

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

VIRTUAL MEETING RECAP FOR JUNE 4, 2025

There were 42 members at this virtual meeting, and we welcomed 2 new members

REMINDER: THERE IS NO SUPPORT GROUP MEETING IN JULY...SEE YOU ALL ON AUGUST 6. ENJOY THE SUMMER!!

Guest Speaker: Meghan Mastrangelo, MSN, AGACNP-BC, AOCNP

Oncology Clinical Educator- NJ/PA/DE Multiple Myeloma, J&J Innovative Medicine

Topic: The topic of the presentation is “Two bispecific antibody treatment options for Multiple Myeloma”. "Johnson & Johnson (J&J) is a leader in bispecific antibody treatments for multiple myeloma, with two FDA-approved drugs: TECVAYLI (teclistamab-cqyv) and TALVEY (talquetamab-tgvs). These bispecific antibodies target both T cells and myeloma cells, engaging the immune system to destroy the cancer cells." Below are the links to the websites for both.

<https://www.talvey.com/>

<https://www.tecvayli.com/>

Upcoming Events:

International Myeloma Foundation

<https://www.myeloma.org/>

Supplemental Myeloma Support Groups

- **Multiple Myeloma Care Partner Support Group (virtual)**
 - **June 12 @ 7:00 pm ET**
- **Las Voces de Mieloma**
 - **June 17 @ 1:00 pm ET**
- **Living Solo and Strong with Myeloma**
 - **June 23 @ 5:00 pm ET**
- **Living Well with High Risk Multiple Myeloma**
 - **Meets 3rd Thursday of each month, alternating daytime/evening hours. Odd months, 12:00 pm ET, even months 7:00 pm ET. Next meeting June 19 @ 7:00 pm ET**
- **MGUS 4 US**
 - **Please email Emily Gordon at erg2172@cumc.columbia.edu if you have questions or for meeting information**
- **Smolder Bolder**
 - **July 14 @ 7:30-9:30 pm ET**
- **Strength Through Inspiration: A Virtual Support Group for Multiple Myeloma Patients & Caregivers who have Young Children (every other month)**
 - **July 8 @ 8:00-9:00 pm ET**

- **The Veterans with Myeloma Special Interest Group (Virtual)**
 - **New Group!**
 - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails please reach out to veterans@IMFsupport.org or visit our webpage at veterans.support.myeloma.org.**
 - **Next meeting June 25 @ 5:00 pm ET**
- **Caregivers, or Care Partners, for Myeloma Patients**
 - <https://www.myeloma.org/caregivers-or-care-partners-myeloma-patients>

IMWG Conference Series 2025: Making Sense of Treatment

- **June 17 @ 6:00 pm EDT**
- **Dr. Joseph Mikhael, Dr. Sagar Lonial, Dr. Maria-Victoria Mateos, Beth Faiman MSN, PhD, APRN-BC, FAAN, IMF Nurse Leadership Board Member**
- **Latest drug therapy news from ASCO**

IMF M-Power NYC Juneteenth 2025: Heritage, Health, and Hope (In-person)

- **Saturday, June 21, 2025**
- **10:00 am-12:15 pm ET**
- **Venue: Christ Fellowship Baptist Church**
 - **Location: 11 Sumpter St. Brooklyn, NY 11233**
 - **Sign In and On Site Registrations: 10:00 am ET**
 - **Meeting Begins: 10:15**

Multiple Myeloma Research Foundation

<https://themmrf.org/>

Patient Webinar

- **Understanding Bispecifics**
 - **May 28, 2025**
 - **12:00 pm EDT**
 - **No additional information available yet**

Support Group News:

Miracles for Myeloma 5K

13th Annual Miracles for Myeloma 5K Run/Walk Hybrid Edition will be held on September 13 (the 13th on the 13th) at Oak Ridge Park in Clark NJ. Come and join us in person or virtually and be part of the MIRACLE! Visit

<https://fundraise.myeloma.org/event/miracles-for-myeloma-virtual-in-person-5k-run-walk-clark-nj/e640168>

to register or donate or purchase a Remembrance Path placard. I am captain of the Central New Jersey Support Group Team if you would like to join or you can join another team or create your own team or walk/run as an individual participant. Help **Miracles** fund another Brian D. Novis Research Grant and be part of the miracle!!

