

## CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP

### MEETING RECAP FOR WEDNESDAY, JANUARY 9, 2019

This was an open meeting...

We welcomed 3 new members to our group!

Below were some of the topics of discussion

- Takeda Pharmaceutical has made deals with Memorial Sloan Kettering Cancer Center, along with Noile-Immune Biotech, Inc., and Crescendo Biologics to develop yet another CAR-T cell therapy.

#### **Takeda Drives Immuno-Oncology Portfolio With Three Cell Therapy Collaborations | BioSpace**

[www.biospace.com/article/takeda-drives-immuno-oncology-portfolio-with-three-cell-therapy-collaborations/](http://www.biospace.com/article/takeda-drives-immuno-oncology-portfolio-with-three-cell-therapy-collaborations/)

- On November 27, Frank and I were invited to be part of a panel discussion led by Syneos Health at a conference for Clinical Nurse Educators in Philadelphia. Our portion of the discussion focused on the importance of Clinical Nurse Educators to patients. (Many of our speakers have included Clinical Nurse Educators, as well as many of the Pharma presentations for the public on specific drug therapies have been presented by Clinical Nurse Educators.)
- Videos were shown from the ASH (American Society of Hematologists) Conference that was held in San Diego in December. While these videos were at times hard to comprehend what was being discussed, you could not help but

find encouragement in the enthusiasm each video's presenter showed!!! To view recaps from ASH 2018, go to...

### **IMWG Conference Series: 60th ASH Meeting**

[www.myeloma.org/understanding/imf-tv/imwg-series](http://www.myeloma.org/understanding/imf-tv/imwg-series)

### **BEST OF ASH 2018**

[www.myeloma.org/videos/best-ash-2018-teleconference](http://www.myeloma.org/videos/best-ash-2018-teleconference)

### **ASH 2018: Dr. Landgren Highlights Pivotal Myeloma Data**

[www.onclive.com/inside-oncology/ash-2018-news/ash-2018-dr-landgren-highlights-pivotal-myeloma-data](http://www.onclive.com/inside-oncology/ash-2018-news/ash-2018-dr-landgren-highlights-pivotal-myeloma-data)

## **Central NJ MM SG Important Dates to Remember!**

### **Saturday, February 9, 2019**

Crowne Plaza Philadelphia/Cherry Hill

Registration 9:30 AM, Program 10:00 AM

[www.ninlaro.com/stay-connected?id=223](http://www.ninlaro.com/stay-connected?id=223)

Program presented by Takeda Oncology on “Living with multiple myeloma”. The program features Dr. Noa Biran, from Hackensack University Medical Center, and a patient ambassador.

### **April 7 & 8, 2019 - IMF Patient & Family Seminar: Short Hills, NJ**

[www.myeloma.org/event/imf-patient-family-seminar-short-hills-nj](http://www.myeloma.org/event/imf-patient-family-seminar-short-hills-nj)

**May 1, 2019** – Spring Celebration of Life Event (Instead of our regular meeting we gather at Steeplechase for a catered social event)

**July 3, 2019** – No meeting, July 4 Holiday week

**September 21, 2019** – Miracles for Myeloma 5k Run/Walk Fundraiser

Frank and I have emailed out a survey regarding our group and what you as members are looking for in a support group. Thank you to those who have completed the survey, and we look forward to hearing from everyone. Please complete your responses by February 1, 2019, so that we can begin contacting our speakers. We hope to share the results with you at our next meeting February 6, 2019.

#### **AND FINALLY...**

March is **Myeloma Action Month**, and as a group we try to bring awareness about myeloma, by following suggestions provided by the International Myeloma Foundation. In the past, we have posted a video on Facebook that we have taken during our March meeting, of our members doing something fun and kicking off **MAM!** Last year we participated in the “Mannequin Challenge” and other groups have posted videos in the past of their members doing the “Mambo For Myeloma”, for example. We are looking for ideas for this year’s video! Please bring your ideas to our February meeting or respond with an idea to this email. Let’s get imaginative!!

