

**CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP  
SEPTEMBER 10, 2025**

**VIRTUAL MEETING RECAP**

**There were 27 members at this meeting, and we welcomed 2 new members. This was an open meeting with no guest speaker.**

**IMPORTANT!! THE NEXT VIRTUAL MEETING WILL BE HELD ON OCTOBER 8, 2025 AND NOT THE 1<sup>ST</sup> DUE TO THE JEWISH HOLIDAY**

**THE NEXT IN-PERSON SUPPORT GROUP MEETING WILL BE HELD AT STEEPLECHASE CANCER CENTER, SOMERVILLE NJ, NOVEMBER 12, 2025 5:30-7:15 PM ET...MORE INFO TO FOLLOW**

**UPCOMING EVENTS:**

- International Myeloma Foundation
- <https://www.myeloma.org/>
  - **Facebook Live**
    - **Q&A with IMF Nurse Leadership Board Member Beth Faiman, PhD, MSN, APN-BC, AOCN®, BMTCN®, FAAN, FAPO**
      - **Tuesday, September 30 @ 7:00 p.m. EST**
  - **Supplemental Myeloma Support Groups**

- **Multiple Myeloma Care Partner Support Group (virtual)**
  - **October 9 @ 7:00 pm ET**
- **Las Voces de Mieloma**
  - **September 16 @ 1:00 pm ET**
- **Living Solo and Strong with Myeloma**
  - **October 7 @ 6:00 pm ET**
- **Living Well with High Risk Multiple Myeloma**
  - **Meets 3rd Thursday of each month, alternating daytime/evening hours. Odd months, 12:00 pm ET, even months 7:00 pm ET. Next meeting September 18 @ 12:00 pm ET**
- **MGUS 4 US**
  - **Please email Emily Gordon at [erg2172@cumc.columbia.edu](mailto:erg2172@cumc.columbia.edu) if you have questions or for meeting information**
  - **Smolder Bolder**
  - **September 8 @ 7:30-9:30 pm ET**
- **Strength Through Inspiration: A Virtual Support Group for Multiple Myeloma Patients & Caregivers who have Young Children (every other month)**
  - **October 14 @ 8:00-9:00 pm ET**
- **The Veterans with Myeloma Special Interest Group (Virtual)**
  - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails please reach out to**

**veterans@IMFsupport.org or visit our  
webpage at veterans.support.myeloma.org.**

- **September 24 @ 5:00 pm EDT**

- **Triage Cancer**

- <https://tragecancer.org/>

- **Webinars**

- **Open Enrollment: Close the Knowledge Gap: Key Tips for Open Enrollment**

- **September 16 @ 1:00 pm EDT**

- **Medicare: What Should I Know About Medicare - Part 1**

- **October 9 @ 1:00pm EDT**

- **Medicare: What Should I Know About Medicare- Part 2**

- **November 19 @ 1:00 pm ET**

- **MUST REGISTER**

- **Conferences**

- **Sunday October 18 @ 10:00 am-6:30pm ET**

- **MUST REGISTER**

### **Support Group News:**

- **Miracles for Myeloma 5K Run/Walk Virtual Edition**

- The Miracles for Myeloma 5k was held Saturday September 13<sup>th</sup> at Oak Ridge Park in Clark, NJ. What a beautiful day!! Not only the weather, but all the people who were there supporting or remembering someone with Myeloma. Thank you to all who supported this event! So far over \$80K has been raised!! Donations are being accepted up until December 28, 2025. What a great gift for the Holidays!! Thank you to Ron and Sheree Pask,

whose unwavering support for this event over the years has made it the success that it is. They are every bit responsible for the monies raised, the participation numbers, and the support, joy, and love that is felt that day.

- Kenya Eason, our member, has been involved with the new name and web page content of the Leukemia/Lymphoma Society. LLS is now known as “Blood Cancer United”. You can see the Blood Cancer United video, featuring Kenya here...

- [https://youtube.com/watch?v=8RiRrtm8lF8&si=OXbIPYxUk8\\_HBCSa](https://youtube.com/watch?v=8RiRrtm8lF8&si=OXbIPYxUk8_HBCSa)

- It is also featured on their home page

Kenya was also featured in an article in Time Magazine for Blood Cancer United. You can view that article here...