Somerset Patriots Ballgame

As mentioned in a previous recap, the group has been awarded 30 free seats in and outside a box at the Wednesday, September 3, 6:30 pm game. More information to follow.

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

VIRTUAL MEETING RECAP FOR JUNE 4, 2025

INFORMATIONAL MYELOMA LINKS

International Myeloma Foundation

<https://www.myeloma.org/>

- “Myelo” – AI Powered Support Chat
- MMR Vaccine Safety & CAR-T Eligibility, and More: Top 10 Myeloma Patient Q&A – Dr. Joseph Mikhael
 - <https://www.myeloma.org/videos/mmr-vaccine-safety-car-t-eligibility-more-top-10-myeloma-patient-qa>
- Bispecific Antibody Therapy: Exploring Efficacy, Safety, and Transition of Care Management
 - Nurse Leadership Board White Paper
 - https://imf-d8-prod.s3.us-west-1.wasabisys.com/2025-03/NLB_Bispecifics_White_Paper.pdf
- Application Of Chimeric Antigen Receptor-T Cell (Car-T) Therapy in Earlier Lines of Treatment of Multiple Myeloma
 - Nurse Leadership Board White Paper
 - https://imf-d8-prod.s3.us-west-1.wasabisys.com/2025-03/NLB_Chimeric_White_Paper.pdf
- **Supplemental Myeloma Support Groups**
 - **Multiple Myeloma Care Partner Support Group (virtual)**
 - **June 12 @ 7:00 pm ET**
 - **Las Voces de Mieloma**
 - **June 17 @ 1:00 pm ET**

- **Living Solo and Strong with Myeloma**
 - **June 23 @ 5:00 pm ET**
- **Living Well with High Risk Multiple Myeloma**
 - **Meets 3rd Thursday of each month, alternating daytime/evening hours. Odd months, 12:00 pm ET, even months 7:00 pm ET. Next meeting June 19 @ 7:00 pm ET**
- **MGUS 4 US**
 - **Please email Emily Gordon at erg2172@cumc.columbia.edu if you have questions or for meeting information**
- **Smolder Bolder**
 - **July 14 @ 7:30-9:30 pm ET**
- **Strength Through Inspiration: A Virtual Support Group for Multiple Myeloma Patients & Caregivers who have Young Children (every other month)**
 - **July 8 @ 8:00-9:00 pm ET**
- **The Veterans with Myeloma Special Interest Group (Virtual)**
 - **New Group!**
 - **Meets the 4th Wednesday of the month. For more information or to sign up for group emails please reach out to veterans@IMFsupport.org or visit our webpage at veterans.support.myeloma.org.**
 - **Next meeting June 25 @ 5:00 pm ET**
- **Caregivers, or Care Partners, for Myeloma Patients**
 - **<https://www.myeloma.org/caregivers-or-care-partners-myeloma-patients>**

- News

- FDA ODAC Votes in Support of DARZALEX FASPRO for High-Risk Smoldering Myeloma
- May 2025 – Myeloma News from the Journals
- IMF Advocates on Capitol Hill
- Events
 - **IMWG Conference Series 2025: Making Sense of Treatment**
 - **June 17 @ 6:00 pm EDT**
 - **Dr. Joesph Mikhael, Dr. Sagar Lonial, Dr. Maria-Victoria Mateos, Beth Faiman MSN, PhD, APRN-BC, FAAN, IMF Nurse Leadership Board Member**
 - **Latest drug therapy news from ASCO**
 - **IMF M-Power NYC Juneteenth 2025: Heritage, Health, and Hope (In-person)**
 - **Saturday, June 21, 2025**
 - **10:00 am-12:15 pm ET**
 - **Venue: Christ Fellowship Baptist Church**
 - **Location: 11 Sumpter St. Brooklyn, NY 11233**
 - **Sign In and On Site Registrations: 10:00 am ET**
 - **Meeting Begins: 10:15**
- Blogs
 - April and May 2025: What's New in Myeloma?
 - Key Points: A Study on the Global and Regional Burden of Myeloma Among Patients Aged 40 and Over
 - Q&A with Medical Student Scholar Tyra Grischke and Dr. Ben Derman: On Collaborating and Being Published in Blood Cancer Journal
 - The Future of Myeloma: 'A Fireside Chat' at the Boca Raton Patient & Family Seminar

