

## CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP SEPTEMBER 2, 2020 MEETING UPDATE

This was our fourth virtual meeting. We had 35 members in attendance, including 3 new members. We also welcomed members from New York, Florida, and New England.

Guest Speaker: Dr. Aigars Brants, National Director of Scientific Affairs at the Binding Site, Inc.

Dr. Brants presented a very informative and interesting program on the Binding Site Assay, Freelite. According to Dr. Brants most specialists use Freelite to diagnose and monitor myeloma...heavy/light chains, M spike, etc. The test was created over 20 years ago, and is currently being used in Iceland for diagnosing participants in the iStopMM study, an International Myeloma Foundation project, for potential multiple myeloma patients. The Binding Site is also a proud sponsor of the iStopMM study. For more information, please visit the following links...

<https://www.bindingsite.com/en/our-products>

<https://www.bindingsite.com/en/the-science/monoclonal-gammopathies/understanding-monoclonal-gammopathies>

Videos...

iStoppMM

<https://www.bindingsite.com/en/resources/resources/video?id=fa8973b9-18eb-4eba-829c-338e4fd69821>

Modern myeloma serum tests

<https://www.bindingsite.com/en/resources/resources/video?id=bd1fa27d-00b1-47c8-8e6a-ef458909d1f8>

Freelite – The Optimal Diagnostic Test for Myeloma

<https://www.bindingsite.com/en/resources/resources/video?id=b2f4f85e-27e8-468b-83f0-f06af1212522>

Wikilite.com

“An online educational resource with continually updated information on serum free light chain (Freelite) and Hevylite analysis”

<https://www.wikilite.com/>

**Miracles for Myeloma 5K Walk/Run Virtual Edition!!**

[http://give.myeloma.org/site/TR?fr\\_id=2101&pg=entry](http://give.myeloma.org/site/TR?fr_id=2101&pg=entry)

Help make Miracles happen again! September 26, 2020, but you can start logging in your miles now! Visit the website to register as an individual participant, join a team, create a team, honor/remember someone on the Virtual Remembrance Path, or just donate! If you would like, join our support group’s team...the Central Jersey Memorial Team. Don’t miss out! Be part of the Miracle, and cure Multiple Myeloma!!

Below are important Myeloma/COVID19 Informational Links, as well as important Myeloma Informational Links...

**CENTRAL NEW JERSEY MULTIPLE MYELOMA SUPPORT GROUP  
SEPTEMBER 2, 2020 VIRTUAL MEETING UPDATE**

**IMPORTANT INFORMATIONAL LINKS**

## International Myeloma Foundation

<https://www.myeloma.org/>

- September Is Blood Cancer Awareness Month
- FDA Approves Kyprolis in Combination with Darzalex and Dexamethasone for Relapsed or Refractory Myeloma
- Los Angeles 2020 Patient & Family Webinar Replay
  - <https://www.myeloma.org/videos/los-angeles-2020-patient-family-webinar>
- #Ask Dr. Durie
  - What are bispecific antibodies?
    - <https://www.myeloma.org/videos/are-bispecific-antibodies-0>
- Latest Myeloma News
  - FDA Approves Kyprolis in Combination with Darzalex and Dexamethasone for Relapsed or Refractory Myeloma
  - The International Myeloma Foundation Honors Cancer Researchers Thierry Facon and Wee Joo Chng for Their Extraordinary Contributions
  - The 11th Annual IMWG Summit— A Great Success
- “Give with Bing”
  - <https://www.bing.com/give/join>
    - “...help fund \$1,000,000.00 in donations for Brian Novis Research Grant Awards given by the

International Myeloma Foundation...enroll in Microsoft Rewards for free and generate points which convert into monetary donations for research simply by clicking on your computer and tapping on your cell phone using Microsoft Bing and Microsoft Edge”

- Amazon Smile

- <https://smile.amazon.com/>

- Amazon donates 0.5% of all purchases you make.
    - “...shop at smile.amazon.com” (instead of using Amazon or your Amazon app), “...You designate the International Myeloma Foundation as your preferred charity.”
    - Is there a difference between Amazon and AmazonSmile? “...they are the same! Same products. Same Prices. Same Service”

## Myeloma Crowd

<https://www.myelomacrowd.org/>

- Nintaro with Dex and Revlimid Extends Survival for Newly Diagnosed, Transplant Ineligible Myeloma Patients
- More Good News for Newly Diagnosed, High Risk Myeloma Patients
- New Rules for the Centers for Medicare and Medicaid Services on CAR T Therapy
- Coping with Cancer Anxiety
- When and How to Get Vaccinated After Myeloma Treatment

- HealthTree University: Starting Myeloma Treatment (Part 1 of 3)
- HealthTree University: Becoming an Empowered Patient (Part 1 of 2)
- HealthTree University: Becoming an Empowered Patient (Part 2 of 2)
- How Immunomodulators Work in Multiple Myeloma

### **Myeloma Crowd Radio**

<https://www.blogtalkradio.com/myelomacrowdradio>

- Full Show: Using Integrative Medicine in the Myeloma Clinic with Dr. Kristina Gowin and Dr. Onyemaechi Okolo
- Full Show: Rapid Drug Screening to Find and Repurpose Other Drugs for Multiple Myeloma with Keith Stewart, MB, ChB, MBA, Princess Margaret Cancer Centre
- Full Show: Using the Newly Approved Isatuximab in the Myeloma Clinic with Tom Martin, MD, USCF