- [Living Fully with Blood Cancer: Stories United by Strength, Creativity, and Determination](#)

- [https://partners.time.com/partners/blood-cancer-united/beyond-the-diagnosis-the-resilience-and-passion-of-blood-cancer-warriors/?prx\\_t=TwcKAGfRzAt\\_8PA&utm\\_campaign=223866&ntv\\_ui=154936c4-28cd-49c4-a186-608d2e0e6c4a&ntv\\_ht=eZjAaAA](https://partners.time.com/partners/blood-cancer-united/beyond-the-diagnosis-the-resilience-and-passion-of-blood-cancer-warriors/?prx_t=TwcKAGfRzAt_8PA&utm_campaign=223866&ntv_ui=154936c4-28cd-49c4-a186-608d2e0e6c4a&ntv_ht=eZjAaAA)

- Somerset Patriots Ballgame

- Twenty members from the group went to the September 3 Somerset Patriots Ballgame. The special theme of the night was “Bark in the Park”, so many dogs were in attendance and paraded around the field. The Patriots won, and we almost had a foul ball hit to our seats. It was a great night. Thank you to the Somerset Patriots for the free tickets.

- The next in-person support group meeting will be held on November 12<sup>th</sup> 5:30-7:15 pm ET at Steeplechase Cancer Center in Somerville. More information to follow.

Next month's virtual guest speaker on October 8th will be Brian McMahon from Spark Cures. "Whether it's clinical trials, treatments or finding a myeloma specialist, we help you understand your myeloma options". Brian is the founder of Spark Cures and always has an interesting and informative presentation.

**CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP**  
**VIRTUAL MEETING RECAP FOR SEPTEMBER 10, 2025**  
**INFORMATIONAL MYELOMA LINKS**

**International Myeloma Foundation**

<https://www.myeloma.org/>

- Help the World #KNOWMYELOMA During Blood Cancer Awareness Month
- From Misdiagnosis to Facing a New Chapter of Life
- Congratulations to Our Brave Cyclists for Completing an Arduous Ride Across Iceland!
- **Facebook Live**

- Q&A with IMF Nurse Leadership Board Member Beth Faiman, PhD, MSN, APN-BC, AOCN®, BMTCN®, FAAN, FAPO
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- **Supplemental Myeloma Support Groups**
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  - **The Veterans with Myeloma Special Interest Group (Virtual)**
    - Meets the 4th Wednesday of the month. For more information or to sign up for group emails please

**reach out to veterans@IMFsupport.org or visit our webpage at veterans.support.myeloma.org.**

- **September 24 @ 5:00 pm EDT**

## News

- The International Myeloma Foundation Revives 'Do You #kNOwMyeloma?' for Blood Cancer Awareness Month 2025
- From Targeted Oncology: 'Dr Mikhael on the State of Myeloma Research Funding in 2025'
- From the Scope of Things Podcast: An Interview with Dr. Joseph Mikhael

## Events

- **Facebook Live**
  - **Q&A with IMF Nurse Leadership Board Member Beth Faiman, PhD, MSN, APN-BC, AOCN®, BMTCN®, FAAN, FAPO**
  - **Tuesday, September 30 @ 7:00 p.m. EST**

## Blogs

- Top Takeaways from the Facebook Live Q&A: Clinical Trials Explained
- From Misdiagnosis to Facing a New Chapter of Life

## IMF Videos

- ASCO/EHA
  - "33% of Late Relapse Myeloma Patients Disease-Free at 5 Years?" | ASCO & EHA Breakthroughs 2025
  - Early Relapsed Multiple Myeloma: What's Changing in 2025 | Research Breakthroughs from ASCO & EHA
    - <https://www.youtube.com/watch?v=vohJdzdUb7Q>