- IMF Videos
 - ASCO/EHA
 - Many new excellent, short videos from ASCO
 - ASH
 - Ask Dr. Durie
 - Black Swan Research Initiative
 - Community Workshops
 - Emerging Therapies
 - Coordinating Bispecific Antibodies for Multiple Myeloma: A Patient's Guide
 - Multiple Myeloma Fatigue: A Brief Overview of Disease- and Treatment-Related Tiredness
 - Facebook Live
 - Health Equity
 - IMF History
 - IMWG
 - IMWG Conference Series 2025: Making Sense of Treatment
 - Inspirational
 - Living Well With Myeloma
 - Myeloma Made Simple
 - Coordinating Bispecific Antibodies for Multiple Myeloma: A Patient's Guide
 - <https://www.myeloma.org/videos/coordinating-bispecific-antibodies-multiple-myeloma-patients-guide>
 - Myeloma University
 - NLB Webcasts
 - Patient and Family Webinars

- Regional Community Workshops
- Treatments
- Emerging Therapies
- What is Multiple Myeloma
 - Newly Diagnosed
 - Tests and Staging
 - Treatment
- Publications and Broadcasts
 - IMF Publications
 - IMF Broadcasts
 - Healthcare Professional Resource
- Resources and Support
 - IMF Support Network
 - Diversity, Equity, Inclusion
 - **External Resources**
 - **Drug Reimbursement Information and Assistance**
 - **Financial Assistance**
 - **Government Assistance**
 - **Guidance and Support**
 - **Housing and Travel Assistance**
 - **International Support**
 - **Legal Assistance**
 - **Pain Management**
 - **Transplant Resources**
 - **Other Cancer Resources**
- Veterans Against Myeloma
 - <https://www.myeloma.org/veterans-against-myeloma>
- M-Power
- **IMF's Infoline**

- <https://www.myeloma.org/infoline>
- **800-452 CURE (2873)**
- **Email: infoline@myeloma.org**
- IMF Medical Research
 - Black Swan Research Initiative
 - International Myeloma Working Group
 - Asian Myeloma Network
 - Road to the Cure
- Nurse Leadership Board
 - Nurse Leadership Board Members
 - Nurse Leadership Board Publications
 - Nursing Resources

Multiple Myeloma Research Foundation

<https://themmrf.org/>

- Blogs
 - Is Progress in Multiple Myeloma Stalling?
 - Miami Myeloma MRD 2025 Meeting
- Press Release
- Navigating Diagnosis & Treatment
- Understanding Multiple Myeloma
- Navigating Diagnosis & Treatment
- Finding Support
- Patient Navigation Center
- Myeloma Mentors

- Education Resource Hub
 - Myeloma Matters Podcast
 - Events
 - **Patient Webinar**
 - **Understanding Bispecifics**
 - **May 28, 2025**
 - **12:00 pm EDT**
 - **No additional information available yet**
 - MMRF Patient Toolkit
- Resources on Demand
- Video
 - FAQs on Considering CAR-T: What You Need to Know
 - City of Hope Hybrid Summit - Irvine, CA (slides available)
- Finding a Cure
- Patient Navigation Center
 - **Monday–Friday, 9 AM–7 PM ET 1-888-841-MMRF (6673)**
 - Information and Resources
 - Perspective on Treatments
 - Support
 - Get on the Right Path for You
 - Right Team
 - Right Tests
 - Right Treatment
 - Meet the Patient Navigators
 - Connect with a Myeloma Mentor

Myeloma Matters – MMRF Podcast

<https://www.youtube.com/playlist?list=PL6YqSpftWXYZht7lBSsLFkyvKsWAZSGq4>

- Great Topics!