### **Myeloma Beacon**

<https://myelomabeacon.org/>

- Press Releases
  - Takeda Announces Results From Phase 3 Clinical Trial Evaluating Ninlaro (Ixazomib) In Newly Diagnosed Multiple Myeloma

- Cellectar Reports Data On CLR 131 Phase 2 CLOVER-1 Study In Triple Class Refractory Multiple Myeloma Patients
- FDA Grants Priority Review Of Melflufen For Patients With Triple-Class Refractory Multiple Myeloma
- Takeda Announces Results From Phase 3 Clinical Trial Evaluating Ninlaro (Ixazomib) In Newly Diagnosed Multiple Myeloma

## Cure

<https://www.curetoday.com/tumor/myeloma>

- Drug Conjugate Designed to Deliver Iodine-131 Shows Promise in Triple-Refractory Multiple Myeloma
- Velcade-Based Triplet Regimen ‘Should Remain’ Standard of Care in Newly Diagnosed Multiple Myeloma
- Learning About Resources in Multiple Myeloma – video
- More Effective Treatment Options are Needed for Patients with Advanced Multiple Myeloma – video

## OnLive/OnLive Videos

<https://www.onlive.com/clinical/multiple-myeloma>

- Dr. Arora on the Evolving Treatment Landscape in Multiple Myeloma
- Ixazomib Triplet Fails to Meet Primary End Point of PFS in Myeloma, Despite Improvement

- Building on BCMA-Directed Therapies in Multiple Myeloma
- CLR 131 Elicits Clinically Meaningful Responses in Triple-Class Refractory Myeloma
- Braunstein Reflects on the Rise of Quadruplet Therapies in Multiple Myeloma
- Dr. Richard on the Benefit of Adding Daratumumab to Standard-of-Care Rd in Myeloma
- Dr. Chari on the FDA Approval of Belantamab Mafodotin in R/R Multiple Myeloma
- Dr. Shah on Early Benefit of Orvacabtagene Autoleucel in Relapsed/Refractory Myeloma
- Dr. Richter on the Importance of Optimizing Available Therapies in Multiple Myeloma
- GMMG-CONCEPT Trial Homes in on High-Risk Patients With Multiple Myeloma
- Subcutaneous Daratumumab in Myeloma Does Not Require Dose Individualization Based on Body Weight
- Dr. Richter on the Utility of Isatuximab in Relapsed/Refractory Myeloma

## **Myeloma Research News**

<https://myelomaresearchnews.com/>

- Melflufen Combo Earns FDA Priority Review for Triple-refractory Myeloma

- Trial Begins Dosing of ‘Off-the-shelf’ CAR T-cell Therapy for Multiple Myeloma

## **Leukemia Lymphoma Society**

<https://www.lls.org/>

**Virtual Blood Cancer Conferences- TWO opportunities to join in!** “The Leukemia & Lymphoma Society is proud to present this free VIRTUAL education event to blood cancer patients, survivors, family members, caregivers and healthcare professionals. Experts in the areas of blood cancer research, treatment, and survivorship will present information on each topic. Our goal is to educate conference participants about treatment options, emerging therapies, management of survivorship issues and LLS resources. “

- **Saturday, October 3<sup>rd</sup>- NY/NJ Blood Cancer Conference (virtual)- [https://na.eventscloud.com/website/16055/-](https://na.eventscloud.com/website/16055/)**  
Event flyer attached
- **Living Well Beyond Cancer- Improving the Quality of Life After a Cancer Diagnosis (virtual patient education program)- Tuesday, September 15<sup>th</sup>, 5:30pm-** “Attendees at this program will learn some common issues such as fatigue, neuropathy and cognitive impairment (‘chemo brain’) that survivors may face. Tele-rehabilitation will be introduced as an option for cancer rehabilitation services.” **To register-**  
<http://bit.ly/BeyondCancerSept15>

Other reliable sources for information...

- **Multiple Myeloma Research Foundation**



- <https://themmrf.org/>
- Myeloma Central
  - <https://www.myelomacentral.com/>
- Veterans Against MM
  - <https://veterans.myeloma.org/about-us/>
- Patient Power
  - <https://patientpower.info/>
- American Society of Hematology
  - <https://www.hematology.org/>
- HealthTree University Myeloma– YouTube
  - <https://www.youtube.com/channel/UC27i8v856WBGy-4ONPJS0MQ>
- Multiple Myeloma Hub
  - <https://multiplemyelomahub.com/>

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MEETING SEPTEMBER 2, 2020 UPDATE  
INFORMATIONAL COVID-19 LINKS**

**International Myeloma Foundation**

<https://www.myeloma.org/>

- COVID-19 UPDATE: How to Stay Safe in a Time of Uncertainty
- COVID-19 FAQ #22: Have the safety recommendations changed for myeloma patients?
- The 9/11 Remembrance and 2020 Pandemic Collide

## **Myeloma Crowd**

<https://www.myelomacrowd.org/>

- JNCCN 360: Myeloma Patient Psychosocial Distress During COVID-19
- Real World Update on COVID and Myeloma From Five NYC Myeloma Centers