- ASH
- Ask Dr. Durie
- Black Swan Research Initiative
- Community Workshops
- Emerging Therapies
  - Early Relapsed Multiple Myeloma: What's Changing in 2025 | Research Breakthroughs from ASCO & EHA
  - Smoldering Myeloma vs. Double-Hit, Supplements & Nerve Effects | Top Myeloma Questions Answered
- **Facebook Live**
  - **Q&A with IMF Nurse Leadership Board Member Beth Faiman, PhD, MSN, APN-BC, AOCN<sup>®</sup>, BMTCN<sup>®</sup>, FAAN, FAPO**
  - **Tuesday, September 30 @ 7:00 p.m. EST**
- Health Equity
- IMF History
- IMWG
- Inspirational
- Living Well With Myeloma
- Myeloma Made Simple
- Myeloma University
- NLB Webcasts
- Patient and Family Webinars
  - Many videos from September 9th-11th 2025
- Regional Community Workshops
- Treatments
- Emerging Therapies
- What is Multiple Myeloma
  - Newly Diagnosed
  - Tests and Staging

- Treatment
- Publications and Broadcasts
  - IMF Publications
  - IMF Broadcasts
  - Healthcare Professional Resource
- Resources and Support
  - IMF Support Network
  - Diversity, Equity, Inclusion
  - **External Resources**
    - **Drug Reimbursement Information and Assistance**
    - **Financial Assistance**
    - **Government Assistance**
    - **Guidance and Support**
    - **Housing and Travel Assistance**
    - **International Support**
    - **Legal Assistance**
    - **Pain Management**
    - **Transplant Resources**
    - **Other Cancer Resources**
- Veterans Against Myeloma
  - <https://www.myeloma.org/veterans-against-myeloma>
- M-Power
- **IMF's Infoline**
  - <https://www.myeloma.org/infoline>
- 800-452 CURE (2873)**
  - **Email: [infoline@myeloma.org](mailto:infoline@myeloma.org)**
- IMF Medical Research
  - Black Swan Research Initiative
  - International Myeloma Working Group

- Asian Myeloma Network
- Road to the Cure
- Nurse Leadership Board
  - Nurse Leadership Board Members
  - Nurse Leadership Board Publications
  - Nursing Resources

## **Multiple Myeloma Research Foundation**

<https://themmrf.org/>

- Blogs
  - Carvykti (ciltacabtagene autoleucel): Expanded Options for Patients With Relapsed or Refractory Myeloma
- Press Release
- Navigating Diagnosis & Treatment
- Understanding Multiple Myeloma
- Navigating Diagnosis & Treatment
- Finding Support
- Patient Navigation Center
- Myeloma Mentors
- Education Resource Hub
  - Myeloma Matters Podcast
  - Events
  - MMRF Patient Toolkit
- Resources on Demand
- Videos

- Finding a Cure
- Patient Navigation Center
  - **Monday–Friday, 9 AM–7 PM ET 1-888-841-MMRF (6673)**
  - Information and Resources
  - Perspective on Treatments
  - Support
  - Get on the Right Path for You
    - Right Team
    - Right Tests
    - Right Treatment
  - Meet the Patient Navigators
  - Connect with a Myeloma Mentor

### **Myeloma Matters – MMRF Podcast**

<https://www.youtube.com/playlist?list=PL6YqSpftWXYZht7lBSsLFkyvKsWAZSGq4>

- Great Topics!

### **HeathTree Foundation for Multiple Myeloma**

<https://healthtree.org/>

- Education
  - News Articles
  - Conference Updates
- Educational Resources
  - University
  - Patient Guides
  - Expert Webinars

- Many upcoming interesting webinars
- Learn from Specialists
  - Find a Specialist
    - Podcasts
    - HealthTree Roundtables
- Additional Resources
  - Myeloma 101
  - Newly Diagnosed Guide
  - Financial Resources
  - Medications
  - Understanding Labs
- Community
  - Join the Conversation
    - Connect
      - Join a social platform specifically for Multiple Myeloma
  - Patient-to-Patient Connections
    - Coach
      - Find a personal coach to help navigate your Myeloma
    - Moves
      - Tackle challenges and crush your fitness goals together
  - Community Events
    - All Events
    - Join Educational Groups
      - Attend Topic Based Events to Further Your Cancer Education
    - Community Support Groups
  - Black and Hispanic Support

- Black Myeloma Health
  - Resources in Spanish
- Cure Hub
  - Join Cure Hub
  - Track Your Disease
    - Connect Medical Records
    - See Tracked Labs
    - Record Side Effects
  - Find the Best Treatments
    - Treatment Options
    - Clinical Trial Finder
    - Twin Machine
  - Find Support
    - Find Side Effect Solutions
    - My Journal
      - Journal Your Multiple Myeloma Story
    - Register for Cure Tour

