MYELOMA TREATMENT DISCUSSION TOOL

This tool was developed in collaboration with myeloma patients and caregivers, leaders of myeloma support groups, and the IMF Nurse Leadership Board. Discuss this tool with your treatment team and healthcare providers.

My preferences when making treatment decisions: *(circle YES or NO)*

YES NO It is important for me to understand my treatment plan.

YES NO I prefer the ***most*** aggressive approach to treat my cancer.

YES NO I prefer to receive treatment in an outpatient setting.

YES NO I prefer to take medications at home.

YES NO I prefer to take the least possible amount of pills to control my cancer.

YES NO I am willing to endure as many side effects as necessary to control my cancer.

YES NO ***Quality*** of life is more important to me than ***quantity*** of life.

YES NO Clinical trial participation is of interest to me.

YES NO My out-of-pocket cost of treatment is important to me.

YES NO I prefer to continue an active lifestyle during my cancer treatment.

YES NO I worry about how my treatment will affect my future treatment options.

B. Faiman, T. King, K. Noonan, C. Manchulenko, C. Gleason, J.D. Tariman, and the IMF Nurse Leadership Board. “Development of a Participatory Patient Decision Aid for Patients with Multiple Myeloma.” International Myeloma Workshop 2019.

PAST

What treatments have I been on before my current treatment?

PRESENT

What is the goal of my current treatment?

Prepare for stem cell transplant, remission, stable disease, palliative effect, other?

How will I know if treatment is working?

How might my labs and tests change with a new treatment?

What are the major side effects of the chosen treatment(s)?

How do I know if or when urgent medical care may be needed?

FUTURE

What are my future treatment options if my current treatment does not work?

In what order would you suggest the subsequent treatments?

How might a certain treatment affect subsequent treatments?

Are there treatments I’ve had that I could consider again?

Are there clinical trials to consider when treatment no longer works?

How do side effects differ between treatment options?

Notes

As always, the IMF urges you to discuss all medical issues with your doctor or healthcare provider, and to contact the IMF with your myeloma questions and concerns.

International Myeloma Foundation
12650 Riverside Drive, Suite 206, North Hollywood, CA 91607 USA
818.487.7455 800.452.CURE myeloma.org

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