

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

APRIL 7, 2021 VIRTUAL MEETING RECAP

The Central New Jersey Multiple Myeloma Support Group met virtually on April 7, 2021 and had 35 members in attendance. We welcomed 3 new members.

Guest Speaker: Suzy Graham, RN – Nurse Liaison at Karyopharm Therapeutics. Suzy is a clinical expert and provides disease state and product education to Health Care Providers, patients, and caregivers.

Presentation Topic: Biology and Cytogenetics of Multiple Myeloma Disease. Suzy presented a very informative program on Myeloma in general and the Cytogenetics of the disease.

News:

LONG AWAITED MYELOMA TREATMENT!! FDA Approval of Bristol Myers Squibb's and Bluebird Bio's CAR T-Cell Immunotherapy Treatment for Multiple Myeloma.

- Abecma (Formerly known as Idecel or BB2121)
- Bristol Myers Squibb/Bluebird Bio
- Approval as a result of Phase II KarMMa Clinical Trial
- 72% of patients in trial received a rapid, deep, and durable response

Events:

International Myeloma Foundation

- **Patient & Family Webinar: The Future is Looking Bright for Myeloma Patients!**
 - **Saturday, May 1 @ 10:00 am EDT**
 - <https://www.myeloma.org/videos/patient-family-webinar-future-looking-bright-myeloma-patients>

Myeloma Crowd

- **Upcoming Myeloma Roundtables**
 - **April 24, 2021 @ 12:00 pm Eastern**
 - **Three Novel Myeloma Therapies (Venetoclax, Melflufen, Ide-cel CAR T)**
 - <https://www.myelomacrowd.org/three-novel-myeloma-therapies-register-now-for-the-myeloma-crowd-round-table-webcast-on-april-24/>

Our next meeting will be held virtually on May 5, 2021 6:30-8:30 pm via Zoom. Guest speaker, Suzy Graham RN, Karyopharm Therapeutics will be presenting a program on Lab Values.

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INFORMATIONAL MYELOMA LINKS

International Myeloma Foundation

<https://www.myeloma.org/>

- **LONG AWAITED MYELOMA TREATMENT!! International Myeloma Foundation Says FDA Approval of Bristol Myers Squibb's and Bluebird Bio's CAR T-Cell Immunotherapy Treatment for Multiple Myeloma Is Welcome News for Patients**
- FDA Approves Sarclisa (Isatuximab) in Combination with Carfilzomib and Dexamethasone in Patients with Relapsed or Refractory Myeloma
- **InfoLine** - U.S. & Canada: 800-452 CURE (2873)

#AskDrDurie

<https://www.myeloma.org/imf-videos>

- What is ide-cel and how can it benefit myeloma patients?

Patient/Family Seminars

<https://www.myeloma.org/imf-videos>

- From Vaccine to Variants: The Latest COVID-19 Safety Guidance (replay)
 - Multiple Myeloma Experts Present the Latest Information on Myeloma in 2021, Discuss How Patients Can Stay Safe From the Emerging COVID-19 Variants, and the Importance of the COVID-19 Vaccines.
- **Patient & Family Webinar: The Future is Looking Bright for Myeloma Patients!**
 - **Saturday, May 1 @ 10:00 am EDT**
 - <https://www.myeloma.org/videos/patient-family-webinar-future-looking-bright-myeloma-patients>

Myeloma Minute

<https://www.myeloma.org/latest-myeloma-news>

- Myeloma Minute: CAR T Excitement and COVID-19 Cautions
- Myeloma Minute: New Myeloma Drug Approvals
- Myeloma Minute: Virtual Vacation to a Galaxy Far Away and More!
- Myeloma Minute: A Dose of Positivity
- Myeloma Minute: New IMWG Guidelines on Relapsed Myeloma

Myeloma Today

<https://www.myeloma.org/resource-library/myeloma-today-winter-2021>

Resources and Support

<https://www.myeloma.org/patient-caregiver-information>

Diversity and Inclusion

<https://www.myeloma.org/diversity/diversity-inclusion>

Online Resources

<https://www.myeloma.org/online-resources>

- Drug Reimbursement Information and Assistance
 - <https://www.myeloma.org/online-resources/drug-reimbursement-information-assistance>

Myeloma Treatment Discussion Tool for Patients

<https://www.myeloma.org/videos/myeloma-treatment-discussion-tool-patients>

- “Amy Pierre, Memorial Sloan Kettering Cancer Center, talks about how your healthcare team can help you. She also discusses how to use the Myeloma Treatment Discussion tool developed by the NLB (Nurse Leadership Board) and IMF”
 - <https://m-powercharlotte.myeloma.org/wp-content/uploads/Myeloma-Treatment-Discussion-Tool.pdf>