## **HealthTree University – YouTube**

<https://www.youtube.com/c/HealthTreeUniversity>

## **SparkCures**

<https://sparkcures.com/>

- Myeloma Support...Personalized.
- “Whether it's clinical trials, treatments or finding a myeloma specialist, we help you understand your myeloma options”
- 888-828-2206

- Now featuring trial options for MDS (Myelodysplastic Syndromes) and NTRK Gene Fusion Cancers

## **Myeloma Central**

<https://www.myelomacentral.com/>

- Standing in the Gaap
  - Resources for African Americans
- Multiple Myeloma Resources for Nurses

## **Cure**

<https://www.curetoday.com/tumor/myeloma>

- Latest News
  - Subcutaneous Darzalex Faspro Extends PFS in Smoldering Myeloma
  - What Does Multiple Myeloma Mean?
  - FDA Gives Complete Response Letter for Darzalex Faspro Quadruplet Regimen
- Video Series
- Video Interviews
- Podcasts
- More News
  - Patients and Caregivers Aim to Raise Funds for Myeloma Research

## **Cure – Cancer Horizons**

<https://www.curetoday.com/cancer-horizons/myeloma>

## **CureTalks**

<https://www.youtube.com/@CureTalks/search?query=myeloma>

## **OncLive/OncLive Videos**

<https://www.onclive.com/>

- Search “Myeloma”
  - Expert-Backed Roadmap Guides Outpatient Bispecific Antibody Use in Myeloma

Many other great articles and videos!

## **Multiple Myeloma Hub**

<https://multiplemyelomahub.com/>

- News
  - Masterclass | BCMA-CD3 bispecific antibodies in MM: Current and evolving roles
  - What combination regimens including BiTEs are being evaluated for the treatment of RRMM?
  - SOHO 2025 | Congress coverage from the Multiple Myeloma Hub
  - Risk stratification and prognosis in smoldering MM
  - How can neurotoxicity associated with CAR T-cell therapy in MM be managed? (with video)

- <https://multiplemyelomahub.com/medical-information/how-can-neurotoxicity-associated-with-car-t-cell-therapy-in-mm-be-managed>
- Risk stratification and prognosis in smoldering MM
  - <https://multiplemyelomahub.com/medical-information/risk-stratification-and-prognosis-in-smoldering-mm>

## Recent Content

- Most Read
- Congresses
- Newly Diagnosed Myeloma
- 2024 Symposium

## Multiple Myeloma Hub Podcast

- What might be the future applications for BCMA-directed bispecific antibodies in MM and other PCD?
  - <https://shows.acast.com/mm-hub/episodes/what-might-be-the-future-applications-for-bcma-directed-bisp?>
- What combination regimens containing BCMA-directed bispecific antibodies are being evaluated for MM?
  - <https://shows.acast.com/mm-hub/episodes/what-combination-regimens-containing-bcma-directed-bispecifi?>

## Patient Power

<https://www.patientpower.info/multiple-myeloma>

## **American Society of Hematology (ASH)**

<https://www.hematology.org/>

## **The ASCO Post**

<https://ascopost.com/search-results/?q=myeloma>

- Smoldering Multiple Myeloma: How the Guidance Is Changing
- Rare Secondary Cancer After CAR T-Cell Therapy Successfully Treated, Case Report Shows
- Is Cure Finally Achievable in Multiple Myeloma?
- Do the Results From CARTITUDE-1 Represent a Cure for Patients With Multiple Myeloma? We Need Longer Follow-Up to Know for Sure
- The Implications of the Results From CARTITUDE-1 for Future Research and Care in Multiple Myeloma

## **Blood**

<https://ashpublications.org/blood>

- CD70-CAR-Ts: a second wind for high-risk myeloma
  - <https://ashpublications.org/blood/article/146/7/769/546507/CD70-CAR-Ts-a-second-wind-for-high-risk-myeloma>
- What platelets tell us about CARs
  - <https://ashpublications.org/blood/article/146/7/771/546502/What-platelets-tell-us-about-CARs>

