal=>

VJHemonc (Video Journal of Oncology)

<https://www.vjhemonc.com/subject/multiple-myeloma/>

- VJ Hemonc welcomes Dr. Francesco Maura, MSK...listen to his interviews here
 - <https://www.vjhemonc.com/speaker/francesco-maura/>

The Multiple Myeloma Channel (Great information)

- Latest Videos
- Myeloma Sessions
- Conferences
- Topics
- Podcasts
- Features
- VJ today

Triage Cancer

<https://tragecancer.org/>

- Events
- Resources
- Materials
- Support

X

- Dr. Joseph Mikhael - "Do you 'watch and wait' when there's a plasmacytoma?"
 - <https://x.com/IMFmyeloma/status/1978432600411709474>
- Dr. Joseph Mikhael - "Can new treatments get approved faster?"
 - <https://x.com/IMFmyeloma/status/1978556774685810926>

- Dr. Joseph Mikhael - "Can you get CAR T-cell therapy after a stem cell transplant?"
 - <https://x.com/IMFmyeloma/status/1978823043439882669>
- Dr. Joseph Mikhael - Can you drive 2 'CARs' at the same time?
 - <https://x.com/IMFmyeloma/status/1983204340706726058>

IMSound (International Myeloma Society Audio Short Series)

<https://www.myelomasociety.org/imsound/>

- “IMSound, the latest audio series from the International Myeloma Society! Each episode brings insights from top experts on crucial issues in the myeloma community”

Oncology Central

<https://www.oncology-central.com/?s=myeloma>

- Interesting Articles

KFF Health News

- Better Treatments Buoy Multiple-Myeloma Patients, Bound by Research Cuts and Racial Disparities
 - <https://kffhealthnews.org/news/article/multiple-myeloma-patients-treatment-research-cuts-racial-disparities/>