

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

MARCH 3, 2021

VIRTUAL SUPPORT GROUP MEETING RECAP

We had 43 members in attendance virtually!

Upcoming Events:

Saturday March 13, 2021 10:00 am ET

IMF Patient Family Seminar (no charge)

From Vaccine to Variants – Latest Covid Safety Guidance

Speakers: Dr. Brian Durie – IMF, Dr. Warren Brenner – Boca Raton Regional Hospital, Dr. Paul Richardson – Dana Farber Cancer Institute Boston, Dr. Rafat Abonour – Indiana University, Donna Catamero ANP-BC OC CCRC – Mt. Sinai Health System, Yelik Biru – Patient Advocate

Speaker presentations and breakout groups with speakers

<https://www.myeloma.org/videos/vaccine-variants-latest-covid-19-safety-guidance>

Exploring Stem Cell Transplant Experiences

Thursday, March 18, 2021 1:00p m — 2:00 pm ET

Myeloma Crowd

<https://www.myelomacrowd.org/event/exploring-stem-cell-transplant-experiences/>

Saturday, March 20, 2021 10:00 am – 1:45 pm ET

MMRF Patient Summit – Virtual Web Conference (no charge)

Intro MMRF/CureCloud, Multiple Myeloma & COVID, State of Myeloma Care – Today and Tomorrow, Town Hall Q&A, Patient Journey, ASCT, Precision Medicine, Q&A

https://event.webcasts.com/starthere.jsp?ei=1428652&tp_key=921ddc077b

Saturday, March 20, 12:00 - 1:30 pm (EST)

Myeloma Crowd Round Table Interactive Webcast (FREE)

What's Next? Decision-Making for Relapsed/Refractory Myeloma

Noa Biran, MD, John Theurer Cancer Center, Hackensack, NJ, William Matsui, MD, Livestrong Cancer Institutes, Austin, TX, Kenneth Shain, MD, PhD, Moffitt Cancer Center, Tampa, FL

https://www.myelomacrowd.org/what-s-next-decision-making-for-relapsed-refractory-myeloma-register-now-for-the-myeloma-crowd-round-table-interactive-webcast-on-march-20-2/?inf_contact_key=8c52725c2797a53a8970a07c47b046ec680f8914173f9191b1c0223e68310bb1

Wednesday March 24, 2021 1:00 – 2:00 pm ET

**MMRF Patient Webinar Series – Supportive Care for Myeloma Patients
(no charge)**

“...FREE webinar developed to help patients with multiple myeloma manage fatigue, risks for bone fractures, infections, and other complications that can result from myeloma or from antimyeloma therapies”

https://event.webcasts.com/starthere.jsp?ei=1422432&tp_key=8c0d442cb2

Wednesday March 24, 2021 1:00 pm — 2:00 pm ET

How XPOVIO Works in Your Body

Myeloma Crowd

<https://www.myelomacrowd.org/event/how-does-xpovio-work-in-your-body/>

Thursday March 25, 2021 2:00pm — 3:00pm ET

Myeloma 101 for the African American Community with Dr. Craig Cole

Myeloma Crowd

<https://www.myelomacrowd.org/event/myeloma-within-the-african-american-community-with-dr-craig-cole/>

Myeloma Action Month (MAM)

<https://mam.myeloma.org/>

- **31 Days of Resilience**

- **Something to do every day this month to help with resilience – post on social media yourself completing that day’s activity with #IAMRESILIENT2021, #MyelomaWarrior, #MyelomaACTIONMonth, and it will be added to the “MAM Wall of Resilience”**
- **Myeloma fact for every day this month**
- **Yoga/Chair Exercises with Kelley Sidorowicz**
- **MAM Merchandise – Warrior merchandise, Resilience merchandise, IMF merchandise**
 - **Effective: February 17 through March 31, 2021**
 - **SPECIAL PRICING: 10 IMF face masks (5 burgundy / 5 black) \$60.00 (per/pack of 10) no additional shipping charge (These masks are regularly \$10 each)**
 - **PLEASE NOTE: Each 10 pack will be shipped to one location/address ONLY.**
 - **Orders must be submitted to Jon Fitzpatrick at jfitzpatrick@myeloma.org utilizing the attached order form.**

NEWS

New Drug Approval!