- “Linc-ing” RNA isoforms to function in multiple myeloma
  - <https://ashpublications.org/blood/article/146/7/773/546505/Linc-ing-RNA-isoforms-to-function-in-multiple>
- Deep dive into shallow myeloma cell pool
  - <https://ashpublications.org/blood/article/146/8/906/546642/Deep-dive-into-shallow-myeloma-cell-poo>
- ClpP: a new Achilles' heel in myeloma
  - <https://ashpublications.org/blood/article/146/11/1254/547071/ClpP-a-new-Achilles-heel-in-myeloma>

### **Blood Cancer Talks - Podcast**

<https://podcasts.apple.com/us/podcast/blood-cancer-talks/id1633724992>

### **Healio**

<https://www.healio.com/search#q=myeloma&sort=relevancy>

### **The Patient Story**

<https://thepatientstory.com/patient-stories/multiple-myeloma/>

### **Targeted Oncology**

<https://www.targetedonc.com/clinical/multiple-myeloma-rc>

- Latest News

- Impressive Results of Trispecific Antibody in Myeloma Presented at EHA 2025 Congress
- Talquetamab Dose Modification Maintains Efficacy in Multiple Myeloma
- Dr Mikhael on the State of Myeloma Research Funding in 2025
- Talquetamab's Late Toxicities Characterized by Oral and Skin AEs
- FDA Approves Denosumab Biosimilars for Osteoporosis and Cancer-Related Bone Events
- Video Series
- Video Interviews
- Podcasts
- More News
  - Real-World Evidence Reveals CAR T Sequencing Approach in Myeloma
  - From Diagnosis to Determination: A Cyclist's Journey with Myeloma

## **Cancernetwork**

<https://www.cancernetwork.com/>

- “Cancer Focus – choose myeloma”
- Latest News
  - Evaluating the Proximity and Impact of a Cure in Multiple Myeloma
  - Subcutaneous Daratumumab Improves PFS in Smoldering Multiple Myeloma
  - Elranatamab and MagnetisMM-3 Results Are Superior to Real-World Multiple Myeloma Outcomes

- Weekly Carfilzomib Combination Shows MRD Negativity in Multiple Myeloma
- Talquetamab Bridging Strategy Appears Feasible in R/R Multiple Myeloma
- Video Series
- Video Interviews
- Podcasts
- More news
  - Further Research on Anti-CD38 mAbs Warranted in Multiple Myeloma
  - Carfilzomib Regimens Improve MRD Outcomes in Older, Fit NDMM Population
  - Teclistamab Real-World Data and Trial Results Show Promise in R/R Multiple Myeloma
  - Long-Term Cilta-Cel Follow-Up Shows Curative Potential in Pretreated Multiple Myeloma
  - Analyzing Long-Term Follow-Up Results From MonumenTAL-1 in Multiple Myeloma
  - Creating Space for Ide-Cel and Finding Sequencing Options in Multiple Myeloma

## **Patient Empowerment Network**

<https://powerfulpatients.org/help-by-cancer-diagnosis/multiple-myeloma/>

## **Managing Myeloma**

<https://managingmyeloma.com/>

- Many great articles!

## **Smart Patients**

<https://www.smartpatients.com/>

## **Blood Cancers Today**

<https://www.bloodcancerstoday.com/page/myeloma>

- Multiple Myeloma Requires Multiple Targets
  - <https://www.bloodcancerstoday.com/post/multiple-myeloma-requires-multiple-targets>

Many other great articles

## **HemOnc Pulse (Podcast)**

<https://podcasts.apple.com/us/podcast/the-hemonc-pulse/id1659845645>

- Novel SWIFT-Seq Blood Test Transforms Multiple Myeloma Diagnosis and Prognosis

## **Blood & Marrow Transplant Information Network**

<https://bmtinfonet.org/>

- “Blood & Marrow Transplant Information Network (BMT InfoNet) is not-for-profit 501 (c) 3 organization dedicated to providing transplant and CAR T-cell therapy recipients and their loved ones with emotional support and high quality, easy-

to-understand information about bone marrow, peripheral blood stem cell and cord blood transplant, and CAR T-cell therapy.”

