



April 2021

International Myeloma Foundation Support Group Monthly Newsletter – Connecting Communities!

Thank you support group leaders and members for continuing to meet safely to connect, learn and share with each other. We hope the below links and resources are helpful to you in preparation for your May virtual meetings!

Ask Dr. Durie

- April 7: COVID-19 FAQ #28: How can myeloma patients de-stress during the ongoing pandemic? [Watch here](#)
- April 14: COVID-19 FAQ #29: Can COVID-19 vaccinations trigger active myeloma? [Watch here](#)
- April 20: COVID-19 FAQ #30: Should myeloma patients check their COVID-19 antibody levels post vaccination? [Watch here](#)
- April 20: COVID-19 FAQ #31: When can myeloma patients restart therapy after recovering from COVID-19? [Watch here](#)

IMF Blogs

- April 8: CAR T excitement and COVID-19 cautions. [Read here](#)
- April 15: Patience and progress in the search for a cure. [Read here](#)
- April 22: Staying healthy in a time of COVID-19. [Read here](#)
- April 29: What the new CDC guidelines mean for you. [Read here](#)

Other Myeloma Updates, Publications and Information

- New Virtual Support Group for Families with Young Children! First meeting is May 11th! [Learn more here!](#)
- Using the immune system to fight multiple myeloma. [Watch here](#)
- IMF sparks a season for change with the most impactful Myeloma Action Month ever! [Read here](#)
- Co-pay assistant programs update (4/15/21) [Read here](#)
- COVID-19 & Myeloma Patient Safety: [Click Here](#)

Educational Programs

- April 17: Kansas Area Virtual Myeloma Workshop. [Watch replay here](#)
- May 1: Patient and Family Webinar: The Future is Looking Bright for Myeloma Patients. [Register Here](#)
- May 6: Webinar: How to Optimize & Protect your Immune System: A Nutrition Approach. [Register here](#)

Virtual Support Group Meeting Topics and Speakers

- Please contact Robin Tuohy for details on a variety of educational presentations to choose from for your upcoming virtual support group meetings. rtuohy@myeloma.org



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Improving Lives **Finding the Cure**

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