February 2022

International Myeloma Foundation
Support Group Monthly Newsletter – Connecting Communities!

Thank you support group leaders for continuing to meet safely to connect, learn and share with each other. We hope the below links and resources are helpful to you in preparation for and discussion at your March meetings!

March is Myeloma Action Month!
Click here to take your action!

New CEO Yelak Biru Shares His Vision for the IMF!
Watch Here

Ask Dr. Durie
• February 3: What is multiple myeloma? Watch here
• February 10: Does Pfizer’s antiviral pill used to treat COVID-19 infections benefit myeloma patients? Watch here
• February 17: What are the treatment recommendations for bone disease in myeloma patients? Watch here
• February 24: What should myeloma patients know about mass spectrometry? Watch here

IMF Blogs
• February 3: Revisiting the power of vacation? Read here
• February 10: Common Sense and mindfulness can save myeloma patients from COVID-19 complications. Read here
• February 24: How has COVID-19 changed the needs and expectations of myeloma patients. Read here

Myeloma Updates, Publications & Videos
• Patient and Family Webinar: From Best of ASH 2021 to 2022 COVID-19 Guidance. Watch replay here!
• March 10th Living Well Webinar: Are side effects impacting your quality of life? Register here
• Myeloma Today Winter 2022 Issue. Read here
• IMF Publications. Read here / New Tip Card: Bispecific Therapy. Read here
• Smart Patients, an online community for patients and their families. Learn more here
• Become an Advocate Today! Read here
• M-Power: Diversity & Inclusion. Read here
• COVID-19 & Myeloma Patient Safety. Read here
• FDA approved myeloma treatments. Read here
• What is a Clinical Trial: Read here / Clinical Trial Fact Sheets: Read here

Support Group Meeting Topics & Virtual Speaker Availability
• Please contact your support group director for details.