## **Leukemia/Lymphoma Society**

**is now Blood Cancer United – New Website Layout**

<https://bloodcancerunited.org/>

**LLS Unveils Name Change to Reach All Blood Cancer Patients**

- <https://bloodcancerunited.org/about-us>

Watch their new video featuring our own support group member Kenya Eason, or watch it here

- <https://www.youtube.com/watch?v=8RiRrtm8lF8&t=60s>
- Read the article in TIME, again featuring Kenya. Great work Kenya!!
  - [https://partners.time.com/partners/blood-cancer-united/beyond-the-diagnosis-the-resilience-and-passion-of-blood-cancer-warriors/?prx\\_t=TwcKAGfRzAt\\_8PA&utm\\_campaign=223866&ntv\\_ui=154936c4-28cd-49c4-a186-608d2e0e6c4a&ntv\\_ht=eZjAaAA](https://partners.time.com/partners/blood-cancer-united/beyond-the-diagnosis-the-resilience-and-passion-of-blood-cancer-warriors/?prx_t=TwcKAGfRzAt_8PA&utm_campaign=223866&ntv_ui=154936c4-28cd-49c4-a186-608d2e0e6c4a&ntv_ht=eZjAaAA)
- The Bloodline with Blood Cancer United Podcast
  - <https://thebloodline.org/>
  - Podcast
    - Siblings, Stem Cells, and Second Chances
    - Joy, Hope, and Healing Beyond a Cancer Diagnosis

- We are Blood Cancer United: a new name, an unstoppable community
- **Weekly Online Chat:**
  - **Veterans Living with Blood Cancer**
    - **Every Tuesday Evening @ 8:00-10:00pm EDT**
    - **Online Chat for Caregivers:**
  - **Every Thursday Evening @ 8:00-10:00 pm EDT**
  - **Online Chat Living with Myeloma:**
    - **Every Monday Evening @ 8:00-10:00 pm EDT**
  - **Online Chat for Patients and Caregivers - Banding Together: Feeling Good Fridays**
    - **Every Friday @ 1:00-3:00 pm EDT**

**Visit** <https://bloodcancerunited.org/resources/patients/online-chats>

**to register for the Chat you would like to attend\*\*\***

- About Us
  - About Blood Cancer United
  - Featured Programs
  - Partners and Suppliers
  - Stories and News
- Financial Assistance
  - Financial Support
  - Additional Financial Assistance
  - Claims
- Local Groups
  - Find your Region
- Blood Cancers
  - Types of Blood Cancer
- Navigating Your Care

- Adults
- Young Adults
- Children and Teens
- Resources
  - Patient Resources
  - Caregiver Resources
  - Healthcare and Professional Resources
  - Educational Resources
  - Support Resources
    - Blood Cancer Information Specialist
      - 1-800-955-4572
    - Clinical Trial Nurse Navigators
    - Registered Dietitian

## **Oncology Nursing News**

<https://www.oncnursingnews.com/clinical/multiple-myeloma>

- Latest News
  - Subcutaneous Daratumumab Reduces Smoldering Myeloma Progression
  - How to Manage ICANS in Patients With Hematologic Cancers
  - Managing CRS in Hematologic Cancers: A Nursing Perspective
  - Transformative Care: A Nurse Guide to Novel Therapies in Blood Cancers
  -
- Videos
- Video Interviews

- Podcasts
- More News

## Nature

<https://www.nature.com/search?q=myeloma&journal=>

## VJHemonc (Video Journal of Oncology)

<https://www.vjhemonc.com/subject/multiple-myeloma/>

- The Multiple Myeloma Channel
  - Latest Videos
  - Myeloma Sessions
  - Conferences
  - Topics
  - Podcasts
  - Features
  - VJ today

## Triage Cancer

<https://tragecancer.org/>

- Events
  - **Webinars**
    - **Open Enrollment: Close the Knowledge Gap: Key Tips for Open Enrollment**
      - **September 16 @ 1:00 pm EDT**
    - **Medicare: What Should I Know About Medicare - Part 1**

- **October 9 @ 1:00pm EDT**
    - **Medicare: What Should I Know About Medicare-Part 2**
      - **November 19 @ 1:00 pm ET**
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    - **Sunday October 18 @ 10:00 am-6:30pm ET**
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- Resources
- Materials
- Support