How to Manage Myeloma Symptoms & Side Effects

- Amy Pierre, Memorial Sloan Kettering Cancer Center, discusses how to manage myeloma symptoms and side effects
 - https://www.youtube.com/watch?v=ZV1jPP_-Nos&t=64s

Multiple Myeloma Research Foundation

<https://themmrf.org/>

- News, Press, Blogs
 - <https://themmrf.org/about/news-press-and-blogs/>
 - 4/10/21 Patient Summit – Top FAQs
 - 3/24/21 Supportive Care Webinar – Top FAQs
 - March marks the 10-year anniversary of our sequencing of the myeloma genome
 - 3/20/21 Patient Summit – Top FAQs
- MMRF Virtual Cooking for a Cure Events
 - <https://themmrf.org/get-involved/mmr-events/cooking-for-a-cure/>

- [“...Kathy Giusti, in her acceptance speech for this year’s Distinguished Public Service Award from the American Association of Cancer Research”](#)
 - <https://twitter.com/theMMRF/status/1381630688361857034>

Myeloma Crowd

<https://www.myelomacrowd.org/>

- Myeloma News
 - Isatuximab Now FDA Approved with Kyprolis and Dex for Relapsed/Refractory Myeloma
 - FDA Grants First anti-BCMA CAR T Approval in Multiple Myeloma for Abecma
- Life With Myeloma
 - Reducing Infection Risk with CAR T Therapy in Multiple Myeloma
 - New Blood-Based Circulating Multiple Myeloma Cells Test Launched for Research Purposes
- Myeloma Clinical Trials
 - Clinical Trials: Venetoclax for Multiple Myeloma 11;14 Translocation Patients
 - Clinical Trial: New Phase II Trial Opens for Pfizer's Multiple Myeloma Bispecific Antibody Elrantamab
 - FDA Removes Clinical Trial Hold on Collectis Off-the-Shelf CAR T for Multiple Myeloma
- Myeloma 101
 - How Pomalidomide Works to Kill Multiple Myeloma
 - Response Definitions After Myeloma Treatment
- Financial Coach: Current Financial Assistance Available For Newly Approved CAR-T Therapy For Myeloma

- <https://www.myelomacrowd.org/financial-coach-current-financial-assistance-available-for-newly-approved-car-t-therapy-for-myeloma/>
- **Upcoming Myeloma Roundtables**
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- HealthTree University
 - HealthTree University: Imaging in Myeloma (Part 2 of 3)
 - HealthTree University: Imaging in Myeloma (Part 1 of 3)

Myeloma Crowd Radio

<https://www.myelomacrowd.org/myeloma-crowd-radio-episodes/>

Myeloma Beacon

<https://myelomabeacon.org/>

Myeloma Central

<https://www.myelomacentral.com/>

- [Glossary of Multiple Myeloma Terms](#)
 - <https://www.myelomacentral.com/multiple-myeloma-symptoms-and-diagnosis/glossary-multiple-myeloma-definitions/>

Cure

<https://www.curetoday.com/tumor/myeloma>

- How Treating Myeloma is About Extending Remissions and Making it ‘Livable’
- Myeloma Therapies Create an ‘Optimistic Picture’ for Patients’ Futures
- FDA Approves Addition of Sarclisa to Standard of Care for Relapsed/Refractory Myeloma
- FDA Approves First CAR-T Cell Therapy for Multiple Myeloma
- Multiple Myeloma 101: An Incurable But ‘Very Treatable’ Disease
- The Basics of Multiple Myeloma (Podcast)
- Assessing Unique Patient Characteristics Critical in Deciding Therapy Options for Early Relapse Myeloma
- Educated Patient® Multiple Myeloma Summit: March 13, 2021 (video replay)
- What It’s Like to Be a Myeloma Millennial, Or, ‘Myelennial’
 - <https://www.curetoday.com/view/what-it-s-like-to-be-a-myeloma-millennial-or-myelennial->
- Treatments for Multiple Myeloma Are Transforming Lives
 - <https://www.curetoday.com/view/treatments-for-multiple-myeloma-are-transforming-lives>

CureTalks

<https://www.curetalks.com/?s=multiple+myeloma>

- CLR 131 – A New Approach in Multiple Myeloma Treatment

Onclive/Onclive Videos

<https://www.onclive.com/clinical/multiple-myeloma>

- Dr. Vij on the Potential of CELMoDs in Relapsed/Refractory Multiple Myeloma
- Daratumumab Consolidation Appears Safe, Shows Encouraging Efficacy in Very Good Responders With Myeloma
- Dr. Shah on Managing CAR T-Cell Therapy–Related Toxicities in Multiple Myeloma

- Selinexor, Bortezomib, and Dexamethasone Combination Proves Effective for Myeloma
- Plus More!

