

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP VIRTUAL MEETING FEBRUARY 3, 2021 RECAP

There were 41 members on the February 3, 2021 Zoom Virtual Meeting. We welcomed one new member.

Guest Speaker: Kelley Sidorowicz – Director of Support Groups for the IMF (International Myeloma Foundation)

Kelley gave a recap of the ASH 2020 meeting, and showed the group how to navigate the IMF website to view ASH information and Blogs. She also discussed the upcoming Myeloma Action Month, which is held in March, and provided information on the IMF Myeloma Action Month website.

You can view the replay of Dr. Durie recapping ASH 2020 and download the slides here...

<https://www.myeloma.org/videos/best-ash-2020>

You can visit the IMF Myeloma Action Month website here...

<https://mam.myeloma.org/>

More discussion on Myeloma Action Month at our March virtual meeting.

I found this interesting thread on Twitter discussing a chemo- port; discussing its purpose and with interesting diagrams!

<https://t.co/pH4f8amZKX>

There is much discussion regarding where to find a COVID vaccine in New Jersey and how to register for one. Below are some links and suggestions to check regularly if you are still looking to be vaccinated.

New Jersey COVID-19 Information Hub

<https://covid19.nj.gov/pages/vaccine>

CVS

<https://www.cvs.com/immunizations/covid-19-vaccine>

- Create an account beforehand...saves time when you get through to schedule a vaccine...Also if you have a prescription plan, like Express Scripts, you will need a BIN # to proceed.

Walgreens

<https://www.walgreens.com/topic/promotion/covid-vaccine.jsp>

- Create an account beforehand...saves time when you get through to schedule a vaccine

Rite Aid

https://www.riteaid.com/pharmacy/covid-qualifier?utm_source=ebay_affiliate&utm_medium=affiliate&utm_term=21181&

[utm_campaign=Affiliate&utm_content=8-9870&source=pepperjam&publisher=21181&click=3478262883&clickId=3478262883](https://www.pepperjam.com/utm_campaign=Affiliate&utm_content=8-9870&source=pepperjam&publisher=21181&click=3478262883&clickId=3478262883)

- Again, create an account beforehand

Atlantic Health System

<https://www.atlantichealth.org/conditions-treatments/coronavirus-covid-19/covid-vaccine.html>

- This website allows you to register for the vaccine at various vaccination sites

Robert Wood Johnson/Barnabas Health

<https://www.rwjbh.org/patients-visitors/what-you-need-to-know-about-covid-19/schedule-a-vaccine/>

Hackensack Medical Center

<https://www.hackensackmeridianhealth.org/covid19/>

ShopRite

<https://vaccines.shoprite.com/>

- ShopRite also has a Pharmacy app which allows you to access the “scheduler” icon quickly

Coming soon...Select Walmart and Sam’s Club locations

- You will need to create an account beforehand

There are other vaccine sites around New Jersey as well, but some counties restrict their vaccinations to their residents. The Summit Medical Group is offering vaccines to their patients only.

**CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP
FEBRUARY 3, 2021 VIRTUAL MEETING RECAP
INFORMATIONAL MYELOMA LINKS**

International Myeloma Foundation

<https://www.myeloma.org/>

- **Thursday February 5, 2021**
 - **2:00 pm**
 - **Building Your Resilience During Challenging Times Webinar**
 - <https://www.myeloma.org/videos/building-your-resilience-during-challenging-times>

Register now!

- Learning from Iceland's Model for Genetic Research
- #AskDrDurie

- When patients test as having borderline high-risk smoldering myeloma, should they receive treatment?
- CIACC (Coalition to Improve Access to Cancer Care) Presidential Transition Letter
 - <https://www.access2cancercare.org/ciacc-presidential-transition-letter/>
 - The importance of Oral Parity in Chemotherapy Drugs and request for support of Cancer Drug Parity Act
- Best of ASH 2020 (replay)
 - <https://www.myeloma.org/videos/best-ash-2020>
- Myeloma Action Month (MAM)
 - <https://mam.myeloma.org/>
 - “What Is Myeloma Action Month? Spearheaded by the International Myeloma Foundation (IMF), Myeloma Action Month takes place every March to encourage individuals and groups to take actions that positively impact the myeloma community. This year the IMF invites you to join the myeloma community and nurture your own resilience. We can all take small actions in our lives to enhance our well-being, fortify our resilience, and improve the lives of those in the myeloma community. “
- Drug Reimbursement Information and Assistance
 - <https://www.myeloma.org/online-resources/drug-reimbursement-information-assistance>
- Smart Patients online Community
 - <https://www.myeloma.org/resource-library/online-forum>

- Caregiver Resources
 - <https://www.myeloma.org/resources-support/caregiver-resources>
- Diversity
 - <https://www.myeloma.org/diversity/diversity-inclusion>
- On Line Resources
 - <https://www.myeloma.org/online-resources>
 - Drug Reimbursement Information and Assistance
 - Government
 - Guidance and Support
 - Housing and Travel Assistance
 - International Organizations
 - Legal Assistance
 - Other Cancer Organizations and Resources
 - Pain Management
 - Transplant
- Info Line
 - Leave a message at 1-800-452-2873 or at info@myeloma.org