- **Pepaxto (Melflufen – Melphalan Flufenamide)**
- **New Drug Class – Pepaxto first drug in this class**
 - **Anti-cancer peptide drug conjugate**
 - **Anti-cancer peptide delivers melphalan directly to MM cells**
 - **Given with Dex for relapsed/refractory MM**

- Patient must have received 4 prior lines of treatment and is refractory to at least 1 proteasome inhibitor (Ninlaro, Velcade, Kyprolis), 1 immunomodulatory agent (Pomalyst, Revlimid, Thalidomide), and 1 CD38 monoclonal antibody (Dara, Empliciti, Sarclisa)
- Pharma Company – Oncopeptides
- Data/Approval based upon Horizon Trial
- 30-minute infusion on day 1 every 28 days plus 40 mg of Dex daily
- Need kidney GFR greater than 45

Guest Speaker:

Megan Harvey, RN/MSN – Oncology Clinical Educator from Janssen

Topic:

Darzalex Faspro – visit <https://news.darzalex.com/faspro/> for information

Misc Information

- **Leukemia/Lymphoma Society (LLS) New CAR t-cell Travel Assistance Program**
 - **Susan Lang Pre-Car T-Cell Therapy Travel Assistance Program**
 - **<https://www.lls.org/support/financial-support/pre-car-t-cell-therapy-travel-assistance-program>**

- **Interesting Information from Twitter**
 - **What is Cartitude-1 Therapy?**
 - <https://twitter.com/theMMRF/status/1359275572392845313>
 - **Melflufen for Myeloma: A Deep Dive**
 - https://www.curetalks.com/melflufen-for-myeloma-a-deep-dive/?utm_source=sm&utm_content=melflufen_Dr_Paul_G_Richardson
 - **What Covid can teach us about cancer**
 - <https://www.cnn.com/2021/02/24/opinions/covid-lessons-for-cancer-opinion-giusti/index.html>
 - **Our review on the current state of evidence on system-wise treatment toxicities and supportive care in Multiple Myeloma (great chart!)**
 - <https://twitter.com/rajshekharucms/status/1231962323327344642?s=11>

Facebook – Myeloma Groups

Frank discussed with the group the availability of on-line Multiple Myeloma Groups on Facebook that he felt were interesting...common and not so common topics are discussed with other myeloma patients/caregivers/family members. Below are of some of these groups, if you are interested.

- **General Multiple Myeloma Group**

- **Multiple Myeloma COVID19 Related Information Group**
- **Multiple Myeloma Patients**
- **MGUS in Multiple Myeloma Patients**
- **Myeloma Crowd – HealthTree**
- **Multiple Myeloma And Amyloidosis Patients On Venetoclax**
- **MMRF Facebook Group - Newly Diagnosed Multiple Myeloma Patients**

Planning Ahead:

Here is the meeting/speaker schedule for the months ahead, as of now...

April 7 2021 – Biology and Cytogenetics of Multiple Myeloma Disease (Karyopharm)

May 5, 2021 – Lab Values (Karyopharm)

June 2, 2021 – Cancer Survivorship...Optimizing Wellness (Takeda)

July – No Meeting

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INFORMATIONAL MYELOMA LINKS

International Myeloma Foundation

<https://www.myeloma.org/>

- **Exciting Progress in Myeloma: FDA Approval of Melphalan Flufenamide and Important Research Results Published**
- **FDA Approves PEPAXTO® (melphalan flufenamide) in Combination with Dexamethasone for Relapsed or Refractory Myeloma**
- **Diversity and Inclusion**
 - <https://www.myeloma.org/diversity/diversity-inclusion>
- **Advocacy**
 - <https://www.myeloma.org/take-action/advocacy>
- **Veterans Against Myeloma**
 - <https://www.myeloma.org/veterans-against-myeloma>
- **External Resources**
 - <https://www.myeloma.org/online-resources>
 - **Drug Reimbursement Information and Assistance**
 - **Government Assistance**
 - **Guidance and Support**
 - **Housing and Travel Assistance**
 - **International Support**
 - **Legal Assistance**
 - **Pain Management**
 - **Transplant Resources**

- **Other Cancer Resources**

Myeloma Action Month

<https://mam.myeloma.org/>

What Is Myeloma Action Month?

Spearheaded by the International Myeloma Foundation (IMF), Myeloma Action Month takes place every March to encourage individuals and groups to take actions that positively impact the myeloma community.

This year the IMF invites you to join the myeloma community and nurture your own resilience.

We can all take small actions in our lives to enhance our well-being, fortify our resilience, and improve the lives of those in the myeloma community.