Myeloma Research News

<https://myelomaresearchnews.com/>

MultipleMyelomaHub

<https://multiplemyelomahub.com/>

- Editorial theme | How multiple myeloma cells develop resistance to/escape from BCMA-directed novel agents
- Which novel agents will benefit frail patients?
- CAR-T versus bispecific antibodies and BiTEs in multiple myeloma
- FDA clears investigational new drug application for ACLX-001 for multiple myeloma
- DART4MM study: Can daratumumab consolidation achieve MRD-negativity after frontline therapy?
- If maintenance after induction reduces therapy options at relapse, is it still worth it?
- When is the optimal time to use bispecific antibodies in MM?
- Editorial theme | How multiple myeloma cells develop resistance to/escape from BCMA-directed novel agents
- CAR-T versus bispecific antibodies and BiTEs in multiple myeloma
- Updating the NCCN guidelines for the diagnosis and treatment of MGUS and SMM
 - <https://multiplemyelomahub.com/medical-information/updating-the-nccn-guidelines-for-the-diagnosis-and-treatment-of-mgus-and-smm>
- Salvage auto-HCT outcomes with remobilized stem cells in multiple myeloma

- <https://multiplemyelomahub.com/medical-information/salvage-auto-hct-outcomes-with-remobilized-stem-cells-in-multiple-myeloma>

Cancer.com

<https://www.cancer.com/>

Patient Power

<https://patientpower.info/multiple-myeloma/>

- Can Older Patients with Multiple Myeloma Stop Taking Steroids?
- How Are Clinical Trials for Multiple Myeloma Structured?
- FDA Approves First CAR T-Cell Therapy for Multiple Myeloma
- Advances in Treating Relapsed Multiple Myeloma
- First-Line Treatment Options & Side Effects
- How Can I Find a Financial Navigator?
 - <https://patientpower.info/navigating-cancer/financial-and-insurance/how-can-i-find-a-financial-navigator>

American Society of Hematology

<https://www.hematology.org/>

ASH Clinical News

<https://www.ashclinicalnews.org/>

- Does Elotuzumab Improve PFS in High-Risk Myeloma?
- Ixazomib Combination Improves PFS Versus Placebo in Patients With Transplant-Ineligible Myeloma

Blood Journal

<https://ashpublications.org/blood>

HealthTree University (YouTube)

<https://www.youtube.com/channel/UC27i8v856WBGy-4ONPJS0MQ>

The Lancet

<https://www.thelancet.com/>

MYeloma Channel

<https://myelomachannel.com/>

Healio

<https://www.healio.com/search?q=multiple%20myeloma%20&sort=relevancy>

- FDA approves Sarclisa-based regimen for multiple myeloma
- First FDA-approved CAR T-cell therapy for multiple myeloma hailed as ‘game changer’
 - <https://www.healio.com/news/hematology-oncology/20210412/first-fdaapproved-car-tcell-therapy-for-multiple-myeloma-hailed-as-game-changer>

Leukemia/Lymphoma Society (LLS)

<https://www.lls.org/>

- FDA Approves Novel Car T-Immunotherapy For The Treatment Of Multiple Myeloma

PatientEmpowerment Network

<https://powerfulpatients.org/help-by-cancer-diagnosis/multiple-myeloma/>

MD Anderson Cancer Center

<https://www.mdanderson.org/cancer-types/multiple-myeloma.html>

- How to manage nausea from cancer treatment
 - <https://www.mdanderson.org/cancerwise/how-to-manage-nausea-caused-by-cancer-treatment.h00-159459267.html>
- Skin and Nail Changes
 - <https://www.mdanderson.org/patients-family/diagnosis-treatment/emotional-physical-effects/skin-nail-changes.html>

Managing Myeloma

<https://www.managingmyeloma.com/>

- Defining Smoldering Myeloma: Controversies And Impact On Treatment Selection (Dr. Richter, Dr. Ajai Chari, Mt Sinai)
 - <https://www.managingmyeloma.com/knowledge-center/commentary/994-defining-smoldering-myeloma-controversies-and-impact-on-treatment-selection>

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MYELOMA/COVID-19 INFORMATIONAL LINKS

International Myeloma Foundation

- COVID-19 Vaccination and Myeloma Patients

- <https://www.myeloma.org/covid-19-vaccination-myeloma-patients>
- COVID-19 cautions - Vaccination Update
 - <https://www.myeloma.org/blog/car-t-excitement-covid-19-cautions>
- Understanding the nuances of COVID-19
 - <https://www.myeloma.org/blog/myeloma-research-continues-covid-19-understanding-evolves>
- #AskDrDurie
 - COVID-19 FAQ #27: What should myeloma patients know about the COVID-19 variants?
 - COVID-19 FAQ #28: How can myeloma patients de-stress during the ongoing pandemic?

