



SUPPLEMENTAL MARCH MEETING

SINCE OUR USUAL SECOND SATURDAY MEETING on March 13, **WILL BE IN THE FORM OF an IMF FRIENDS & FAMILY WEBINAR** : find this at

<https://www.myeloma.org/videos/vaccine-variants-latest-covid-19-safety-guidance>

We will be having an extra Zoom support meeting on March 20 at 9 a.m. for those who want to have some sharing time. If you would like to sign up or find out if this group is right for you, please call Sarah Kelzenberg, Group Facilitator and MM Survivor 602-565-1977 or email me at denver@imfsupport.org If you decide to join the group, please give me your name, address, phone # and email address and I will put your email on the contacts list for the Zoom meeting announcements. I send a monthly emails to the group before each 2nd Saturday meeting with the Zoom Join info.

Our group also has a Caregiver's Monthly Meeting, facilitated by one of our caregivers, Stan Smith. It is held on the 4th Wednesday at 7 p.m., so it will be on March 24th this month. If your caregiver would be interested in that meeting, give Sarah his/her information. Your caregiver will then receive an email for this meeting before the 4th Wednesday of each month.

Although our main goal is to share our stories and support each other with information about multiple myeloma on our journeys, occasionally we have speakers. On the 20th, we will have a short presentation by one of our members, Steve Reinhard, showing us how his damaged bones have grown back. Then we will have the rest of the time to share stories.

Feel free to email me or give me a call if you would like to clarify anything or just chat.

LOOKING FORWARD TO HAVING YOU WITH US AT OUR NEXT

MEETING, on SATURDAY, MARCH 13th, from 9-11 a.m.!!!

Sarah Kelzenberg, Group Facilitator

denver@imfsupport.org

602-565-1977

Visit our Denver IMF website: <https://denver.support.myeloma.org>