HeathTree Foundation for Multiple Myeloma

<https://healthtree.org/>

- Education
 - News Articles
 - Conference Updates
- Educational Resources
 - University
 - Patient Guides
 - Expert Webinars
 - Many upcoming interesting webinars
 - Learn from Specialists
 - Find a Specialist
 - Podcasts
 - HealthTree Roundtables
 - Additional Resources
 - Myeloma 101
 - Newly Diagnosed Guide
 - Financial Resources
 - Medications
 - Understanding Labs
- Community
 - Join the Conversation
 - Connect

- Join a social platform specifically for Multiple Myeloma
 - Patient-to-Patient Connections
 - Coach
 - Find a personal coach to help navigate your Myeloma
 - Moves
 - Tackle challenges and crush your fitness goals together
 - Community Events
 - All Events
 - Join Educational Groups
 - Attend Topic Based Events to Further Your Cancer Education
 - Community Support Groups
 - Black and Hispanic Support
 - Black Myeloma Health
 - Resources in Spanish
- Cure Hub
 - Join Cure Hub
 - Track Your Disease
 - Connect Medical Records
 - See Tracked Labs
 - Record Side Effects
 - Find the Best Treatments
 - Treatment Options
 - Clinical Trial Finder
 - Twin Machine
 - Find Support
 - Find Side Effect Solutions

- My Journal
 - Journal Your Multiple Myeloma Story
- Register for Cure Tour

HealthTree University – YouTube

<https://www.youtube.com/c/HealthTreeUniversity>

SparkCures

<https://sparkcures.com/>

- Myeloma Support...Personalized.
- “Whether it's clinical trials, treatments or finding a myeloma specialist, we help you understand your myeloma options”
- 888-828-2206
- Now featuring trial options for MDS (Myelodysplastic Syndromes) and NTRK Gene Fusion Cancers

Myeloma Central

<https://www.myelomacentral.com/>

- Standing in the Gaap
 - Resources for African Americans
- Multiple Myeloma Resources for Nurses

Cure

<https://www.curetoday.com/tumor/myeloma>

- Latest News
- Video Series
- Video Interviews
- Podcasts
- Other News

Cure – Cancer Horizons

<https://www.curetoday.com/cancer-horizons/myeloma>

CureTalks

<https://www.curetalks.com/?s=myeloma>

OncLive/OncLive Videos

<https://www.onclive.com/>

- Search “Myeloma”
- Many great articles and videos!

Multiple Myeloma Hub

<https://multiplemyelomahub.com/>

- News
 - How to incorporate novel therapies into the treatment paradigm for early RRMM?

- SC daratumumab monotherapy for the treatment of high-risk smoldering MM
- CASSIOPEIA: Long-term MRD results of D-VTd in NDMM
- Recent Content
 - Carfilzomib, lenalidomide, and dexamethasone in patients with RRMM: Real-world evidence
 - Targeting CD38 in MM: Challenges and resistance mechanisms
 - What are the future perspectives for anti-CD38 mAbs in the treatment of MM?
- Most Read
- Congresses
 - CELMoDs for the treatment of MM: Latest clinical trial data
- Newly Diagnosed Myeloma
- 2024 Symposium
- Podcasts
 - <https://shows.acast.com/mm-hub>
 - What are the future perspectives for anti-CD38 mAbs in the treatment of MM?
 - What is the impact of belantamab mafodotin on QoL in patients with MM?
 - What is the rationale for treating early RRRM with targeted therapies?
 - What are the current treatment recommendations and unmet needs in early RRMM?
 - Plus many other great topics

Patient Power

<https://www.patientpower.info/multiple-myeloma>

American Society of Hematology (ASH)

<https://www.hematology.org/>

The ASCO Post

<https://ascopost.com/search-results/?q=myeloma>

- Genomic Score May Predict Progression From Precursor Condition to Active Multiple Myeloma
- Physical Function Acts as Predictor of Survival for Daratumumab-Based Therapy in Multiple Myeloma
- Strategy for Managing Immunotherapy-Induced Parkinsonism in Patients With Multiple Myeloma
- NCCN Clinical Practice Guidelines in Oncology: 2025 Updates

ASCO (American Society of Clinical Oncology)

- Long-term (≥ 5 year) remission and survival after treatment with ciltacabtagene autoleucel (cilta-cel) in CARTITUDE-1 patients (pts) with relapsed/refractory multiple myeloma (RRMM).
 - <https://meetings.asco.org/abstracts-presentations/246413>
- Elranatamab in combination with daratumumab and lenalidomide (EDR) in patients with newly diagnosed multiple myeloma (NDMM) not eligible for transplant: Initial results from MagnetisMM-6 part 1.

