



## **SUPPORT GROUP MONTHLY NEWSLETTER | Connecting CoMMunities!**

### **IMF Blogs**

- December 18: November and December 2025: What's New in Myeloma? [Read here](#)
- December 15: Understanding MGUS, Smoldering Myeloma, and Active Myeloma: A Patient's Perspective from ASH 2025 [Read here](#)
- December 11: Top Takeaways from Dr. Kumar: On Smoldering Multiple Myeloma, the New Definition of High-Risk Myeloma, and the IMF & IMWG's Roles in Improving & Advancing Care [Read here](#)
- December 6: The Fast Pace of Progress in Myeloma Treatment Practice [Read here](#)
- December 5: Highlights from the Friday Satellite Symposium at ASH [Read here](#)
- December 4: Top Takeaways from the International Myeloma Society Annual Meeting [Read here](#)

### **Myeloma News and Updates**

- 2025 IMF Nurse Leadership Board Annual Meeting [Read here](#)
- U.S. FDA Grants Breakthrough Therapy Designation for Tecvayli plus Darzalex Faspro as a Second Line for Patients with Relapsed/Refractory Multiple Myeloma [Read here](#)
- IMF Medical Student Scholar for Health Equity in Myeloma Abena Prempeh Receives Prestigious 2025 ASH Abstract Achievement Award [Read here](#)
- 2025 IMF Brian D. Novis Research Grants [Read here](#)
- Myeloma News from the Journals: November [Read here](#)

### **IMF Seminars, Webinars, Workshops and Events**

- January 7: Top Myeloma Research Presented at ASH 2025: Easy-to-Understand Insights for Patients and Care Partners [Register Now](#)
- March 13: In-Person Patient and Family Seminar 2026 — Boca Raton, FL [Register Now](#)

### **IMF Videos, Podcasts, Modules & Replays**

- Myeloma in a Minute or Less: How to Manage Pain with Multiple Myeloma [Watch Here](#)
- IMWG Conference Series: Making Sense of Treatment Replay [Watch Here](#)
- Multiple Myeloma Breakthroughs and Patient Voices from ASH in Orlando [Watch Here](#)
- Can We Prevent Multiple Myeloma? | Dr. Shaji Kumar on Risk, MGUS, Early Treatment [Watch Here](#)

### **IMF Resources & New/Updated Publications**

- Immunotherapy for Myeloma Tip Card – Released December 2025 [Read here](#)
- What is Myeloma Tip Card – Updated November 2025 [Read here](#)
- Patient Handbook for Multiple Myeloma – Updated November 2025 [Read here](#)
- IMF Resource Library [Learn more](#) | Myeloma Terms and Definitions [Read here](#) | Tip Cards [Read here](#)
- Understanding LYNOZYFIC™ (linvoseltamab-gcpt) [Read here](#)
- Multiple Myeloma Medications [Read here](#) | Guide to Myeloma Drug Names [Read here](#)
- Clinical Trial Fact Sheets [Read here](#) | ABBV-383 [Read here](#) | K36 [Read here](#)



### ASH 2025

Advocate Perspectives from the 67th American Society of Hematology Annual Meeting. Catch up on the 2025 Myeloma Voices at ASH team [Here](#) and check out the December Patient Stories from our team [Read here](#)

### Myeloma Action Month (MAM) 2026

Please continue to support our call to action to **Light the World Red** in support of myeloma awareness. Now is a great time to engage your support group members with this initiative. [Learn more](#)

### Upcoming Advocacy Master Class

The IMF is offering to all patients and care partners the next session of the Advocacy Master Class. The Legislative Advocacy Master Class is an impressive 12-week online learning course on how to be an effective advocate. Registration for the Winter class starts now; Class will begin in early January. Email [mriotto@myeloma.org](mailto:mriotto@myeloma.org) to register and/or for more details.

### Help amplify the IMF with a Google review

Your voice can help myeloma patients find the support they need when they search online. A Google review can help patients and families discover the IMF when they need it most. Please leave a quick review [Here](#)

**IMF Fundraising Opportunities near you!** [Learn more](#)

**Support Group Meeting Topics & Virtual Speaker Availability** Inquire: [sgteam@myeloma.org](mailto:sgteam@myeloma.org)

**Johnson&Johnson**

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