

Central New Jersey Multiple Myeloma Support Group

March 2018

Hello everyone,

Old man weather has certainly had his eyes on our support group meetings this winter. For the second month in a row our meeting had to be cancelled due to the inclement weather. Unfortunately, our last meeting was scheduled to have multiple myeloma specialist, Dr. Joshua Richter come and speak to the group. We are hoping to have Dr. Richter or another myeloma specialist speak to us in the near future. The following are items of interest...

UPCOMING SUPPORT GROUP EVENTS

April 4, 2018 Support Group Meeting Speaker

Nicole Rode, RN, BSN, OCN,

Clinical Nurse Educator

inVentiv Health for Janssen Oncology

Nicole will be presenting a program on Darzalex (Dara). There has been such positive and exciting commentary (and results) on Darzalex, that it is important for our members to learn about the continued advances being made in the multiple myeloma community.

MAY 2, 2018 CELEBRATION OF LIFE EVENT

Our Celebration of Life Event will be held on May 2, 2018. Your email invitation will be sent out next week. Please try to respond in a timely

manner, within the requested time frame. Also, your family members and friends are also invited to attend, so please mark your calendars for this event. There will be a catered hot and cold refreshments, as well as dessert, at no charge to you. So, mark your calendars and join us on May 2!

UPCOMING MYELOMA NEWS

MAM – Myeloma Action Month

March is Myeloma Action Month. There is still time to “Spread the word and take action”! Visit <http://mam.myeloma.org/>

Below are a few ways you can take action.

Spread the Word: Take Action

#MyelomaWarrior

Use #MyelomaWarrior on Twitter, Facebook and Instagram

Social Media

Change your main Facebook image and Twitter to the MAM badge

Radio

Contact your local radio station and be interviewed

Newspaper

Contact your local newspaper and share your story.

Patient Action Letter

This year, the IMF is working with patients and caregivers to increase awareness about myeloma among general practitioners and internists. Simply download this Myeloma Awareness letter from the IMF, address to your doctor, and mail.

Please help us to help others and take action

<http://mam.myeloma.org/patient-action-letter/>

See how Amgen Oncology participates in MAM...

www.myelomacrowd.org/spotlight-on-myeloma-multiple-myeloma-awareness-month/

Amgen Oncology, California celebrates “March is Myeloma Month”

March 12, 2018

Myeloma Crowd Radio - NAM-NK Cells and Elotuzumab with Veronika Bachanova, MD, PhD, Monday, March 12 @ 2:30 Central. You can also view this after the 12th.

www.myelomacrowd.org/myeloma-crowd-radio/

March 15-16 2018

Myeloma Crowd 5th annual” Patients as Partners”

Patients as Partners (#Patients2018) is a conference being held in Philadelphia, PA on March 15-16 that gathers patients, industry, academia, government and nonprofit organizations to collaborate on clinical trials that will help bring cures to cancers and other terminal diseases.

www.myelomacrowd.org/patients-as-partners-2018/

March 24, 2018

Staten Island Multiple Myeloma Support Group 3rd Annual Comedy Night

Sat, March 24, 2018 - 8:00pm Looney Bin Comedy Club, Staten Island

Looney Bin Comedy Club Presents Special Comedy Fundraiser for Staten Island Multiple Myeloma Support Group and International Myeloma Foundation with three top comics from around the country providing a night filled with laughter, all while benefiting a great cause.

<https://nightout.com/events/myelomasupportgroup/tickets>

April 28, 2018

Miles for Myeloma 5K Walk/Run

The 2018 Miles for Myeloma 5K Walk/Run is a regional, family friendly 5K Walk/Run presented by the Philadelphia Multiple Myeloma Networking Group. The USA Track & Field/RRTC Certified 5K course boasts beautiful views of the historic Please Touch Museum and the

Horticultural Center's Japanese Gardens along with accessible **and free parking!** Proceeds from the event will benefit the most promising research initiatives as well as patient support programs of the International Myeloma Foundation.

http://give.myeloma.org/site/TR?fr_id=1500&pg=entry#.WpGZKKjwY2w

April 28, 2018

Multiple Myeloma Patient Summit – Hackensack, NJ 2018

You Won't Want to Miss this FREE Event

The MMRF is empowering patients by providing up-to-date information on the latest available treatments, new clinical trials and how to manage their disease.

You're invited to:

- Learn about myeloma from the experts
- Hear doctors describe the newest treatments and cutting edge clinical trials
- Learn about side effects and how to manage them
- Have your questions answered by leading myeloma researchers
- Learn how to talk to your care team to ensure your treatment goals are being met

Seating is limited. This is a full day event, complete with breakfast and lunch. Visit www.themmr.org/patient-summits/multiple-myeloma-patient-summit-hackensack-nj-2018/

and view the full day's itinerary, lineup of presenting faculty, and to reserve your seats.

MORE MYELOMA NEWS

MYELOMA CO-PAY ASSISTANCE UPDATE

Please visit www.myeloma.org/article/co-pay-assistance-programs-update for the newest co-pay assistance update as of March 1, 2018

WHAT MYELOMA PATIENTS SHOULD PUT IN THEIR GROCERY BASKETS IN 2018

WRITTEN BY: BRIAN GM DURIE MD

<https://www.myeloma.org/blog/dr-duries/what-myeloma-patients-should-put-their-grocery-baskets-2018>

Myeloma Crowd Radio

www.myelomacrowd.org/full-show-matsui2/

Safer and More Effective Allo Transplants in Myeloma and Targeting Precursor Myeloma Cells with William Matsui, MD, Johns Hopkins University

Myeloma Crowd

Managing Bone Disease with Multiple Myeloma

www.myelomacrowd.org/managing-bone-disease-with-multiple-myeloma/

Experts Weigh in On the Use of Liquid Biopsies

www.myelomacrowd.org/experts-weight-in-on-the-use-of-liquid-biopsies/

Can Daily Exercise Impact Transplant Candidacy for Myeloma Patients?

www.myelomacrowd.org/can-daily-exercise-impact-transplant-candidacy-for-myeloma-patients/

ANOTHER GREAT MYELOMA RESOURCE

Myeloma Research News

<https://myelomaresearchnews.com/>

Let's all hope that winter will leave and a beautiful, warm, spring will now be upon us all. Stay well and see you soon...

Debbie Morelli