## X

- Dr. Joseph Mikhael “For patients who are MRD positive, the MIDAS trial tested two different treatment approaches, and the outcomes were similar. This suggests MRD is a powerful marker that may help guide personalized treatment decisions in newly diagnosed multiple myeloma.”
  - <https://x.com/IMFmyeloma/status/19556306616135967>  
[28](#)
- Dr. Joseph Mikhael “High-risk multiple myeloma makes up about 20% of cases and tends to be more aggressive and return faster. New studies are exploring more aggressive treatments to improve outcomes.”
  - <https://x.com/IMFmyeloma/status/19560181431989047>  
[33](#)
- Dr. Joseph Mikhael “High-risk myeloma patients tend to relapse quickly, but aggressive treatment leads to very good

long-term outcomes. Achieving MRD negativity is key—eradicating even a little disease is critical because leftover cells can grow back aggressively.”

- <https://x.com/IMFmyeloma/status/1956454261228724578>
- Dr. Joseph Mikhael “Quadruplets are now standard upfront for transplant patients, dual maintenance is expanding, MRD is guiding transplant needs, and high-risk patients benefit from continuous aggressive therapy”
  - <https://x.com/IMFmyeloma/status/1957595426674090391>
- Dr. Joseph Mikhael “Blenrep (belantamab mafodotin) is an antibody drug conjugate—it hooks onto myeloma cells and delivers a toxic ‘backpack’ to destroy them.’ New data show adding Blenrep to standard treatments improves outcomes, especially in high-risk myeloma.”
  - <https://x.com/IMFmyeloma/status/1958189378036982166>
- Dr. Joseph Mikhael “Why don't we treat smoldering multiple myeloma (SMM)?”
  - <https://x.com/IMFmyeloma/status/1959288465918398762>
- Dr. Joseph Mikhael “SARCLISA (isatuximab), a CD38 antibody like Darzalex, has a new delivery method being tested in clinical trials—a small on-body injector that administers the drug under the skin in just 12-15 minutes. Faster, easier treatment for patients!”
  - <https://x.com/IMFmyeloma/status/1959243912633029009>

- Dr. Joseph Mikhael “Is it possible you're experiencing nervous system issues from the newer myeloma treatments?”
  - <https://x.com/IMFmyeloma/status/1961127189262340284>

## **IMSound (International Myeloma Society Audio Short Seres)**

<https://www.myelomasociety.org/imsound/>

- “IMSound, the latest audio series from the International Myeloma Society! Each episode brings insights from top experts on crucial issues in the myeloma community”

## **Dana Farber Cancer Institute**

- Dana-Farber Cancer Institute Unveils Groundbreaking Blood Test for Multiple Myeloma
  - <https://www.dana-farber.org/newsroom/news-releases/2025/dana-farber-cancer-institute-unveils-groundbreaking-blood-test-for-multiple-myeloma>

## **Oncology Central**

- Whole-body MRI could detect minimal residual disease, predicting multiple myeloma relapse
  - <https://www.oncology-central.com/whole-body-mri-could-detect-minimal-residual-disease-predicting-multiple-myeloma-relapse/>

## **Cancer Network**

- Novel CAR T-Cell Therapies May Improve Outcomes Vs SOCs in Multiple Myeloma
  - <https://www.cancernetwork.com/view/novel-car-t-cell-therapies-may-improve-outcomes-vs-socs-in-multiple-myeloma>
- Long-Term Cilta-Cel Follow-Up Shows Curative Potential in Pretreated Multiple Myeloma
  - <https://www.cancernetwork.com/view/long-term-cilta-cel-follow-up-shows-curative-potential-in-pretreated-multiple-myeloma>
- After 5 Years of No CR MRD with Cilta-Cel, No Maintenance Required
  - <https://www.cancernetwork.com/view/after-5-years-of-no-cr-mrd-with-cilta-cel-no-maintenance-required>

## **Memorial Sloan Cancer Center (MSK)**

- Liquid Biopsies and Other Blood Tests for Cancer: What You Should Know
  - <https://www.mskcc.org/news/liquid-biopsies-and-other-blood-tests-for-cancer>

