NATIONWIDE SUPPORT GROUPS IN OUR NETWORK

Through a network of over 150 myeloma support groups, the IMF ensures that patients and caregivers have local access to support and resources.

THE IMF SUPPORT GROUP TEAM IS HERE TO HELP!

THE IMF CAN HELP YOU START AND SUSTAIN A LOCAL GROUP

Contact us to find or to start a local support group.
SGteam@myeloma.org | support@myeloma.org

YOU ARE NOT ALONE

SUPPORT GROUPS EMPOWER PATIENTS & CAREGIVERS!
HERE’S WHAT SUPPORT GROUPS DO

Support groups bring together myeloma patients, caregivers, family members & friends. Patients involved in a support group experience more positive outcomes due to their understanding of treatment options and enable them to have key conversations with their healthcare team.

REAL QUOTES FROM PATIENTS & CAREGIVERS

“As a newly-diagnosed patient, I felt like I found people who can and understand.”
- A myeloma survivor

“Support groups provide support and give you a place to vent.”
- A long-term myeloma patient

“Information is knowledge and knowledge is power.”
- A myeloma patient

“Family Support Group Members care about each other. We don’t sit around and complain. We figure out how to live the best life we can with myeloma.”
- A myeloma survivor

THE IMF IS HERE TO HELP

- Founded in 1990, the International Myeloma Foundation (IMF) is the first and largest organization focusing solely on myeloma.

- The IMF’s reach extends to more than 125,000 members in 160 countries worldwide. The IMF is dedicated to improving the quality of life for myeloma patients while leading toward prevention, and a cure through our four founding principles: Research, Education, Support, and Advocacy.

- The signature project of the IMF’s Research division is the Blood Stem Cell Research Initiative (BSRI). It is a groundbreaking and collaborative effort to develop the first definitive cure for myeloma.

- The IMF’s International Myeloma Working Group (IMWG), comprised of more than 200 leading myeloma researchers, has developed myeloma guidelines that are followed by physicians around the world.

- The IMF’s extensive library of publications for patients and caregivers is updated annually in English. Selected titles are also available in other languages. All IMF publications are free of charge and can be viewed/downloaded or ordered at publications.imfoma.org

WHAT IS MULTIPLE MYELOMA?

Multiple myeloma is a cancer of the bone marrow plasma cells. Plasma cells make antibodies that fight infections against virus, fungus, and bacteria. A cancerous or malignant plasma cell is called a myeloma cell. Myeloma is cancer.

MYELOMA: A HIGHLY INDIVIDUAL DISEASE. OFTEN IT IS SLOW MOVING. SOMETIMES IT CAN BE VERY AGGRESSIVE. A RARE MYELOMA SPECIALIST CAN TELL A TREATMENT APPROACH BEST SUITED TO EACH PATIENT'S INDIVIDUAL SITUATION.