Below are links to information that may be of interest to you...

**From: Myeloma Central**

<https://www.myelomacentral.com/>

(Provided by Celgene) Many informative myeloma topics, including...

- **Affording Care**

[www.myelomacentral.com/support-downloadable-resources/understanding-health-care-coverage/](http://www.myelomacentral.com/support-downloadable-resources/understanding-health-care-coverage/)

- **Oral Parity Laws**

[www.myelomacentral.com/support-downloadable-resources/oral-oncology-parity/](http://www.myelomacentral.com/support-downloadable-resources/oral-oncology-parity/)

- **Glossary of Multiple Myeloma Terms**

[www.myelomacentral.com/understanding-multiple-myeloma/glossary/](http://www.myelomacentral.com/understanding-multiple-myeloma/glossary/)

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**From: Onclive**

[www.onclive.com/specialty/myeloma](http://www.onclive.com/specialty/myeloma)

**MyDRUG Evaluates Targeted Agents in Multiple Myeloma**

[www.onclive.com/publications/oncology-live/2019/vol-20-no-2/mydrug-evaluates-targeted-agents-in-multiple-myeloma](http://www.onclive.com/publications/oncology-live/2019/vol-20-no-2/mydrug-evaluates-targeted-agents-in-multiple-myeloma)

**Despite Progress With CAR T-Cell Therapy, Transplant Retains Role in Myeloma**

[www.onclive.com/web-exclusives/despite-progress-with-car-t-cell-therapy-transplant-retains-role-in-myeloma](http://www.onclive.com/web-exclusives/despite-progress-with-car-t-cell-therapy-transplant-retains-role-in-myeloma)

## **OnLive Videos**

[www.onclive.com/videos/myeloma](http://www.onclive.com/videos/myeloma)

### **Progress in the Treatment of Multiple Myeloma**

“After providing an overview on the progression of the treatment landscape for patients with multiple myeloma, Kenneth C. Anderson, MD, discusses the potential rationale for treating patients with smoldering disease with systemic therapy.”

### **Dr. Chari on Treatment of Penta-Refractory Patients With Myeloma**

“Ajai Chari, MD, associate professor, Icahn School of Medicine, Mount Sinai Hospital, discusses the treatment of patients with penta-refractory multiple myeloma.”

### **Dr. Wong on an Investigational Antibody-Drug Conjugate in Multiple Myeloma**

“Sandy Wong, MD, assistant professor, University of California, San Francisco (UCSF) School of Medicine, discusses an investigational antibody-drug conjugate (ADC) in multiple myeloma.”

### **Treating Newly Diagnosed High-Risk Smoldering Myeloma**

“Experts in the management of patients with myeloma react to data demonstrated in recent trials that affects the management of patients with newly diagnosed high-risk smoldering disease.”

## **Identifying Between Smoldering and Active Myeloma**

“Distinguishing between smoldering and active myeloma and making appropriate choices for starting treatment.”

## **Dr. Cho on Targets for Immunotherapy in Multiple Myeloma**

“Hearn Jay Cho, MD, PhD, associate professor of medicine, Hematology/Oncology, Icahn School of Medicine, Mount Sinai Hospital, discusses current and emerging targets for immunotherapy in the treatment of patients with multiple myeloma.”

## **Dr. Martin on Selinexor in Penta-Refractory Patients With Myeloma**

“Thomas G. Martin, MD, clinical professor of medicine, Adult Leukemia and Bone Marrow Transplantation Program, associate director, Myeloma Program, University of California, San Francisco (UCSF); co-leader, Hematopoietic Malignancies Program, Helen Diller Family Comprehensive Cancer Center, discusses the potential of Selinexor in penta-refractory patients with multiple myeloma.”