- **Join the “31 Days of Resilience.”**
- **Engage in Meditation and Yoga for a Resilient Mind-Body Experience**
- **WALL OF RESILIENCE**
 - **To see your photo in the WOR social feed, be sure to hashtag using one of the following:**
 - **#IAMRESILIENT2021, #MyelomaWarrior, #MyelomaACTIONMonth**
- **Patient Action Letter**
 - <https://mam.myeloma.org/patient-action-letter/>
- **Welcome to the Mind and Body experience of Myeloma Action Month**

- <https://mam.myeloma.org/mind-and-body/>
- **Press Release**
 - <https://mam.myeloma.org/mam-press-release/>
- **Merchandise Store – Myeloma Warrior, Resilience, Myeloma Action Month**
 - **Effective: February 17 through March 31, 2021**

SPECIAL PRICING: 10 IMF face masks (5 burgundy / 5 black) \$60.00 (per/pack of 10) no additional shipping charge (These masks are regularly \$10 each)

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The Multiple Myeloma Research Foundation

<https://themmrf.org/>

- **News, Press, and Blogs**
 - <https://themmrf.org/about/news-press-and-blogs/>
 - **Expert Session – Top FAQs**
 - **CNN: MMRF Founder & myeloma survivor Kathy Giusti shares three critical steps to getting ahead of a cancer diagnosis**

- **A Conversation with Myeloma Nurse Practitioner Amy Pierre**
- **Learn Your Labs Webinar – Top FAQs**

Myeloma Crowd

<https://www.myelomacrowd.org/>

- **March 20, 2021 March 20 @ 12:00pm — 1:35pm EST**
 - **What's Next? Decision-Making for Relapsed/Refractory Myeloma: Register Now for the Myeloma Crowd Round Table Interactive Webcast on March 20**
 - **Speakers: Noa Biran, MD, William Matsui, MD, Kenneth Shain, MD, PhD**
- **Ide-cel CAR T Update for Relapsed / Refractory Multiple Myeloma Patients**
- **Arthritis Drug Acute GVHD in Unrelated Allo Stem Cell Transplants**
- **A Prior Cancer Diagnosis and Later Development of Multiple Myeloma**
- **The Need for Myeloma Expertise: Beth Ayen's Story**
- **Myeloma Crowd Launches #CureinFive Initiative for Myeloma Awareness Month**
- **Clinical Trial: New Phase II Trial Opens for Pfizer's Multiple Myeloma Bispecific Antibody Elrantamab**
- **FDA Removes Clinical Trial Hold on Cellectis Off-the-Shelf CAR T for Multiple Myeloma**

- **Belantamab Mafodotin Teams with SpringWorks Drug to Increase BCMA Expression in Early Myeloma Trial**
- **Financial Friday: Navigating Cancer and Your Finances**
- **Join the Myeloma Coach Team and Find Support and Resources**
- **Join the Myeloma Community to Find Financial Resources & Learn to Advocate for Yourself**

HealthTree University

- **HealthTree University: Myeloma Bone Disease (Part 3 of 5)**
- **HealthTree University: Myeloma Bone Disease (Part 4 of 5)**
- **WATCH HealthTree University: Myeloma Bone Disease (Part 5 of 5)**

Myeloma Crowd Radio

<https://www.myelomacrowd.org/myeloma-crowd-radio-episodes/>

Myeloma Beacon

<https://myelomabeacon.org/>

Myeloma Central

<https://www.myelomacentral.com/>

Cure

<https://www.curetoday.com/tumor/myeloma>

- **FDA Approves Pepaxto Combination for Relapsed/Refractory Multiple Myeloma**
- **Novel CAR-T Cell Therapy Produces Sustainable Response in Patients with Relapsed Multiple Myeloma**

CureTalks

<https://www.curetalks.com/category/myeloma/>

Onclive/Onclive Videos

<https://www.onclive.com/clinical/multiple-myeloma>

- **Dr. Hari on Key Treatment Considerations for Relapsed/Refractory Myeloma**
- **mRNA-Based CAR T-Cell Therapy Descartes-11 Moves Into Phase 2 Trial in Myeloma**
- **Teclistamab Shows Continued Promise in Relapsed/Refractory Multiple Myeloma**
- **Plus, many other new articles and videos!**

Myeloma Research News

<https://myelomaresearchnews.com/>

- **C4 Therapeutics Ready to Open Phase 1/2a Trial of CFT7455**
- **Darzalex Combos Linked to Stronger Cancer Eradication, Prolonged Survival**

MultipleMyelomaHub

<https://multiplemyelomahub.com/>

- Where are we on anti-BCMA CAR T-cell therapies for MM?
- NICE recommends lenalidomide maintenance after auto-SCT
- Ibrdomide and dexamethasone with bortezomib or daratumumab for relapsed and refractory MM
- Positive EMA's CHMP opinion announced for isatuximab with carfilzomib and dexamethasone in relapsed MM
- Should we use melflufen to treat relapsed patients with poor prognosis?

