



May 2021

International Myeloma Foundation

Support Group Monthly Newsletter – Connecting Communities!

Thank you support group leaders and members for continuing to meet safely to connect, learn and share with each other. We hope the below links and resources are helpful to you in preparation for your June virtual meetings!

Ask Dr. Durie

- May 4: How does the M-spike correlate to the amount of myeloma protein in the body? [Watch here](#)
- May 11: Are steroids always used as part of myeloma treatment? [Watch here](#)
- May 19: COVID-19 FAQ #32: How common are COVID-19 infections in myeloma patients? [Watch here](#)
- May 25: COVID-19 FAQ #33: Which COVID-19 vaccine should myeloma patients get? [Watch here](#)

IMF Blogs

- May 6: Being a new patient in the time of COVID-19. [Read here](#)
- May 20: First results from Black Swan-supported Iceland study published. [Read here](#)
- May 27: Staying safe for the holiday. [Read here](#)

Other Myeloma Updates, Publications and Information

- The ASCO Post: IMF launches initiative to improve outcomes in multiple myeloma among Black Americans. [Learn more here](#)
- Understanding Darzalex Faspro as a Subcutaneous Injection. [Watch here](#)
- With 80,000 participants, the largest study its kind is the first to evaluate the benefits of screening for a precursor to the blood cancer multiple myeloma. [Read here](#)
- Check out the new and updated publications [here!](#)
- COVID-19 & Myeloma Patient Safety: [Click Here](#)

Educational Programs

- May 1: Patient & Family Webinar: The Future is Looking Bright for Myeloma Patients. [Watch replay here](#)
- May 6: How to Optimize & Protect your Immune System: A Nutrition Approach. [Watch replay here](#)

IMF Advocacy

- The IMF's Advocacy Department is available to discuss IMF's 2021 government affairs and advocacy priorities with your support group. Time will be provided for questions and answers following the presentation.

Virtual Support Group Meeting Topics and Speakers

- Please contact Robin Tuohy for details on a variety of educational presentations from various pharmaceutical companies for your upcoming virtual support group meetings. rtuohy@myeloma.org



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Improving Lives **Finding the Cure**

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