



SEPTEMBER IS
 BLOOD CANCER
 AWARENESS MONTH
#KNOWMYELOMA

Help Others Know Myeloma!

SUPPORT GROUP MONTHLY NEWSLETTER | Connecting CoMMunities!

HELP THE WORLD #KNOWMYELOMA DURING BLOOD CANCER AWARENESS MONTH

Help more people in your community recognize and understand myeloma—share your story using #KNOWMYELOMA and visit knowmyeloma.org to get started. Your voice can lead newly diagnosed patients straight to the support they need.

Use the Social Media Toolkit: A ready-made graphics, messaging, and resources translated into a variety of languages: [Click here](#)

Know Myeloma Facebook Live Series

- September 8 at 4pm PST | 7pm EST Your Questions Answered by Dr. Joseph Mikhael [Join here](#)
- September 30 at 4pm PST | 7pm EST Your Questions Answered by Beth Faiman [Join here](#)

Still time to order your **#kNOwMyeloma** Merch Now [Shop Here](#)

IMF Blogs

- August 28: July and August 2025: What's New in Myeloma? [Read here](#)
- August 21: Facing My Myeloma Diagnosis: From Weary to Hopeful [Read here](#)
- August 7: Key Takeaways from the Top Myeloma Research Presented at ASCO, EHA, & IMWG: The Patient Perspective (Part 1 of 2) [Read here](#) (Part 2 of 2) [Read here](#)

Myeloma News and Updates

- The IMF Revives 'Do You #kNOwMyeloma?' for Blood Cancer Awareness Month 2025 [Read here](#)
- The IMF Holds Brian D. Novis Research Grant 2025 Awards Reception and Dinner [Read here](#)
- From Targeted Oncology: 'From Diagnosis to Determination: A Cyclist's Journey with Myeloma' [Read here](#)
- From RÚV English Radio: 'International Myeloma Foundation Iceland Cycling Expedition' [Read here](#)
- From the American Journal of Managed Care: 'How M-Power Is Building Trust to Raise Awareness of Multiple Myeloma in the Black Community' [Read here](#)
- From CURE: 'Patients and Caregivers Aim to Raise Funds for Myeloma Research' [Read here](#)
- Myeloma News from the Journals: August 2025 [Read here](#)

IMF Seminars, Webinars, Workshops and Events

- September 10: M-Power Philadelphia: Community Workshop 2025 [Register Now](#)
- September 13: Miracles for Myeloma, 5K Run/Walk Clark, New Jersey [Register Now](#)
- September 27: In-Person Regional Community Workshop – Waltham, MA [Register Now](#)
- September 27: M-Power New York: Community Workshop 2025 [Registration Coming](#)
- October 3: In-Person Patient and Family Seminar – Chicago, IL [Register Now](#)
- November 15: In-Person Regional Community Workshop – Raleigh, NC [Register Now](#)



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IMF Videos, Podcasts, Modules & Replays

- Smoldering Myeloma vs. Double-Hit, Supplements & Nerve Effects | Top Myeloma Questions Answered [Watch Here](#)
- Replay: IMF Patient and Family Seminar 2025 – Los Angeles, CA [Watch Here](#)
- "33% of Late Relapse Myeloma Patients Disease-Free at 5 Years?" | ASCO & EHA Breakthroughs 2025 [Watch Here](#)
- Early Relapsed Multiple Myeloma: What's Changing in 2025 | Research Breakthroughs from ASCO & EHA [Watch Here](#)
- Key Abstracts Presented at ASCO and EHA 2025 [Watch Here](#)

IMF Resources & New/Updated Publications

- IMF Resource Library [Learn more](#) | Myeloma Terms and Definitions [Read here](#) | Tip Cards [Read here](#)
- Patient Handbook for Multiple Myeloma [Read here](#)
- Understanding Dexamethasone [Read here](#)
- Multiple Myeloma Medications [Read here](#) | Guide to Myeloma Drug Names [Read here](#)
- Clinical Trial Fact Sheets [Read here](#) | ABBV-383 [Read here](#) | K36 [Read here](#)

Help amplify the IMF with a Google review

Your voice can help myeloma patients find the support they need when they search online. A Google review can help patients and families discover the IMF when they need it most. Please leave a quick review [Here](#)

IMF Fundraising Opportunities near you! [Learn more](#)

Support Group Meeting Topics & Virtual Speaker Availability Inquire: sgteam@myeloma.org

Johnson & Johnson



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