

CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

MEETING RECAP FOR SEPTEMBER 4, 2019

SEPTEMBER IS BLOOD CANCER AWARENESS MONTH

GUEST SPEAKER: Kelley Sidorowicz, Regional Director, Support Groups for the International Myeloma Foundation (“IMF”) and is one of our support group’s key contact persons at the IMF. Kelley spoke to the group about IMF resources, as she went through the International Myeloma Foundation website and highlighted important areas available to patients and caregivers. She spoke of some of the new therapies, the International Myeloma Foundation’s Black Swan Initiative, as well as the iStopMM study being done in Iceland.

We welcomed 3 new members to our support group.

IMPORTANT DATES:

September 12-15 2019 - The International Myeloma Workshop (IMW) 2019

Boston, MA

“IMW is held every 2 years and is devoted to fostering scientific and clinical exchange on the latest breakthroughs in multiple myeloma and related plasma cell disorders.”

The MMRF will be presenting abstracts, daily webinar updates, daily social media posts, and a patient symposium.

September 15- MMRF Patient Symposium...to attend visit

<https://one.bidpal.net/bostonsymposium/welcome>

September 12-15 ...register for daily updates

https://event.webcasts.com/starthere.jsp?ei=1254791&tp_key=020c25ac93

September 12 - 14...Facebook Live

On Thursday, Friday and Saturday the MMRF will be LIVE on Facebook with myeloma experts covering topics from the workshops. Featuring...

Paul Richardson and Irene Ghobrial Thursday, 9/12 - 5:30pm EDT

Amrita Krishnan and Jesus Berdeja Friday, 9/13 - 12:30pm EDT

Shaji Kumar and Noopur Raje Saturday, 9/14 - 4:00 pm EDT

September 21

Miracles for Myeloma 5K Run/Walk in Clark, NJ. It is not too late to register or make a donation!!! If you like, you can join the support group's team...Central Jersey Memorial Team, or create or your own team, or walk as an individual participant. Visit http://give.myeloma.org/site/TR?fr_id=1770&pg=entry

September 26 (4:00pm-7:15pm)

Rutgers Cancer Institute of NJ "New Horizons in the Treatment of Hematologic Cancers" program with Drs. Dennis Cooper, Kevin David, Rajat Bannerji, Robert Grossman, Alice Cohen, and patient speaker John Lucas. This is a free program, but you must preregister. Attached is more information.

October 26

Light The Night Walk (4:30 pm)

APX Morristown, 412 Mt. Kemble Avenue, Morristown, NJ

"The Leukemia & Lymphoma Society's Light The Night Walk funds treatments that are saving the lives of patients today. LLS is making cures happen by providing patient support services, advocating for lifesaving treatments and pioneering the most promising cancer research anywhere.

This year, in the fall, these teams and their communities Light The Night at our walks where we gather together to celebrate, honor and remember those touched by cancer.”

Visit <https://www.lightthenight.org/events/morris-county> to donate or sign up to walk.

Important Information:

CANCER SUPPORT COMMUNITY OF CENTRAL NEW JERSEY

“Founded in 2002, Cancer Support Community Central New Jersey (CSCCNJ) are experts in providing psychosocial support services to address the emotional and social impact of cancer. Here in Central NJ, we have been providing our professional program of support into the communities that we serve for more than a decade. Since our inception, we have provided more than 81,000 hours of service to nearly 12,000 people that have come through our doors. We provide professionally led support groups, educational workshops, healthy cooking and nutrition classes and activities to promote health and wellness. CSCCNJ serves all individuals affected by cancer including patients, survivors, caregivers, family, and friends at no charge to the individual. We are funded solely through donations, and 89% of all money raised goes directly to our programs of support.”

“Our Mission & Vision: To ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. So that no one faces cancer alone.”

Please visit their webpage for more information on areas of assistance, events, etc. <https://www.cancersupportcnj.org>

They are located at 3 Crossroads Drive Bedminster, NJ 07921, phone (908) 658-5400, or email centralnj@cancersupportcnj.org

Attached:

- **[Important links to myeloma related news and information](#)**
- **[IMF’s List of Acronyms and Abbreviations](#)**

- **Information Sheet on the New Horizons in the Treatment of Hematologic Cancers Program at Rutgers Cancer Institute**

PLEASE REMEMBER ALL INFORMATION IN THIS RECAP IS FOR INFORMATIONAL USE ONLY...ALWAYS CONSULT WITH YOUR HEALTH CARE TEAM

I was given a copy of this quote by a dear friend...

“After every storm there’s a rainbow, no matter how long it takes to show up”

Enjoy this beautiful transition into fall, look for your rainbow, and hope to see you in October.

Debbie Morelli