**Visit for even more interesting videos**

**From: Myeloma Crowd**

[www.myelomacrowd.org](http://www.myelomacrowd.org)

**ASH 2018: New Advances in CAR T Studies with Damian Green, MD**

[www.myelomacrowd.org/ash-2018-new-advances-in-car-t-studies-with-damian-green-md/](http://www.myelomacrowd.org/ash-2018-new-advances-in-car-t-studies-with-damian-green-md/)

**...Pay it Forward in Multiple Myeloma by Becoming a Myeloma Coach**

[www.myelomacrowd.org/give-the-gift-of-your-time-become-a-myeloma-coach/](http://www.myelomacrowd.org/give-the-gift-of-your-time-become-a-myeloma-coach/)

And these articles...

**ASH 2018: Shaji Kumar, MD of the Mayo Clinic Selects His Top 5 Abstracts**

**ASH 2018: One Myeloma Transplant vs. Two? That is the Question**

**VERY Early Detection of Multiple Myeloma**

**Patient Power: Is Maintenance Therapy Necessary for MRD Negative Patients?**

**September 11: No Expiration Date For Those Near Ground Zero**

**PLUS MORE!**

**From: Myeloma Crowd Radio**

[www.myelomacrowd.org/myelomacrowd-radio/](http://www.myelomacrowd.org/myelomacrowd-radio/)

These taped shows...

**Identifying and Killing Myeloma Cells That Cause Myeloma and Relapse with MCRI Award Winner Dr. Frank Zhan and Dr. Yogesh Jethava**

**Finding new Targets of Myeloma Stem Cells to Prevent Relapse with Frank Zhan, PhD and Yogesh Jethava, MD, University of Iowa**

**Discovering an Immune System Signature for Multiple Myeloma Patients with MCRI Award Winner David Chung, MD, PhD, MSKCC**

**Racial Disparities in Multiple Myeloma with Ashraf Badros, MD, University of Maryland**

**PLUS MORE!**

**From: International Myeloma Foundation**

[www.myeloma.org](http://www.myeloma.org)

**Myeloma Action Month...On Being a Myeloma Warrior**

<http://mam.myeloma.org/be-a-warrior/>

**Co-Pay Assistance Programs Update**

[www.myeloma.org/article/co-pay-assistance-programs-update](http://www.myeloma.org/article/co-pay-assistance-programs-update)



## **IMF TV**

[www.myeloma.org/understanding/imf-tv](http://www.myeloma.org/understanding/imf-tv)

## **#ASKDRDURIE**

[www.myeloma.org/understanding/imf-tv/askdrdurie](http://www.myeloma.org/understanding/imf-tv/askdrdurie)

## **FUTURE MYELOMA THERAPY—WE PLAN, GOD LAUGHS**

**WRITTEN BY: BRIAN GM DURIE MD**

[www.myeloma.org/blog/dr-duries/future-myeloma-therapy-we-plan-god-laugh](http://www.myeloma.org/blog/dr-duries/future-myeloma-therapy-we-plan-god-laugh)

AND SOME OTHER ITEMS OF INTEREST

**Pros and cons of frontline autologous transplant in multiple myeloma: the debate over timing**

<http://www.bloodjournal.org/content/early/2018/12/21/blood-2018-08-825349?sso-checked=true>

## **CURE**

<https://www.curetoday.com/tumor/myeloma>

**“Racial disparities in myeloma. A slide set and tweetorial from a recent talk... African Americans are 2 to 3-fold more likely to get myeloma than whites.” Vincent Rajkumar**

<https://twitter.com/VincentRK/status/1085174244793901062>

**Increased Risk of Myeloma in African Americans Driven By Higher Rates of 3 Disease Subtypes**

[www.cancertherapyadvisor.com/multiple-myeloma/african-american-multiple-myeloma-patients-increased-risk-driven-by-higher-rates/article/827632/](http://www.cancertherapyadvisor.com/multiple-myeloma/african-american-multiple-myeloma-patients-increased-risk-driven-by-higher-rates/article/827632/)

**Celgene Boosted the Price of Its Top Cancer Drug on the Same Day of Mega-Deal**

<https://www.bloomberg.com/news/articles/2019-01-04/celgene-boosted-price-of-its-top-cancer-drug-on-day-of-mega-deal>

**MMRF**

<https://themmrf.org/>