- <https://meetings.asco.org/abstracts-presentations/246120>
- Carfilzomib, lenalidomide, and dexamethasone (KRd) as maintenance therapy after autologous stem-cell transplantation (ASCT) in patients with newly diagnosed multiple myeloma (NDMM).
 - <https://meetings.asco.org/abstracts-presentations/243600>

Blood

<https://ashpublications.org/blood>

- Right time: stopping multiple myeloma maintenance
 - <https://ashpublications.org/blood/article/145/20/2241/537123/Right-time-stopping-multiple-myeloma-maintenance>
- “Scotty, we need more power!”
 - <https://ashpublications.org/blood/article/145/22/2540/537340/Scotty-we-need-more-power>
- Guidance on the interpretation of CRBN mutations in myeloma
 - <https://ashpublications.org/blood/article/145/22/2542/537336/Guidance-on-the-interpretation-of-CRBN-mutations>

Blood Cancer Talks - Podcast

<https://podcasts.apple.com/us/podcast/blood-cancer-talks/id1633724992>

- Episode 60. Emergency Podcast-AQUILA and STARGLO

- “In this episode, we discuss the recent proceedings at the FDA ODAC meeting on AQUILA trial in smoldering myeloma”

Healio

<https://www.healio.com/search?q=myeloma&sort=relevancy>

- Transportation one ‘piece of the puzzle’ in cancer care, but a ‘powerful starting point’

The Patient Story

<https://thepatientstory.com/patient-stories/multiple-myeloma/>

Targeted Oncology

<https://www.targetedonc.com/clinical/multiple-myeloma-rc>

- Latest News
 - Social, Logistical Barriers Limit Use of CAR T-Cell Therapy in Myeloma
 - PFS Benefit of Ide-cel in Myeloma Maintained in Higher-Risk Population
 - Managing CRS and Infections Associated With Talquetamab in Myeloma
 - ODAC Votes Daratumumab Benefits Smoldering MM
 - Myeloma Research Sees Transformation Following ODAC Support For MRD End Point
- Video Series

- Video Interviews
- Podcasts
- More News
 - Daratumumab/Lenalidomide Maintenance Boosts MRD Negativity in Myeloma
 - One Year After ODAC Decision: Myeloma Studies Move to Adopt MRD End Point
 - Roundtable Roundup: Early CAR T-cell Therapy in Multiple Myeloma
 - Considering Ways to Optimize Weekly Selinexor Dosing for Myeloma
 - Newer Trials Explore High-Risk Treatment and MRD in Multiple Myeloma
 - FDA Grants ISB 2001 Fast Track Designation in RRMM
 - Daratumumab Plus VMP Shows Sustained Benefit in Transplant-Ineligible Myeloma

Cancernetwork

<https://www.cancernetwork.com/>

- Many great articles!
- Search “Myeloma”

Patient Empowerment Network

<https://powerfulpatients.org/help-by-cancer-diagnosis/multiple-myeloma/>

Managing Myeloma

<https://managingmyeloma.com/>

- Many great articles!

Smart Patients

<https://www.smartpatients.com/>

Blood Cancers Today

<https://www.bloodcancerstoday.com/page/myeloma>

- Many great articles

Blood & Marrow Transplant Information Network

<https://bmtinfonet.org/>

- “Blood & Marrow Transplant Information Network (BMT InfoNet) is not-for-profit 501 (c) 3 organization dedicated to providing transplant and CAR T-cell therapy recipients and their loved ones with emotional support and high quality, easy-to-understand information about bone marrow, peripheral blood stem cell and cord blood transplant, and CAR T-cell therapy.”