Myeloma Crowd

- COVID Vaccination Guidelines for Myeloma Patients Released
 - <https://www.myelomacrowd.org/covid-vaccination-guidelines-for-myeloma-patients-released/>
- Fast Development of COVID Vaccine: Not A Reason for Concern
 - <https://www.myelomacrowd.org/fast-development-of-covid-vaccine-not-a-reason-for-concern/>
- Myeloma Crowd's HealthTree Cure Hub Launches Real World COVID Study Part 2
 - <https://www.myelomacrowd.org/myeloma-crowd-and-healthtree-cure-hub-launch-real-world-covid-study-part-2/>
- Full Show: The IMPACT of COVID-19 on MGUS, Smoldering Myeloma, African Americans and Myeloma Patient Family Members
 - <https://www.myelomacrowd.org/full-show-the-impact-of-covid-19-on-mgus-smoldering-myeloma-african-americans-and-myeloma-patient-family-members/>

Cure

- 7 Recent COVID-19 News and Updates That Patients With Cancer May Have Missed
 - <https://www.curetoday.com/view/7-recent-covid-19-news-and-updates-that-patients-with-cancer-may-have-missed>
- NCCN Guidelines Urge Patients With Cancer to Get a COVID-19 Vaccine, Whichever is Available
 - <https://www.curetoday.com/view/nccn-guidelines-urge-patients-with-cancer-to-get-a-covid-19-vaccine-whichever-is-available>

Onclive/Onclive Videos

- COVID-19 Has Lessons for Oncology Clinical Trials
- Dr. Ip on the Utility of Investigational Treatments for COVID-19 in Oncology
- COVID-19 and Cancer Care: Lessons Learned 1 Year Later
- Dr. Au on the Impact of COVID-19 on Cancer Care
- Plus more!
 - <https://www.onclive.com/search?searchTerm=covid-19>

Myeloma Hub

- NCCN COVID-19 vaccination recommendations for patients with hematologic malignancies
- Can lenalidomide maintenance be given to patients with MM and COVID-19 infection?
 - <https://multiplemyelomahub.com/search/?search=covid-19>

Patient Power

- Leukemia & Lymphoma Society Study Tracks COVID Vaccine Response in Blood Cancer Patients
 - <https://patientpower.info/search/?center=&query=coronavirus>

ASH (American Society of Hematology)

- COVID-19 Resources
 - <https://www.hematology.org/covid-19>

ASH Clinical News

- The Long Haul
 - <https://www.ashclinicalnews.org/spotlight/the-long-haul/>

Leukemia/Lymphoma Society (LLS)

- The Leukemia & Lymphoma Society® (LLS) National Patient Registry
 - <https://www.ciitizen.com/LLS/>
- COVID-19 Vaccines FAQ For Patients And Caregivers
 - <https://www.lls.org/covid-19-vaccines-faq>

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MYELOMA ARTICLES FROM TWITTER

JAMA Network

<https://jamanetwork.com/journals/jamaoncology/fullarticle/2778195?guestAccessKey=b70b8b2d-52ab-4bc9->

[a6e1-88132e1d6c63&utm_source=twitter&utm_medium=social_jamaonc&utm_term=4732999717&utm_campaign=article_alert&linkId=116279939](https://doi.org/10.1093/jco/knq001)

April 15, 2021

- Safety and Effectiveness of Weekly Carfilzomib, Lenalidomide, Dexamethasone, and Daratumumab Combination Therapy for Patients With Newly Diagnosed Multiple Myeloma...

The MANHATTAN Nonrandomized Clinical Trial

YouTube

<https://www.youtube.com/watch?v=zrkMg3gCwHs>

March 21, 2021

- Race Matters in Myeloma Care & Survival

DocWireNews

<https://www.docwirenews.com/condition-center/multiple-myeloma-knowledge-hub/multiple-myeloma-kol-video/dr-murat-kalayoglu-discusses-new-frontline-therapy-treatment-for-multiple-myeloma/>

March 11, 2021

- Dr. Murat Kalayoglu Discusses New Frontline Therapy Treatment for Multiple Myeloma - Docwire News

PatientEmpowerment Network

<https://powerfulpatients.org/2021/03/31/is-the-covid-19-vaccine-safe-for-myeloma-patients/>

March 31, 2021

- Is the COVID-19 Vaccine Safe for Myeloma Patients? (Dr. Richter)

MD Anderson Cancer Center

<https://www.mdanderson.org/cancerwise/what-is-safe-for-vaccinated-cancer-patients-during-covid-19-new-cdc-guidance.h00-159459267.html>

March 10, 2021

- What's safe for vaccinated cancer patients?

Scientific American (ABBVIE)

<https://www.scientificamerican.com/custom-media/an-ongoing-revolution-in-blood-cancer/>

- An Ongoing Revolution in Blood Cancer