Cancer.com

<https://www.cancer.com/>

Patient Power

<https://patientpower.info/multiple-myeloma/>

- Stem Cell Transplants Effective for Older Multiple Myeloma Patients
- New FDA Approval for Relapsed/Refractory Multiple Myeloma
- Venetoclax Effectively Targets B-Cell Multiple Myeloma
- CAR T-Cell Therapy Results in Remission for Myeloma Patients

American Society of Hematology

<https://www.hematology.org/>

Ash Clinical News

<https://www.ashclinicalnews.org/>

- Charting the Myeloma Immunotherapy Landscape
- Melphalan Flufenamide Receives Accelerated Approval for Relapsed/Refractory Multiple Myeloma
- Daratumumab and Hyaluronidase-fihj Approved for Light Chain Amyloidosis
- Examining Outcomes Among Hispanic Patients With Multiple Myeloma

HealthTree University Myeloma (YouTube)

<https://www.youtube.com/channel/UC27i8v856WBGy-4ONPJS0MQ>

- How does genetic testing help assess risk? Why is knowing risk stratification important?
- What are the genetic tests that can be done on a sample of bone marrow?
- Is there a test that measures how quickly your myeloma cells divide?
- Plus, more!

Healio

<https://www.healio.com/news/hematology-oncology/myeloma>

- FDA approves Pepaxto for relapsed multiple myeloma

- CAR-T equally safe, effective for older patients with advanced multiple myeloma
- Recommendations are 'call to action' for African American inclusion in myeloma trials
- Autologous HSCT effective, safe for older adults with multiple myeloma
- Research institute publishes draft report on anti-BCMA therapies for multiple myeloma

Blood (ASH Publication)

<https://ashpublications.org/blood/issue/137/9>

- Dexamethasone as a partner of isatuximab
- Deletion 17p: a matter of size and number?

Leukemia/Lymphoma Society (LLS)

<https://www.lls.org/>

- Treatment Updates: Multiple Myeloma
 - https://www.lls.org/llssearch?search-terms=multiple+Myeloma&search_language=en

MYeloma Channel

<https://myelomachannel.com/>

- Website for relapsed myeloma patients

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INFORMATIONAL MYELOMA/COVID-19 LINKS

International Myeloma Foundation

<https://www.myeloma.org/>

- **Title: Patient & Family Webinar - From Vaccine to Variants: The Latest COVID-19 Safety Guidelines**
- **Date: Saturday, March 13, 2021**
- **Time: 10:00 AM Eastern Standard Time**

Duration: 3 hours

- **New CDC Research Confirms That Masks Really Do Work**

Cure

- <https://www.curetoday.com/view/johnson-johnson-s-single-dose-covid-19-vaccine-a-tremendous-asset-for-patients-with-cancer>
- **Johnson & Johnson's Single-Dose COVID-19 Vaccine a 'Tremendous Asset' for Patients With Cancer**

OnLive

<https://www.onlive.com/view/dr-ip-on-the-challenges-of-treating-patients-with-hematologic-malignancies-and-covid-19>

Patient Power

<https://patientpower.info/search/?center=&query=coronavirus>

- **Should I Delay My Mammogram After the COVID-19 Vaccine?**
- **Multiple Myeloma and COVID-19: What Experts Have Learned**
- **COVID-19 Lessons for Myeloma Patients**
- **People with Cancer Urged to Get the COVID-19 Vaccine**

American Society of Hematology

<https://www.hematology.org/covid-19>

- **COVID-19 Resources (Updated March 1, 2021)**

The Lancet

<https://www.thelancet.com/coronavirus>

- **COVID-19 Resource Center**

Healio

<https://www.healio.com/news/infectious-disease/resources/covid19-resource-center>

- **COVID-19 Resource Center**
 - **Breaking news and emerging research on the COVID-19 pandemic**
 - **FDA authorizes first at home, over the counter COVID-19 test, plus more information**

Leukemia/Lymphoma Society (LLS)

https://www.lls.org/llssearch?search-terms=covid+19&search_language=en

- **LLS COVID-19 Patient Financial Aid Program**
- **Coronavirus (COVID-19) Webcasts**

CureTalks

<https://www.curetalks.com/?s=covid19>

- **Covid-19 Vaccines – What Multiple Myeloma Patients Should Know? (Replay)**