



I AM RESILIENT



**#IAMRESILIENT2020
MAM.MYELOMA.ORG**

November 2020

IMF Support Group Leader Monthly Newsletter!

We are grateful to support group leaders for taking the necessary steps to meet virtually and keep yourselves and your group members safe. Please remember that the IMF offers to all myeloma support groups free virtual meetings using GoToMeeting platform. Please contact your IMF Support Group Team for details SGteam@myeloma.org

IMF at ASH 2020

Click [here](#) to get the latest updates from ASH 2020!

Ask Dr. Durie Videos

- November 4: Should myeloma Patients alter their treatment if their protein spike remains low but has not gone away? [View here](#)
- November 12: COVID-19 FAQ #24: For myeloma patients, how important is it to wear a mask? [View here](#)

IMF Blogs

- November 2: There is good in the world! [Read here](#)
- November 12: ASH 2020: Building towards the future of myeloma care. [Read here](#)

Other Myeloma Updates and Information

- COVID-19 & Myeloma Patient Safety: : [Click Here](#)
- Charity Navigator awards the IMF a 4-star rating for the 16th time! [Read here](#)
- 30 years of putting multiple myeloma patients first. [Watch here](#)
- Register now for FREE for the popular livestream: The IMWG from ASH. [Register here](#)
- Come learn more about the IMF's Diversity Program [here!](#)
- Listen to the new episodes of Dr. Durie's new podcast [Click here](#)
- Building resilience during COVID-19 with yoga! [View here](#)

Educational Programs

- November 12: Telehealth – How to make the most of your healthcare provider visit. [Watch the replay here](#)

Virtual Meeting Topics/Speakers

- If you are interested in a virtual presentation for your support group on [updates and resources from the IMF](#), contact your Support Group Director: sgteam@myeloma.org
- If you are interested in a virtual presentation for your support group from [The Binding Site](#) or [Karyopharm Therapeutics](#) please contact Robin Tuohy: rtuohy@myeloma.org
- If you are interested in a virtual presentation from a nurse from the [IMF Nurse Leadership Board](#), please contact Jon Fitzpatrick: jfitzpatrick@myeloma.org.
- If you are having a guest speaker and would like to offer other groups to join your virtual meeting, please stay tuned on how to post this to the Support Group Leader Toolkit.



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Improving Lives **Finding the Cure**

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