Leukemia/Lymphoma Society

<https://www.lls.org/>

- The Bloodline with LLS

- <https://thebloodline.org/>
- Podcast
 - CAR T-cell Therapy – Your Questions Answered
- Video Podcast

New Weekly Online Chat:

- **Veterans Living with Blood Cancer**
- **Every Tuesday Evening @ 8:00-10:00pm EDT**
- **Online Chat for Caregivers:**
 - **Every Monday Evening @ 8:00-10:00 pm EDT**
- **Online Chat Living with Myeloma:**
 - **Every Monday Evening @ 8:00-10:00 pm EDT**

*****Visit <https://www.lls.org/support-resources/online-chats>**

to register for the Chat you would like to attend***

Download or order our new materials for free

- **Mental Health**
- **Hospice Care**
- **Blood and Marrow Stem Cell Transplantation**
- **Podcasts**
- **LLS Community**
- **Peer-to-peer support**
- **On-Line Chat**
- **Speak To An Information Specialist**
- **Monday - Friday 9 am to 9 pm ET**

- **Call: (800) 955-4572**
- **Financial Support**
- **Co-pay Assistance Program**

Oncology Nursing News

<https://www.oncnursingnews.com/clinical/multiple-myeloma>

- Latest News
 - Rx Road Map: Daratumumab and Hyaluronidase-fihj
 - Allogeneic CT0596 Shows Early Activity, Safety in R/R Myeloma
 - Teclistamab Safe, Effective for Older Adults With Multiple Myeloma
- Videos
- Video Interviews
- Podcasts
- More News

Nature

<https://www.nature.com/search?q=myeloma&journal=>

- A simple genomic score to predict progression of multiple myeloma
- Genomic landscape of multiple myeloma and its precursor conditions
- Daratumumab and missed sequencing opportunities in transplant-ineligible multiple myeloma: lessons for future trials

- Observation or treatment for smoldering multiple myeloma? A systematic review and meta-analysis of randomized controlled studies
 - <https://www.nature.com/articles/s41408-025-01312-x>

VJHemonc (Video Journal of Oncology)

<https://www.vjhemonc.com/subject/multiple-myeloma/>

- The Multiple Myeloma Channel
 - Latest Videos
 - Myeloma Sessions
 - Conferences
 - Topics
 - Podcasts
 - Features
 - VJ today

American Journal of Managed Care

<https://www.ajmc.com/>

- Search “Myeloma”
 - The Role of Transplant in the Era of Novel MM Therapies: Harsh Parmar, MD

Triage Cancer

<https://trriagecancer.org/>

- Events
- Resources

- Materials
- Support

X

- Multiple myeloma is a cancer of the bone marrow plasma cells. In this short video, iStopMM Principal Investigator Dr. Kristinsson explains how myeloma progresses
 - <https://x.com/IMFmyeloma/status/1921188184941064349>
- Why does it take longer to diagnose myeloma in Black patients? Dr. Joseph Mikhael
 - <https://x.com/IMFmyeloma/status/1921295901454106629>
- Does IMF Chief Medical Officer Dr. Joseph Mikhael encourage clinical trials at each stage of treatment?
 - <https://x.com/IMFmyeloma/status/1923831661956857915>
- Dr. Joseph Mikhael, Chief Medical Officer of the IMF, explains how support groups can greatly improve outcomes in multiple myeloma.
 - <https://x.com/IMFmyeloma/status/1924284030024917337>
- Why do some people develop myeloma while others don't? Dr. Joseph Mikael
 - <https://x.com/IMFmyeloma/status/1925535041976754268>
- Have you considered bispecific antibodies for your myeloma treatment? Dr. Joseph Mikhael

- <https://x.com/IMFmyeloma/status/1928874336208736531>

Rafael's (Fonseca) Substack

- Perseus, Teclistamab and CARTITUDE-1; the quest for a cure for multiple myeloma (MM)
 - https://rafaelfonseca.substack.com/p/perseus-teclistamab-and-cartitude?r=92kzs&utm_medium=ios&triedRedirect=true

Science Direct

- Tackling myeloma bone disease: From pathophysiology to cutting-edge therapies
 - <https://www.sciencedirect.com/science/article/pii/S0268960X25000505?via%3Dihub>