Multiple Myeloma Research Foundation

<https://themmrf.org/>

Myeloma Crowd

<https://www.myelomacrowd.org/>

- What is Cartitude-1 Study?
 - <https://t.co/mgdMk7cjpc>
- FDA Removes Clinical Trial Hold on Cellectis Off-the-Shelf CAR T for Multiple Myeloma
- ONJ and Multiple Myeloma
- Belantamab Mafodotin Teams with SpringWorks Drug to Increase BCMA Expression in Early Myeloma Trial
- Avoiding Caregiver Burnout: Caregiver Coaches Offer Advice
- A Caregiver's Perspective: Becoming Empowered through Education
- Experienced Myeloma Patient to Lead African American Chapter
- Talquetamab (GPRC5D) as a New Bi-specific Antibody Treatment Option for Relapsed Multiple Myeloma
- Interfering with a Specific Gene (IRF4) to Treat Multiple Myeloma
- TMA, a Rare Complication of Stem Cell Transplants
- Darzalex FASPRO Receives FDA Approval for AL Amyloidosis
- New Rules for Healthcare Costs Disclosure and Surprise Billing
- The Positive Effect of Consolidation Therapy in Multiple Myeloma

Health Tree University

- HealthTree University: Know Your Therapy (BETA) (Part 2 of 3)

- HealthTree University: Know Your Therapy (BETA) (Part 3 of 3)
- HealthTree University: Myeloma Bone Disease (Part 1 of 5)
- HealthTree University: Myeloma Bone Disease (Part 2 of 5)

Myeloma Crowd Roundtables

- **February 27, 2021 @ 12:00 pm**
 - **Fixing Disparities in Myeloma: The Key to Unlock Cures for All?**
 - **Register now!**

Myeloma Crowd Radio

- Full Show: What's Coming in 2021 in Multiple Myeloma with Robert Orlowski, MD, PhD, MD Anderson Cancer Center

Myeloma Beacon

<https://myelomabeacon.org/>

Myeloma Central

<https://www.myelomacentral.com/>

Cure

<https://www.curetoday.com/tumor/myeloma>

- Triple Therapy with Darzalex Improves Pain, Quality of Life in Newly Diagnosed Multiple Myeloma Ineligible for Stem Cell Transplantation

Curetalks

https://www.curetalks.com/melflufen-for-myeloma-a-deep-dive/?utm_source=sm&utm_content=melflufen_Dr_Paul_G_Richardson

- **Live Talk on Feb 18, 2021, 11:00 am EST**
 - **Melflufen for Myeloma: A Deep Dive**
 - **RSVP now!**
- ASH 2020 Updates: CAR T Cell Therapies in Multiple Myeloma (replay)

Onclive/Onclive Videos

<https://www.onclive.com/clinical/multiple-myeloma>

- Many new articles and videos!

Myeloma Research News

<https://myelomaresearchnews.com/>

- FDA Clears Way for Clinical Trial of HDP-101
- Under-the-skin Velcade Found to Work Better in Farydak Triple Combo
- EMA Plans Speedy Review of Cilta-cel, CAR T-cell Therapy for Advanced Myeloma
- Dosing Begins in Phase 1 Trial of CERC-007

- Jakafi Plus Steroid Continuing to Treat Multiple Myeloma in Phase 1 Trial

Multiple Myeloma Hub

<https://multiplemyelomahub.com/>

- ASH 2020
- COMy 2020
- AL AMYLOIDOSIS
- Types of Myeloma
- Multiple Myeloma Therapeutics
- Multiple Myeloma Congresses
- Trials
- Expert Opinions

Cancer.com

<https://www.cancer.com/>

Patient Power

<https://patientpower.info/multiple-myeloma/>

- Latest News on CAR T-Cell Therapy for Multiple Myeloma
- New Combination Therapy for Relapsed Multiple Myeloma

ASH

<https://www.hematology.org/>

Ash Clinical News

<https://www.ashclinicalnews.org/>

MYeloma Channel

<https://myelomachannel.com/>

Leukemia & Lymphoma Foundation

<https://www.lls.org/>

Spark Cures

<https://sparkcures.com/>

HealthTree University Myeloma (YouTube)

<https://www.youtube.com/channel/UC27i8v856WBGy-4ONPJS0MQ>

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COVID/MYELOMA INFORMATIONAL LINKS

International Myeloma Foundation

<https://www.myeloma.org/covid-19-vaccination-myeloma-patients>

- COVID-19 Vaccinations and Myeloma Patients

Multiple Myeloma Research Foundation

<https://themmrf.org/2021/01/25/multiple-myeloma-and-the-coronavirus/>

- COVID-19 and Multiple Myeloma
- National Comprehensive Cancer Network (updated 1/25/21)
 - COVID-19 Vaccine Recommendations for Cancer Patients
 - ...Chief Medical Officer, Hearn Cho, addresses important questions for multiple myeloma patients (regarding COVID-19) – Video
 - Additional COVID-19 Videos
 - How to minimize your risk
 - FAQ
 - Patient Resources

Myeloma Crowd

<https://www.myelomacrowd.org/covid-vaccination-guidelines-for-myeloma-patients-released/>

- COVID Vaccination Guidelines for Myeloma Patients Released

<https://www.myelomacrowd.org/covid-relief-insurance-and-pharmaceutical-resources-available/>

- COVID Relief: Insurance and Pharmaceutical Resources Available

Myeloma Crowd Radio

<https://www.myelomacrowd.org/myeloma-crowd-radio-episodes/>

- Full Show: The IMPACT of COVID-19 on MGUS, Smoldering Myeloma, African Americans and Myeloma Patient Family Members

Onclive

<https://www.onclive.com/view/teaching-an-old-dog-new-tricks-repurposing-cancer-drugs-to-combat-covid-19>

- Teaching an Old Dog New Tricks: Repurposing Cancer Drugs to Combat COVID-19

Curetalks

<https://www.curetalks.com/covid19-vaccinations-all-multiple-myeloma-patients-should-know/>

- **Live Talk on Feb 23, 2021, 01:30 pm EST**
 - **Covid19 Vaccinations – What Multiple Myeloma Patients Should Know?**
 - **RSVP now!**